



**DEC
10-11**

NSMH-05

National Seminar on Mental Health

“THE COMPLEMENTARY INTERFACE BETWEEN DISABILITY AND MENTAL HEALTH”



GANDHI DARSHAN, RAJGHAT, NEW DELHI

APPROVED BY



Rehabilitation Council of India
CONTINUING REHABILITATION EDUCATION (CRE)

ORGANISED BY



MANOVIKAS मनोविकास

State Nodal Agency Center, Delhi

The National Trust for the Welfare of Persons with Autism, Cerebral Palsy, Intellectual Disability
(Mental Retardation) and Multiple Disabilities
Govt. of India, Department of Empowerment of Persons with Disabilities (Divyangjan)
Ministry of Social Justice and Empowerment (MSJE).

Manovikas Charitable Society, Delhi

www.manovikasfamily.org/gyanshala



**You are cordially
invited to**

NSMH-05

National Seminar on Mental Health

**“THE COMPLEMENTARY
INTERFACE BETWEEN
DISABILITY AND
MENTAL HEALTH”**

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Dear Stakeholders,

We cordially invite you to attend the “5th National Seminar on Mental Health (NSMH-05)” from 10 to 11 December 2022 in Satyagraha Mandap, Gandhi Darshan, Rajghat, New Delhi. It focuses on the bi-directional interface between Persons with Disabilities (PwDs) and Mental Health issues and how they intertwine.

NSMH-05 will be a great forum to explore social and psychological strengths for social inclusion, especially for those persons with intellectual and developmental disabilities (PIDD).

Let’s join and share knowledge and experience. It will be a unique learning platform with mutually enriching discussions and insights from experienced and the finest psychiatrists, psychologists, care providers, family members and other stakeholders.

Regards,

NSMH-05

Organising Committee

JOIN NOW AT www.manovikasfamily.org/gyanshala



About NSMH

The National Seminar on Mental Health (NSMH) started in the year 2018 under the leadership of Prof. (Dr.) Nimesh G. Desai, the Former Director of the Institute of Human Behaviour and Allied Sciences (IHBAS).

The Manovikas Charitable Society is organising the NSMH with the approval of Rehabilitation Council of India (RCI).

NSMH addresses the more critical and psychosocial dimensions of social inclusion around mental health, neurodiversity, intellectual, learning and physical disabilities, and well-being.

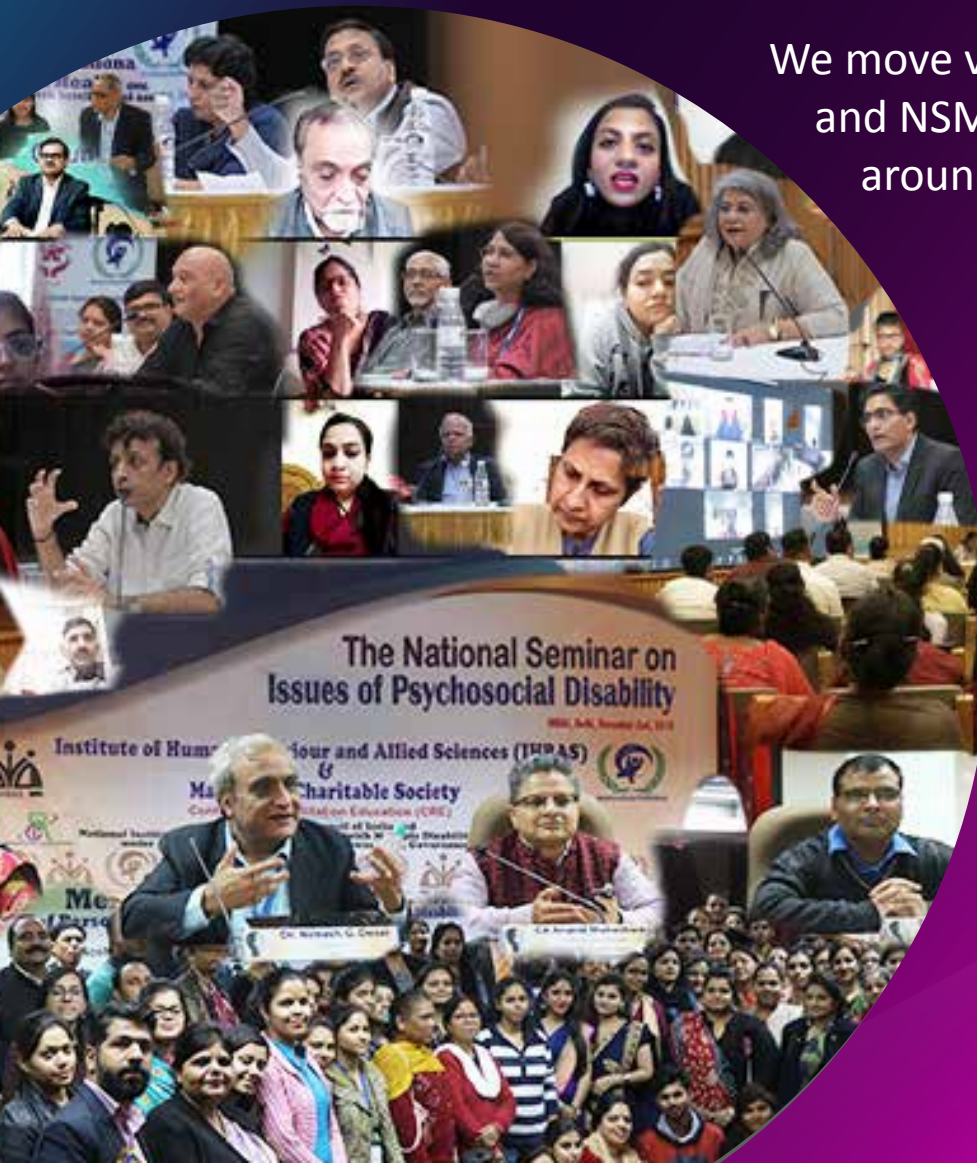
We have **650 participants, 95 resource persons, 40 papers** and **30 poster presenters** in the last four NSMH.

According to a new WHO survey, the COVID-19 pandemic has disrupted or halted critical mental health services in 93% of countries worldwide. Demand for mental health is increasing.

We move virtually had NSMH-03 and NSMH-04 seminars and around

THREE LAKHS

of participants ON **Social Media.**



NSMH-05

NSMH-05 will help the larger society examine and understand the **relevance of the intersectionality between disability and mental health**. But, if the connection between disability and mental health is not rediscovered, then how does it?

A diagnosis of **psychosocial impairments, neurodiversity, intellectual, learning, cognitive (mental) behaviour and physical disabilities** can result in the loss of social status, income, friends, family, and sense of identity. In addition, it can lead to feelings of hopelessness, meaninglessness, and helplessness.

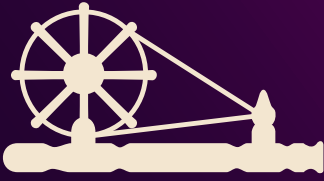
Discussion of NSMH-05 will provide opportunities to communicate with stakeholders about a **consequence of psychosocial issues** and the service delivery system.

Join NSMH-05 and anticipate the **recovery process** from mental illness, leading a way of life, an attitude, and a way of approaching the long-term or short-term disabling condition.

NEP:2020 Curriculum
How to Make it Inclusive?



Venue and City



**SATYAGRAH MANDAP,
GANDHI DARSHAN,
RAJGHAT, NEW DELHI**



The venue is adjacent to the Mahatma Gandhi Samadhi at Rajghat. You can also view the exhibitions which interpret Gandhi Ji's message of unconditional love and non-violence. See also the Boat and Bench used during the Salt Satyagraha movement of 1930 and the Gun Carriage that carried the mortal remains of Mahatma Gandhi from Birla House to Rajghat. Delhi symbolises the country's rich past and thriving present.

THE NEAREST METRO STATION



Violet Line: Delhi Gate - 2.1 KM.

Yellow Line: Chandni Chowk - 2.6 KM

Blue Line: Indraprastha - 3.5 KM

75
Azadi Ka
Amrit Mahotsav



DELHI WEATHER IN DECEMBER

The forecast: Sunny day

Temperatures: 15°C to 27°C

FOOD

At the venue in (Gandhi Darshan), vegetarian food is served. During NSMH, the catering service will provide Morning Tea and Biscuits, Afternoon Lunch and Evening Tea and Snacks.



Call for Paper and Poster Presentations

DR. A. T. THRESSIA KUTTY'S APPRECIATION

AWARD
worth
₹ 10,000



Dr A. T. Thressia Kutty is a veteran of Vocational Training and Employment for persons with intellectual and developmental disabilities (PIDD). She was the former HOD at the National Institute for the Empowerment of Persons with Intellectual Disabilities, Secunderabad.

DR. A. T. THRESSIA KUTTY'S APPRECIATION AWARD worth Rs.10,000 shall be given to the best three overall Papers or Poster Presenters in the NSMH-05. In addition, a **cash Prize and the Certificate of Appreciation** shall be awarded to the winner.

BENEFITS

- Unique opportunity to combine visual and oral explanations of your projects in the form of a poster presentation.
- Best poster and paper Appreciation will be awarded
- Best posters and papers will give a discount of 25% for the upcoming Seminar/Conference.
- Chances to coordinate with the renowned experts of the Seminar.

PAPER/POSTER PRESENTERS

They serve as faculty in Universities/Colleges/Institutions, PhD scholars, and Master and M.Phil. Students, Independent scholars have sufficient research experience. Special Education Trainees will be encouraged.

CRE POINTS

Paper Presentation: 15-30 points

Poster Presentation: 10-20 points

SUBMISSIONS OF ABSTRACTS ARE OPEN TILL NOVEMBER 30, 2022

READ GUIDELINE <https://manovikasfamily.org/gyanshala/atkuttyappreciation/>



NSMH-05 Objectives



1. Recognise the need for an interface between disability and mental health for social inclusion.
2. Discuss the multidimensional construct of psychosocial well-being & mental health that influence persons with disabilities and their families
3. Awareness of improving well-being by increasing social inclusion for persons with intellectual and developmental disabilities (PIDD)
4. Discuss key components of Mental Illness-related disability to accessing effective and positive mental health services.
5. Develop the reported synthesis from the NSMH-05 and plan for action.

Seminar Theme and Sub-Theme

1. Psychosocial well-being & mental health for persons with disabilities and their families

- 1.1. Quality of life - emotional, social, physical, and economic
- 1.2. Abuse Prevention
- 1.3. Carers and family support system

2. Improving social inclusion for persons with intellectual and developmental disabilities (PIDD)

- 2.1. Access to mental health services- easy, safe, resilient and sustainable for PIDD
- 2.2. Empowerment and promotion of inclusion for PIDD
- 2.3. Self Advocacy as an instrument

3. Mental Illness and positive mental health

- 3.1. Are all persons with mental illness disabled?
- 3.2. Managing long-term and short-term psychosocial issues
- 3.3. Individualised recovery process



Abstracts are invited for Paper and Poster Presentations on the above theme.

READ GUIDELINE <https://manovikasfamily.org/gyanshala/atkuttyappreciation/>

SUBMISSIONS OF ABSTRACTS ARE OPEN TILL NOVEMBER 30, 2022



National Seminar on Mental Health “THE COMPLEMENTARY INTERFACE BETWEEN DISABILITY AND MENTAL HEALTH”



SATYAGRAH MANDAP, GANDHI DARSHAN, RAJGHAT, NEW DELHI

DAY 01

09:00-10:00

Registration

10:00-10:45

Opening Ceremony and Keynote Speech

10:45-11:00

Group Photo & Coffee Break

11:00-13:00

Session -1 Pannel Discussion

Needs and not need for Interface between disability and mental health

13:00-14:00

Lunch Break

14:00-16:00

Session -2 Presentation

The multidimensional construct of psychosocial well-being & mental health

16:00-16:15

Tea Break

16:15-18:00

Poster Presentations and Oral Sessions

DAY 02

09:00-10:00

Visit of Poster Exhibition and Gandhi Darshan

10:00-11:30

Session -3 Presentation

Social Inclusion for PIDD

11:30-13:00

Session -4 Presentation

Mental Illness and positive mental health services.

13:00-14:00

Lunch Break

14:00-16:00

Session -5 Pannel Discussion

Synthesis from the NSMH-05 and plan for action

16:00-16:15

Tea Break

16:15-17:30

Concluding Session

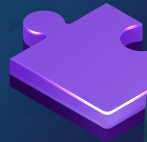
17:30-18:00

Networking and High Tea



Target Audience

- Psychologists
- Psychiatrists
- Social Workers
- Educators
- Teachers
- Students
- Research Scholars
- Rehabilitation Professionals
- Healthcare Professionals
- Business Entrepreneurs



Conference Highlights

- Keynote by Renowned Speakers
- Lectures by Experienced Professionals
- Poster Sessions on the latest innovations in all the relevant Areas
- Panel discussions and interactive sessions.
- Rehabilitation and Mental Health Career Development ideas
- Research Forum
- Professional Networking with 100+ Experts
- Novel techniques to benefit your research
- Excellent platform to showcase the latest products in Mental Health and affiliates

CRE Points

- Resource person/keynote speaker: 30-50 points
- Paper Presentation: 15-30 points
- Poster Presentation: 10-20 points
- CRE Participants: 12

Team



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MRS. STUTI KACKER, IAS RETD.
Former Secretary, GOI, DEPwD, MSJE
Former Chairperson, NCPCR
Chancellor, Subharti University
Patron, Manovikas Charitable Society



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DR NIMESH G. DESAI
Professor in Psychiatry
Former Director, IHBAS
President, Manovikas Charitable Society



MENTOR

MRS. ALOKA GUHA
Former Chairperson
National Trust, MSJE, GOI



MENTOR

DR. ROMA KUMAR
Vice Chairperson (Psychology)
Sir Ganga Ram Hospital



MENTOR

DR. HIMANGSHU DAS
Director NIEPVD
Former Director, NIEPMD and NIEPID



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Rehabilitation Specialist
Managing Secretary,
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Advisor, Manovikas Institute for Higher
Education

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Mrs Indira Alok, Sn. Special Educator
Principal, Manovikas School for Inclusion

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Founder-Director at TotalSolution4Learning

Mrs Sangeeta

Prog. Coordinator, D.Ed. Spl Edu (IDD)

EXPERTS

Dr J. M. Wadhawan, Sn. Psychiatrist
Advisor and Consultant
Sir Ganga Ram Hospital, New Delhi,
President, IAPP, Delhi

Dr. Achal Bhagat, Sn. Psychiatrist
Chairperson, Saarthak

Dr Deepak Gupta

Child & Adolescent Psychiatrist
Founder & Director
Centre for Child & Adolescent Wellbeing
(CCAW)

Dr. Vishal Chhabra, Sn. Psychiatrist
Fortis Hospital
President, DPS

Dr. Deepak Raheja, Psychiatrist
Founder, Hope Care

Dr Pankaj Kumar, Psychiatrist
Max Super Speciality Hospital

Mr. Lokesh K. Bharti

DNE (Deputy News Editor),
Navbharat Times

Ms Shrinkhla Sahai,

Founder Secretary-Swayam Foundation



Enrol Yourself



REGISTRATION TYPE	EARLY BIRD (TILL 30 NOV '22)	MID-TERM (TILL 9 DEC '22)	ON SPOT
1. Presenter/Speaker	2000	2500	3000
2. CRE Participants	1200	1500	2000
3. Non-CRE Delegates	1000	1200	1500
4. Students	600	600	600
5. Hybrid Delegates (Non-CRE Delegates)	1000	1000	1000

Benefits of attending NSMH



NSMH-05 is the 5th National Seminar on Mental Health, and attracts academicians, doctors, researchers, educators, therapists, social workers, psychologists and practitioners. It features keynote speakers. Enjoy! insightful presentations on recent research.

WE ENSURE YOU THE

- Best learning experience and complete discovery with the top class Mentors.
- Certificate of participation and appreciation under the seal of Manovikas.
- 12 CRE points credited to RCI registered professionals/personnel.

Access to all study/resource materials, papers, and posters on Manovikas e-Gyanshala worth Rs.4000

Seminar Kit (Environment-Friendly Bag and Stationery)

Lunch, Tea, Coffee, Snacks and refreshments

Better Networking

New year Calendar worth Rs.500

Partnership and Sponsorship

PARTNERSHIP Rs. 1,00,000

- Logo admission on the event website, conference banners, Certificates and other publicity materials
- Prominent display of your logo in the conference room and backdrop
- Acknowledgement of NSMH-Partner on all promotional materials
- Four complimentary delegate registrations
- Two slots in Sessions
- One complimentary exhibition booth and Display of your own Standy
- The insertion of leaflets and flyers in the seminar kit
- Welcome greeting of the Partner(s) at the conference opening ceremony
- An exclusive online promotion on all our social Networking Sites
- Brand announcement of your organisation name and logo through email campaigning to all our target audience via conference brochure

GOLD SPONSOR - Rs. 75,000

- Logo admission on the event website and other publicity materials
- Prominent display of your logo in the conference room
- Acknowledgement of Gold Sponsorship on all promotional materials
- Two complimentary delegate registrations
- One slot in Session
- Show your Standy in the exhibition area
- The insertion of leaflets and flyers in the seminar kit
- An exclusive online promotion on all our social Networking Sites
- Brand announcement of your organisation name and logo through email campaigning to all our target audience via conference brochure

SILVER SPONSOR - Rs. 50,000

- Logo admission on the event website and other publicity materials
- Prominent display of the company logo in the conference room
- Acknowledgement of Silver Sponsorship on all promotional materials
- One complimentary delegate registration
- Show your Standy in the exhibition area
- The insertion of leaflets and flyers in the seminar kit
- An exclusive online promotion on all our social Networking Sites



Register Now & Enrich yourself



Registration Link

<https://manovikasfamily.org/gyanshala/>

Abstract guideline Link

<https://manovikasfamily.org/gyanshala/atkutyappreciation/>

Abstract Submission Link

<https://manovikasfamily.org/gyanshala/submitabstract/>

Website Link

<https://manovikasfamily.org/gyanshala/>

Program Enquiry

Pooja Kanojia, Program Manager, TEED

+91-999060 7772, 9911107772

nsmh@manovikas.family | manovikas@manovikas.family

For Partnership, Exhibition & Sponsorship

Contact: Sangeeta Malhotra, Program Manager

Mobile: Email: skill@manovikas.family

For Disability Support, Accommodation and Inclusion

Contact: Saswati Dalal | Program Manager

Email: nios@manovikas.family

Important Dates

Abstract submission ends: November 30, 2022

Early bird registration ends: on November 30, 2022

Mid Terms registration ends: December 09, 2022





Manovikas Charitable Society (MCS)



MCS strongly believes in and works for Persons with Intellectual and Developmental Disabilities (IDD)



Persons with IDD must be treated equally irrespective of severity, status, gender, religion etc.



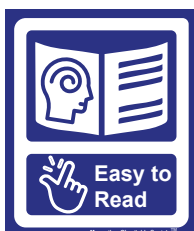
MCS programmes and philosophy follow the principles of the UN Convention on the Rights of Persons with Disabilities (CRPD) and



The Rights of Persons with Disabilities Act 2016 (RPD ACT).



Manovikas promotes and offers accessibility and universal design of learning opportunities for persons with IDD.



We have established an Easy Read conversion service in India.



Know more about:

Manovikas Charitable Society (MCS)

MCS is a Registered Organisation under:



The Rights of Persons with Disabilities Act, 2016 by the Department of Social Welfare, NCT of Govt. of Delhi.



Government of India, Ministry of Social Justice and Empowerment, Department of Empowerment of Persons with Disabilities, under the National Trust for the Welfare of Persons with Autism, Cerebral Palsy, Intellectual Disability and Multiple Disabilities Act.

Working as **State Nodal Agency Center (SNAC)** in the NCT of Delhi.



भारतीय पुनर्वास परिषद

Approved institute of the Rehabilitation Council of India (RCI)



Special Study Center of Indira Gandhi National Open University (IGNOU)



Study Center of the National Institute of Open Schooling (NIOS).



Registered at the International Dance Council of UNESCO.

MCS implement various projects in



- Education,



- Care and



- Advocacy programme



for persons with Intellectual and Development Disabilities (IDD).



CONTACT US


 **MANOVIKAS FAMILY** 

manovikasfamily.org

VISIT WEBSITE REGISTER/LOGIN AND CHAT

 www.manovikasfamily.org/gyanshala

 manovikas@manovikas.family

 /manovikas.family

 #ManovikasCC

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