### 2010

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Manovikas Family

# Annual Report





In Service of Challanged Persons

# Challanges & Opportunities



The well known Second World War hero: American General Patton said, "Accept the challenges so that you may feel the exhilaration of victory."

At Manovikas, we are always delighted due to the sense of achievement and accomplishment that follows the activities of all those who are with us; whether as day scholars, home inmates, staff or visitors. Each day starts with challenges – our inmates using toilet facilities; making their own beds; spending time with freehand and breathing exercises; gardening to look after their own potted plants (vegetables actually, since we discovered an immense sense of accomplishment when they were able to taste the sweetness of the organically grown tomatoes, brinjals and herbs); and the daily routine...

We make efforts to continually raise the bar. This year we have pioneered the training of the mentally challenged as entrepreneurs by introducing four courses

that prepare them for professional careers in the hospitality, retail and office management trades. The courses have started and the response is encouraging though results would manifest itself once the first batch completes their training and goes into the commercial world.

To prepare our staff members to constantly upgrade their professional skills we encourage them to attend courses and trainings conducted by other NGOs and educational institutions. You will find the details in the annual report. At the same time, we ourselves conduct training and skills up-gradation courses. The highlights of the year have been the Creative Art Therapy Course conducted by renowned art therapist from Munich, Germany, Ms. Irmgard Koepf; who had Mr. Baird, an American artist accompanying her. This programme was in collaboration with Max Mueller Bhawan. We had professional counselors and social workers from eight-ten NGOs who participated.

Even more heartening was being invited by the Forum of Public Schools to conduct training for their teachers. This was especially enriching since the training was focused on Inclusive Education, Classroom Behaviour Management and understanding the new Right to Education Bill that has been introduced as law by the government.

At the same time, our wards have sustained their efforts at societal integration through participation in art, cultural and sports festivals. The highlight was the invitation to our Computer Wizard, Manuj, by the office of the Union Minister for Social Justice and Empowerment to work the keyboard and inaugurate the ministry's new web site which has been designed to be disabled-friendly.

We were honoured when Mrs. Indira Alok, our tireless and indefatigable Principal won high honours from the International Yog Confederation who conferred on her a Special Achievement Award on 2nd September 2009 on the occasion of an International Conference on Peace and Coexistence. The occasion was marked by the presence of Union Ministers, spiritual leaders from across all religions and NGO leaders. It was held in the prestigious Speakers Hall at Constitution Club, V.P. House, New Delhi.

Our endeavours are guided by what Joseph Campbell, the author and philosopher said, "Opportunities to find deeper powers within ourselves come when life seems most challenging."

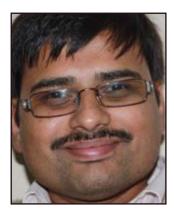
Life at Manovikas is an unending cycle of opportunities, digging deeper into ourselves, exhilaration and joy.

Such opportunity and joy extends to my chance to express my personal sincerest thanks to all the committee members, particularly Dr. Alok Bhuwan, the staff and faculty, the parents and members of the general body, our donors especially Hans Foundation for believing in our Entrepreneurship programme and funding us for it; Home of Hope Inc. USA and our Project Coordinator Shilpi Manochaji, our dearest Nilima Sabharwal and Anil Lal; and Madam Poonam Natarajan and her team at the National Trust.

At Manovikas, we look forward to another year of joy!

-Vikram Dutt, President

## Thank you



We at Manovikas Family, love each other. Our goal is to win the trust of each other, we explore the choices and recognize that everything is possible in this world. This is our thirteen years of development towards the 'Mission Manovikas'. Our family members, supporters, and donors have accepted this mission as a challenge and opportunities, to bring a change in the lives of thousands of children, adults, aged persons having developmental disabilities. I know creation is only the projection into form of that which already exists and little by little, through patience and repeated effort, we have tried to develop the concept of wellness and increased the acceptance of our people with disabilities in the mainstream civil society. This year we have developed the Mini Management Courses (MMC) for our adult growing persons with developmental disabilities and last year we

have designed the multi sensory modulation room, and advanced diagnostic lab equipped computer assisted Cognitive Process Inventory (CPI), Functional Behavior Profiler (FBA) and Sensory Profiling tools for the early childhood diagnosis and prevention.

We always remember there are no mistakes, only lessons and by such lessons we have learned a lot which are helped to reach may outreached individuals in the slum and rural areas. Hopefully in coming years we would be able to help our country at large, with various modules of projects in service of challenged persons.

We strive to make a difference in the lives of persons with disabilities and their families and I'm proud of the individual donors, Home of Hope Inc., The Hans Foundation, National Trust and all supporters and organizations who have been helping us financially, professionally and voluntarily. We are again pleased to have such a wonderful support from the students of Collage of Business Studies, Amity Collage, Delhi Public School, Vashundhara, Arwachin Bharti School, Vivek Vihar, you have worked, studied and played with our students and developed inclusive feelings in their lives which has impacted in the society at large. We're hoping to add a few more surprises from you all in the coming years.

Our team has a dream for all students and they are selflessly working to achieve the aspiration what they have dreamed. The Governing Members of the Manovikas are visionary and experts in their filed and they are helping the Society to grow towards the mission. We are proactive to make our dream success and develop the world class rehabilitation centre for the persons with developmental disabilities.

I thank you all who have been directly and indirectly associated with Manovikas Family, your kindness, time and efforts has made this organization for a big success. Words cannot express how I feel; still we have to journey a long way to make our Dream come true. Please generously donate and support ...

Yours' in service,

Alak

## Introduction



**Manovikas Charitable Society** is an ISO 9001: 2008 certified non-profit civil society organization founded in 1997 by like minded volunteers committed to maintaining quality care, protection of human rights, independent living and better living standards for persons with developmental disabilities by developing friendly relations among community and promoting social progress for them. Due to its unique humanitarian character, and the powers vested in its founding Charter, the Organization can take action on a wide range of disability issues, and provide a forum for it's about 5000 family members to express their views for the betterment of such needy and challenged persons.

The work of Manovikas Family reaches every corner of the country. Although best known for independent living, inclusion, respite care, living with dignity, conflict prevention and humanitarian assistance for the persons with developmental disabilities, there are many other ways Manovikas affect our lives and make the community aware and attentive for disability issues. The Organization works on a broad range of fundamental issues, from their personal and activity of daily living care, implementing mental health programme, taking measures for Personal Security and physical wellbeing, focus of General Health and Hygiene, right to proper Education, gainful employment, plan for choice based leisure and recreation, appropriate Nutrition and supplements, sustainable development, barrier free environment, disaster relief, promoting democracy, human rights, governance, economic and social development in order to achieve its goals and coordinate efforts for a safer community for this and future generations.

#### 1.1. VISION

The Manovikas Charitable Society (MCS) is determined to become one of the leaders in the development of democracy, peace and stability in India. MCS envisions a future where each and every individual or group is able and free to participate in all spheres of society, based on the principles of internationally recognized human rights standards and values for the persons with disabilities.

#### 1.2. MISSION

The Manovikas Charitable Society (MCS) is a NGO that aims to integrate human rights of persons with disabilities into the political, economic and social development of Indian societies. MCS, accomplishers its vision which is carried out in Support of rehabilitation & special education professional and other working on behalf of individuals with Exceptionality, by:

- Advocating for appropriate governmental policies.
- Setting professional standard
- Providing continuing professional development
- Helping the learning community become leaders in achieving effective professional practice as a world class Institution

## Funding Partners













We raise the funds from our direct mailing system, local community members, philanthropists, sale of vocational products and direct users. The funds are used for the welfare of needy, poor and challenged children, adult and aged persons living under below poverty line as per provisions set by the Government. Manovikas Charitable Society having very selected funding partners who supports the activities in service of challenged persons and major funding partners are as below-

**Home of Hope Inc**. is our major and oldest patron founder since 2000. They support for partial expenses of Manovikas

School for Inclusion is being supported by Home of Hope Inc. it includes the speech therapy programme, mid-day nutrition, mental health, dental hygiene, outings & picnics etc. HOH has also committed to support Manovikas for developing the e-manual for the training of person with development disability under Mini Management Courses.

**The National Trust** for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation, and Multiple Disabilities, Ministry of Social Justice and Empowerment, Govt. of India is partially supporting for the Manovikas Independent Living Centre (MILC) (SAMARTH) project, training projects etc. The National Trust is also taking the professional support of Manovikas in the development of guideline, research and analysis for the common use of mass population.

**The Hans Foundation** is supporting Manovikas'Love Art'an Entrepreneurship Development initiative, curriculum development of Mini Management courses for the persons with developmental disabilities. Historically, this is a unique and a new initiative is under taken by the Hans Foundation as a civil society organization. The Foundation is also requested to support this Mini Management Courses by sponsoring the students under below poverty line at Manovikas.

**Rehabilitation Council of India** (RCI) has continually supporting Manovikas for the research, manpower development, and continuous rehabilitation education of professionals, etc. Manovikas is an accredited training institution of RCI.

India Gandhi National Open University (IGNOU) supports for the Manpower Development courses. The IGNOU has also provided the accreditation as a study centre to run the various courses.

The Maxmullar Bhawan (German Embassy) support for International collaboration in organizing the Creative Art Therapy training programme, International Disability Film festivals.

Budget & Accounts

#### Budget

MCS has its budget of about Rs.10 million in a year. Our Budget is based on the Total Quality Management (TQM) approach. It includes mental health, Personal Security and physical wellbeing, Health and Hygiene, Education, leisure and recreation, Nutrition, Manpower Development etc. See the Wish List and Budget 2010

ltems	Mental Health	Personal Secu- rity & Physical wellbeing	Health &	Hygiene	Nutrition	Education	Leisure	Admn. & Mg	Love Arts' Proj- ect	TOTAL (INR) in thousands
А	36	228	42	86	50	125	152	312	1,926	1,031
В	258	118	521	210	958	1,337	48	144	95	3,594
Total	294	346	563	296	1,008	1,462	200	456	2,021	6,646
in U\$\$45	7	8	13	7	22	32	4	10	45	148
Per Student Annual Expens- es.	6	7	11	6	20	29	4	9	7	

SL	PARTICULARS	AMOUNT (INR)	AMOUNT (INR)
1	RECEIVING		
1a	Domestic Grant	736,370	
1b	Domestic Donations	2,680,856	
1c	International Grants	1,204,542	
1d	International Donations	138,215	
1e	Sale of Products	299,066	
	TOTAL RECEIVING		5,059,049
2	PROJECT WISE EXPENSES (RECURRING)		
2a	Manovikas Independent Living Center	1,091,199	
2b	Manovikas School for Inclusion	2,153,688	
2c	Man Power Development	138,189	
2d	Love Art	636,365	
2e	Admin. & Management	551,941	
	TOTAL RECURRING EXPENSES		4,571,381
3	PROJECT WISE EXPENSES (NON RECURRING	)	
3a	Manovikas Independent Living Center	24,600	
3b	Manovikas School for Inclusion	128,566	
3c	Man Power Development	103,219	
3d	Love Art	141,150	
	TOTAL NON RECURRING EXPENSES	397,535	
	TOTAL EXPENSES		4,968,916

Activities



### 3.1 MANOVIKAS SCHOOL FOR INCLUSION - Caters for pupils with Developmental Disabilities

Manovikas School for Inclusion is run by Manovikas Charitable Society (MCS) and the school catchment area is National Capital Territory of Delhi and NCR- wide. The school is inter-denominational and has both genders of all age groups. All pupils who attend the school have a diagnosis of Developmental Disabilities. Our present roll is 50.

#### The school is currently made up of;

Sensory Pathway Class - SPC-1: 0-6 years old age group:

For prerequisite preparation towards inclusive education by developing their motor skills etc activities of daily living, social and communication skills etc. Through kindergarten method of training and sensory modulation modalities.

**Sensory Pathway Class - SPC-2**: All age group with severe disabilities: The SPC-2 is designed for their care and caters for independent living support with reasonable accommodation.

**Entry level Pathway Class - EPC-1 5-14 age group:** This is preparatory class for the inclusion of students with development disabilities to be placed in the mainstream education system.

**Entry level Pathway Class - EPC-2** + **18 age group**: The students are receiving the training for entrepreneurship development and vocational education at 'Love Arts' training lab with a planned curriculum.

**Independent & Communication Pathway** – ICP all age groups: The students receive independent living and communication training to lead quality lives.

**Structured Pathway -SP**: This class helps the students who have been placed in mainstream school, having any kind of adjustment, problem behaviour, accommodation need.

#### 3.2. Manovikas Independent Living Centre (MILC) – Residential and Respite Care

We have been addressing the need of Prolonged Care (Long term Home facilities) and respite care (Short term residential facilities) facilities for the persons with developmental disabilities since 2003. This is most important in case of the demise or loss of natural parents/guardian/keen family members to take care of a person with developmental disabilities and finding the place for their residential care. MILC is playing a key responsibility for the society at large in paradigm shift and to empower them for independent or assisted living in the community.

The residents are taken in account of quality care and support in decision making and be able to lead their life as a mainstream citizen of the society.

#### 3.3. Sath-Sath- Community Advancement Project

Sath-Sath is a community advancement project (CAP), the community stake holder take own initiation for their well being and developing inclusive society through the project initiatives. We have



geared- up this project from the year 2004 and we work in: 1. Sudernagri, 2. New Seema puri, 3.Kasturba Nagar, 4.Vivek Vihar, 5. Sanjay Amar colony. These are the most sensible slum communities of East Delhi and North East Delhi.

Every year we target 100 children or persons facing challenges due to disabilities and we try to include them into mainstream school, vocation, job and community. Sath-Sath project

help the needy person who comes under below poverty line. Most importantly the project provide the accessibility and privileges like try cycle, Disability certificate, Railway Concession, Pension Certificate for elderly people. Our aim is to make them aware for education & provide admission in MCD School.

#### 3.4. Sahyogi - Community Based Caregiver Training Scheme

This is the Community Based Caregivers Scheme. We are mobilizing community based resources and making participation of community at large as teamwork with Care givers, Care seekers. Manovikas is a Care Giver Cell (CGC) of the National Trust and aiming toward understanding the issues concerning Rights & Dignity, Independent Living, and Economic Empowerment of person with disability.

We provide the services to the needy family by trained Caregivers, a need based care help the Care seeker & Caregiver to



decide the plan for development, mobilizing the community resources. Ultimately the CGC help the community to developing the Self-Help Group (SHG) and Special Disability Group (SDG).

Through this project we have organized 12 meetings, community workers are regularly visiting the families, the advertisements, handbills, and banners etc. help the community to get sensitized about the issues. There are 20 families have been enrolled from slums, 32 Care Giver are trained for 25 days, 7 Care Giver are already deployed so far, 22 Care Giver are under training of 4 months, 10 orientation programme, First Aid Training are also given to the target group.

We have network with other NGOs, youth Group, Govt. Agencies like Project Concern India (PCI) Chetnalaya, Red Cross, and The Leprosy Mission (TLM) etc. About 120 Families with disabilities known about scheme, about 100 volunteers in the community wants to support the Project. So far the Project has covered 5 Slums communities of 1.35 lakhs population out of which about 120 families

are beneficiaries under National Trust disabilities. We also provide the services to the care seekers from all part of Delhi/NCR.

#### 3.5. Love Arts "Love Grows by Giving'

It would give you immense pleasure to learn that Manovikas Charitable Society, which has taken another step towards equality of opportunities for persons with developmental disabilities. We have launched 'Mini Management' courses to create Employment and self-employment opportunities.

Love Arts' is a micro entrepreneurship development project for the persons with developmental disabilities, initiated by Manovikas Charitable Society in the year 2009. The 'Love Arts' is a Pilot Project which provide comprehensive access for the students



with disabilities towards learning hands on experience of social and communication aptitude in the work environment, work behaviors, work related skills, dealing with the customers, business and management skills, market and finance management, learning self advocacy, and leading lives by making their own choice. Program objectives include that 'Love Arts' is a training lab where the target students learn to earn and earn to lead as an entrepreneur.

We are endeavor to work on heritage, traditional and cultural based business with modern quality and verities options. The exposure to such kind of business system is building the confidence in the persons with developmental disabilities that they are as equal as to a mainstream entrepreneur. The 'Love Arts' Project impart the Mini Management Courses (MMC) for the adult persons with learning and developmental disabilities.

#### 3.6. Mini Management Courses

It would give you immense pleasure to learn that Manovikas Charitable Society, which has taken

another step towards equality of opportunities for persons with developmental disabilities. We have launched 'Mini Management' courses to create Employment and selfemployment opportunities.

The Mini Management Courses target the adult students aged 17 and above having developmental disabilities including Autism, Cerebral Palsy, Learning Disabilities, Mental Retardation, and Attention Deficit Hyperactivity Disorder.



#### There are four courses:

- 1. Entrepreneur Development Training Program (EDTP);
- 2. Office Assistant Training Program (OATP);
- 3. Hospitality Management Training Program (HMTP) and
- 4. Art and Craft Training Program (ACTP)
- 1. Entrepreneurship Development Training Programme (EDTP)

EDTP course basically design for whom who wish to run self employment or enterprise that create value and empowers student to develop their own economic approaches.

#### 2. Office Attendant Training Programme (OATP)

OATP course is for office boys who work as an attendant help welcoming the guest, serving to support for all managers, staffs and subordinates in office, helping in filling, dispatching, locating the items etc.

#### 3. Hospitality Management Training Programme (HMTP)

HMTP course has been designed to provide training in socializing, traveling and tourism, cooking, catering, leisure and recreation or an area of family business and who now wish to broaden their understanding of all areas of subordinate management as applied to the field of hospitality.

#### 4. Arts And Crafts Training Programme (ACTP)

ACTP training programme develop the imagination and knowledge of creativity, motor skill aptitude it also give the idea about Cultural education, Visual communication and technology of textile designing.

#### 3.7. Manpower Development Training

Manovikas Charitable Society is accredited training and study center of IGNOU, RCI, Sikkim Manipal University, Prachin Kala Kendra, NIOS and many other International and National institutions including Council for Exceptional Children, World Federation on Mental Health etc. . We provide the training in Special Education, Caregiving, Rehabilitation Science, Autism, Learning Disabilities, Behavior Management, First Generation Learners, Inclusive Education and mainstream teachers training etc. The courses having full part time, correspondence, time,



online, and open mode of delivery to the learners. The faculties are very experienced and versed with knowledge, updates, and easy available for the learners. There are the following courses available-

#### The Courses are:

- o Certificate Course in Early Childhood Special Education for Inclusion CP and MR (IGNOU-1yr)
- o Certificate Course in Caregiving (RCI-Manipal University- Full Time 1 yr)
- o Foundation Course on Education of Children with Disabilities for Teachers (IGNOU 90 days)
- o Foundation Course in Autism Spectrum Disorder (On-line/Part-time 90 days)
- o Foundation Course in Learning Disabilities (On-line/Part-time 90 days)
- o Foundation Course in Classroom Behavior Management (On-line/Part-time 90 days)
- o 'Sahyoigi' Community Based Caregiving Course (Full Time 25 days and 4 months internship)
- o Parents Training Programme (IGNOU)
- o Teachers Training Programme on Preparing for Challenges (Short Term)
- o Open Basic Education (NIOS)
- o Basic Course in Kathak Dance (2yrs)
- o Junior Diploma in Kathak Dance (2yrs)
- o Senior Diploma in Kathak Dance (2yrs)
- o Entrepreneurship Development Training Programme (EDTP) (2yrs)
- o Art and Craft Training Programme (ACTP) 2yrs
- o Hospitality Management Training Programme (HMTP) 2yrs
- o Office Attendant Training Programme (OATP) 1 yr

#### 3.8. RESEARCHES

- 1. A new progressive study from Manovikas for the National Trust's 'Niramaya Health Insurance Scheme' for the persons with developmental disabilities looks at the progressive paths for larger population with disabilities and brooder social network coverage towards the development of health care seeking behavior and wellbeing. The vision of this progressive analytical study is to describe the feasibility of the 'Niramaya Scheme' and identify the prospects for sustainability of this Scheme for coverage of larger population
- 2. The National Trust Act provides for the constitution of Local Level Committee, usually at the district level, primarily for appointment of legal guardians to those persons with disabilities who require them. A Local Level Committee is thus at the cutting edge of the administration for implementation of the National Trust Act. LLCs are expected to play a pro-active role particularly in view of the paradigm shift in the concept of disability and legal capacity. To capture the essence of these, it is important for an LLC to keep itself abreast with the evolving concepts in the light of UNCRPD and to apply those concepts while performing its duties. The various chapters of has designed by Manovikas in developing the Guidelines to Local Level Committees, this book will help and guide the LLCs in particular and all the stakeholders in general to understand the constitution and functioning of LLCs
- 3. Project study from Manovikas for the CASP- Plan's Gyan Jyoti Disability Project at Madanpur Khadar,

Badarpur, and Sangam Vihar was conducted and a comprehensive project report has developed. The research surveys samples were collected, the detailed analysis of all projects were conducted during the process.

- 4. Manovikas Charitable Society has taken another step towards equality of opportunities for persons with developmental disabilities. We have done the research work and designed the 'Mini Management' Courses to create employment and self-employment opportunities. Eminent management professionals have been involved with the development of the course content. We are especially proud to mention Mr. Ravi Garg, IIM (Kolkata) 73 batch and ex Manager IBM India. Currently, he is Managing Director of Future Systems Pvt. Ltd., a 28 year old company headquartered in USA. Mr.Pankaj Saran, Vice Chairman EMPI (a top 30 Business School) has been constantly advising us. The faculties of the Shahid Sukhdev Singh Business College, Delhi University, have been involved right from the planning stage. The philosophy of Manovikas that all must get an equal opportunity to succeed to create a Civil Society is reflected in these courses. The mentally challenged and slow learners, usually dismissed as Non-Performers are definitely able to work with their (dis) abilities. The course focuses on such abilities as every individual has and then builds upon them. We have had a vigorous selection procedure and applicants were tested across several parameters for their abilities and aptitude. We then placed the students.
- 5. Teacher Training e-manual has designed by Manovikas to trained the mainstream school teachers.
- 6. **Accommodation Guide** has designed after research to provide curriculum accessibility for student with disability including physical, mental, cognitive and social disadvantages.

#### 3.9. TRAINING PROGRAMME

#### **Mainstream Schools Teachers Training Programme**

Manovikas Charitable Society implements the mainstream schools teachers training programme on issues related to disability and first generation learners in compliance to 'Right to Education Bill 2010'. Name of the school who has participated in this training programme - Maharaja Agarsen Public School, Ashok Vihar phase-IV, Alhcon Public School, Little Step Nursery School, Govt. Boys Senior Secondary School, Ramjas Nursery Primary School, Daryaganj, Evergreen Public School, G.D. Salwan Public School, Amrit Masonic Spastic Society, D.A.V. Public School,



Guru Harkishan Public School, New State Academy Senior Secondary School, Delhi Public School, Vasundhra, Arwachin Bharti Bhawan, St. Thomas Public School, Kids Infobits, Mother Marry Academy, Ghazibad U.P., National Public School, Hopes Special School, Laxmi Nagar, Smt.Bhagwan Devi Public School, Noida U.P., Police Modern School, Ghaziabad U.P, Rajkoya Andh Mahavidhyalaya, West Delhi, Manovikas School for Inclusion, Aryan Public School, Arwachin Shiksha Sadan Model School. There were 250 mainstream school teachers has undergone in the training programme.

#### 1. A Creative Art Workshop on personality Development

A Creative Art Workshop on personality Development was organized in association with Max Mullar Bhawan by Irmgard Koepf, and Baird Cornell, Creative Art Therapist, Germany. Both are internationally famous Artist of Minds. The workshop includes different activity like visual Arts, Visual impression meditation, group activity etc. There were 25 numbers of teachers. Special



educator, therapist, Psychologist etc. had participated in the workshop.

#### 2. Innerscape Lucknow

Students from Manovikas are every year taking part in an International Mega Event Innerscape 2010 at Lucknow organized by City Montessori School. Our students every year participate in different activity like Moulding, Collage/ painting, Debates Computer skills and cultural events, this year there were 25 students had participated in the event and won prizes and certificate in cultural programme, painting puzzles & computer skills. They have enjoyed a lot.



#### 3. Inclusion Week

Every year Manovikas family celebrate inclusion week cum Awareness programme during month of March. The event focuses on inclusion of children with disabilities into mainstream school and sensitizing the mainstream students and teachers about the disability issues. The programme was organized in five mainstream schools and three special schools in this year.

#### 4. Special Olympic events

Special Olympic events was organized in Arwachin Bharti Bhawan Senior Secondary School, Vivek Vihar Delhi by Manovikas in the month of 2009, October There were lots of event like Bocce Ball, Relay Race, Short-put, 100 meter Race, Slow Walking etc organized for the special student of Koshish, Manovikas, Shristi, Mata Bhagwati Chadda School. Jingel Bell, Frontline, Okhla Centre, Aradhna, and Amar Jyoti. More than 100 students with developmental disability have participated in the event. Our special thank to by Mr. Dey, Director, Special Olympic Bharat, Mr. Khurram, Senior Coach, Special Olympic, team of Arwachin school including Mrs. Urmila Sharma, Principal, Mr. Anooroop Sharma, Director and other school staff. All children were awarded by the certificate & medals.

## Development Case History



**1.** A sweet and cheerful boy Raja having with lots of energy and enthusiasm. He came at Manovikas when he was 8 years old. Initially Raja made engage in behavior which disturb, interrupts draws the attention of others. He was becoming angry and start physical discern to allow him to gain attention from others. But after a proper training and with the help of multidisciplinary team at Manovikas School for Inclusion, he improved in functional reading, writing and arithmetic and gradually managed problem behavior. Now he is placed at mainstream school in age appropriate classroom.

2. Manish has good ability and vocational skills in computer. He is sincere staff of 'Love Arts' at Manovikas. He managed 'Love Arts'. He regularly deals with the customers, maintain its data records. He is billing through computer & also handling the transactions. After working in Manovikas he develops self confidence & improved his social confidence to lead a independent life. These days he is also handing the record of Mini Management Course.



- 3. Kamal has now become an independent in all activities. At the age of 15 he joined Manovikas Independent Living Centre and he has very minimal understanding of independent living skills. Previously he had no exposure of education and any special training as he was living in Guru-Dwara with their family for survival. Now is pursuing Hospitality Management Programme (HMTP) in Manovikas Charitable Society. He was also undergone of Sahyogi (caregiver training) and provide the caregiver to other children aged person etc. He is regularly taking part in Special Olympic and won several prizes. We hope very soon he will start his job at a prime work place and will enjoy own life.
- 4. 18 years old Manoj is smart & sweet boy with lots of energy. He is loving resident of Manovikas Independent living centre. He is good in functional academics & other curriculum puzzles making. Now a day he entered into Mini Management Course that is office attendant training programme. He is very sincere about his training programme & skill of good listener. He learn many things under this





course other than Functional Academics. When Manoj had lost his mother, the siblings have taken initiatives to rehabilitate him with proper care. They brought him to Manovikas and started taking care. At the time of joining he was very severe in disability and even unable to take care of personal hygiene. After the planned individual education system he has improved a lot and going under Mini Management Course.

NOTE- The name of individual and their photographs are changed due to the Privacy and dignity of person. The case studies only indicate the developments in the individual are possible to change the paradigm shift of the community at large.

#### 4.1. Winners of the year 2010

The Lal Advani Memorial Running Trophy For the best student of school of is an memory of a great imminent activist in the field of disability and rehabilitation is given to Harish

Tishya Running Trophy for all rounder student is sponsored by Mr. Subhash Taing and Dr. Vijya Taing in the memory of their lovingly niece late Tishya and given to *Riya Saini*.

Sujata Maskara Memorial running trophy for the best student in Academics & Functional Skills, Which is sponsored by Late S.L Maskara in memory of his Late daughter Sujata Maskara and given to Arunanshu.

Shobhanand & Deonrayan Memorial Running Trophy for the best student in vocational skills is courtesy by Dr. Kailash Mishra in the memory of his Late father Shobhanand Mishra and Father-in-Law Shri Deonrayan Jha who were the freedom fighters and they have a common history of participation in several social activities and given to *Rajeev*.

Sai Running Trophy for the best student in Social Skills which is sponsored by the Executive Member of Manovikas Mr. Vijay Bhatia and given to *Gaurav Dhawan*.

Natraj Running Trophy for the best student in cultural activity, which is sponsored by Mrs. Indira Alok, Special Educator of Manovikas and given to *Mohit Bhaskar*.

Mohammed Ali Memorial Running Trophy For the best student in sports activities in the memory of Late Md. Ali, who was a great writer, poet and journalist and the owner of printing press in Rangoon and given to Abishek.

Indira Mathur Memorial Running Trophy – Nightigale of Living Centre is being presented for best student in domestics skills. This trophy is sponsored by Mr O.N Mathur in memory of his Late wife and given to *Dr. Yodhraj*.

Valentine Running Trophy is facilitated in recognition of being most affectionate student of Manovikas. This trophy is on the occasion of marriage anniversary of Alok & Indira, Which falls on 11th February and given to *Divya*.

D.S. Gupta & Kiran Gupta Running Trophy for the best student from Downside Area for Inclusion in mainstream this trophy is facilitated in reorganization of being best beneficiary under Sath- Sath Project for the Inclusion in mainstream. This trophy is being sponsored by Sh. D.S. Gupta and Smt. Kiran Gupta an eminent voluntary worker and support for the social cause and given to.....





Associations for Rehabilitation under National Trust Initiative Marketing (ARUNIM) for providing the order of products from are 'Love Arts' Training Lab to supply the different customer. We also acknowledge with thanks for under National Trust Initiative of Marketing

giving the orders of Badte Kadam Bags which has great opportunity to learn the business skills for a civil society organization.

College of Business Studies- The students and Faculties College of Business Studies has taken the great social responsibility support to Manovikas Charitable Society by their efforts. Every year the students are exhibiting the vocational products made by the persons with developmental disabilities in their colleges and other parts of Delhi. They also regularly market the product in festival season and help us in raising funds for needy and poor challenged persons.





#### 5.1. Thank You Donors

Ms. Aditi Singh, Mr. Ajay, Dr. Alka Ahuja, Mr. Anand Ranjan, Mr. Anil, Ms. Anita, Mr. Bayant Nagpal, Mr. Bhupender Tiwari, Mr. Harish Gupta, Mr. Jadav, Mr. Kudan Kumar, Ms. Kusum Harish, Mr. Lovneesh, Mr. M.C Rastogi, Mr. M.L Bhakat, Mr. M.L. Ahuja, M/S S.Lohia & Associates, Mr. Madan Mohan, Ms. Manjeet, Mr. Manohar Lal, Ms. Neena puri, Mr. Navneet Nayyar, Ms. Pushpa Singh, Mr. R.D Kapoor, Mr. R.S Yadav, Ms. Radha kumari, Mr. Rakesh jain, Mr. Rakesh Kansal, Mr. Ranbeer, Ms. Rittal Uppal, Ms. Sangeeta, Mr. Saurav Dhameja, Mr. Saurav Pandey, Ms. Savitri, Ms. Shikha Mathur, Mr. Subhash Tyagi, Mr. SubhashTaing, Mr. Subodh, Mr. Vijay, Mr. Vijay Tyagi, Mr. Vijay Taing, Mr. Vikaram Dutt, Mr. Vikas Kumar Sinha, Ms. Vinita Sahani, Mr. Zasar, Mr. Zuber and many others we acknowledge your financial donations with millions of thanks from core of hearts of our needy and challenged beneficiaries for whom you have supported. We also look forward for your generous support every time.



#### 5.2. Visitors Views

- Manovikas visit was an uplifting and inspiring one like always I am over welled.
  Mr. Iqpal Gill and Nilima Sabharwal, Home of Hope Inc., USA.
- Excellent, Sincere work toward the goal of rehabilitation in the society. Indeed I am moved The efforts being carried out. Mr. A.C Padhi, Chairman and Managing Director, National Safai Karmchari Finance Development Corporation (NSFDC), Govt. of India.
- 3. Manovikas is doing excellent work on field of rehabilitation of mentally challenged human.

Rakesh Kumar, D.G.M., National Safai Karmchari Finance Development Corporation (NSFDC), Govt. of India.

- 4. It was a great experience here with great people and great support. Irmgard Koepf, Creative Art Therapist, Germany.
- 5. The road to arrive is the same that will bring me back. It is full of anticipation and now is even More magnetic because of its reward... from 'people' its friendship. Baird Cornell, German
- 6. Manovikas and is entire team is doing a noble task for someone, whom no one else is there. Hats of Manovikas. Dr. B.L jain, Delhi Heart Hospital
- 7. I am impressing with the work being done here and hope to work together in future.

Prof. Prabhat Ranjan, Dhirubhai Ambani Institute of Information and Communication Technology, Gandhi Nagar

- 8. Congratulation! A very good effort. Wish you much strength and energy to move the work forward. Wish the students and staff all the very best in the coming year. Ms. Poonam Natrajan, Chairperson, National Trust.
- For first time I have visited this place, but I feel good attempts are being made by your team. Keep it up- Mr. U.K Shukla, Asst. Legal Advisor, National Trust.
- Manovikas is doing good work. Mr. S.K. Mohanty, Deputy Director (Prog.)National Trust.
- 11. Well done! Alok I have watched the growth of Manovikas from its inception and am amazed at its growth. Manovikas is doing a good work in the field of intellectual challenges. I wish all the best and pray for the growth of this organization. Dr. Rita Malhotra, Amar Jyoti, Delhi



### 6.1 Manovikas Team

	BOARD OF GOVERNING MEMBERS			
1.	Mr. Vikram Dutt	President		
2.	Mrs. Nirmal Bhandari	Vice-President		
3.	Mr. S. L. Jain	Vice-President		
4.	Dr. Alok Kumar Bhuwan	Managing Secretary		
5.	Mr. M. C. Rustgi	Executive Member		
6.	Mr. B. C. Choudhary	Executive Member		
7.	Col. (Retd.) H. C. Vyac	Executive Member		
8.	Mr. Vijay Bhatia	Executive Member		
9.	Dr. Lalit Narayan	Executive Member		
10.	Mr. K. N. Vishwakarma	Executive Member		
11.	Mr. Harish Gupta	Executive Member		
12.	Dr. Vijya Taing	Co-opted Member		
13.	Mr. Bayant Nagpal	Co-opted Member		
14	Mrs. Indira Alok	Principal		

## 6.2 Manovikas School for Inclusion is fortunate to have a strong, supportive Board. There are at least one parent members.

Mr Vikram Dutt	(Chair)
Dr. Alok K Bhuwan	(Managing Secretary)
Mrs. Indira Alok	(Principal)
Dr. Vijya Taing	(Member)
Mr. Pllav Basak	(Member)
The co-opted member is:	Mr. Ranjeet Singh
The elected staff representative is:	Mrs. Sangeeta
Clerk to the Board is	Ms. Poonam Singh

#### 6.3. Manovikas Independent Living Centre (Residential Care) Board Members

Manovikas Independent Living Centre has a philosophy of community support and acceptance of the residents as a inclusive member of the civil society. We have the following persons on the

Board -	
Mr Vikram Dutt	(Chair)
Dr. Alok K Bhuwan	(Managing Secretary)
Mr. Kamal Nayan Vishwakarma	(Member representative MCS)
Mrs Indira Alok	(Warden)
Mr. Bayant Nagpal	(Guardian of Resident)
Mr. Kartar Saini	(Parents Representative)
Gr. Capt. K K. Sharma	(Mentor from Society)
Dr. Alka Ahuja	(Consultant Member)
Mrs Seema Jain	(Staff representative)

#### 6.4. 'Love arts' board member

Director	Mrs. Indira
Executive Member - from MCS	Mr. S.L Jain
Executive Member - from MCS	Mr. Harish Gupta
Executive Member - from Parents/Guardians/Volunteers	Mr. Subhash Taing
Executive Member - from Parents/Guardians/Volunteers	Mr. Mahesh Kumar Gupta
Executive Member - from MSI/MILC	Mrs. Seema
Executive Member - from Beneficiaries Group	Mr. Manuj
Executive Member - from Beneficiaries Group	Vacant
Executive Member - from Expert/ Professional	Dr. Alka
Executive Member - from Expert/ Professional	Mr. Hitesh
Executive Member - from Expert/ Professional	Ms. Achint
Executive Member - from Expert/ Professional	Vacant

#### 6.5. Staff Members

Mr. Vikram Dutt(Rehab Consultant), Dr. Alok Kumar Bhuwan(Rehablitation Specialist), Mrs. Indira(Principal, Spl. Edu), Ms. Geetu Dhawan(Spl. Edu.), Mr. Shobhit Sexena(Spl. Edu.), Mrs. Seema Jain(Spl. Edu.), Ms. Poonam Singh (Admn. Asst.), Ms. Lakshita (Typist), Mr. Kamal N. Visherkarma(Vocational Instructor), Ms. Vijayta Rana(Occupational Therapist), Mrs. Sangeeta Sinha(Activity psychologist & Conselor, Mrs. Prerna Singh (Physiotherapist, Mr. Manoj Kumar(Speech therapist), Mrs. Sudha(Speech Therapist, Dr. Alka(Physician), Dr. Seema Goyal(Gynecologist), Dr. A. Malhotra(Physician) Dr. Sunil Raj(Pediatrician), Dr. Manoj Goyal(Orthopedic), Dr. Deepak Gupta(Child and Adolescent psychiatrist), Dr. Satish jain(Neurologist & Epileptologist, Dr. C.K Sharma(Dentist), Dr. A.K Raman(Psychopathologist), Ms Radha Kumari(Community social worker), Ms. Parul(Social community Worker), Mr. Kallu Khan(Caregiver), Ms. Usha Arora(Caregiver), Sunita Pathak(Caregiver), Mr. Sushil Kumar(Security Guard), M/s Black Panther(Security Services, Mr. Gaurav Dhawan(Peer Care Taker), Mr. Gulshan (Peer Care taker), Mr. Veer Sain(Sweeper), Mr. Tiwari(Admn. Asst), Mr. Manuj Jain (Student Supervisor)





Manovikas Charitable Society (MCS) is registered as a Non-profit Voluntary organization under the Society Registration Act 1860 of XXI with the National Capital Territory of Govt. of Delhi in India. We are registered as Income Tax Exempted organization under the Income Tax Act 1961 of 12 A and 80G. Our not-for-profit entities satisfy the requirements for a charitable equivalency determination under section 501(c)(3) of the U.S. Internal Revenue Code of 1986, as amended (hereinafter the "Code"). MCS is registered under the Foreign Contribution (Regulation) Act, 1976 (FCRA), to accept foreign contributions through designated bank.

MCS is registered under PWD Act, 1995 of 51 with the Department Social Welfare, NCT of Govt. as Disability Service Provider Organization. MCS is registered organization of the National Trust for the welfare of persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities Act of Ministry of Social Justice and Empowerment, Govt. of India in service of persons with developmental disabilities. Under the Rehabilitation Council of India (RCI) Act, Manovikas is recognized as a training and education institution in the field of Rehabilitation, Special Education and Caregiving.

Indira Gandhi National Open University (IGNOU) Act 1985 has recognized MCS as a Study Centre for the purpose of advising, counseling or for rendering any other assistance required by the students of various diploma, certificate, and foundation courses. Manipal University has also provided recognition to MCS to run the Courses of RCI. Prachin Kala Kendra Chandigarh has given the recognition to run the Classical Dance and Art courses. We are recognized and accredited by the several International agencies like World Federation on Mental Health USA, Council for Exceptional Children USA.

Manovikas approve an international standard services and quality management systems (QMS) based on the ISO 9001:2008 standard, this is certified by the OSS, India and JAS-ANZ Australia. The Credibility Alliance (CA) has accredited Manovikas as committed voluntary organization towards enhancing accountability and transparency through good governance.







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