

# Targeting Inclusion:

GIRIS

# Annual Report 2013

# Your Support towards Dignified Mission



Manovikas Charitable Society is an ISO 9001:2008 certified civil society organisation focusing on supporting young people with disabilities. It provides a comprehensive rehabilitation service assuring qualitative changes in the lives of the beneficiaries.

#### Vision

A future where each and every individual or group of people with disabilities is able and free to participate in all spheres of society based on internationally recognized human rights standards and values.

#### Mission

The Manovikas Charitable Society aims to integrate people with disabilities into the political, economic and social development of India by:

- 1. Providing educational support to increase people's independence for employment and to offer encouragement to become productive members of society.
- 2. Advocating for appropriate government policies.
- 3. Supporting and encouraging society to understand disability and promote equity.





#### **Our Target Group: Students with Needs**

The term students with needs include those who have long-term physical, mental, intellectual, or sensory impairments which in interaction with various barriers may hinder their full and effective participation in society on an equal basis with others. The degree of disability may range from mild to moderate, severe or profound. Intellectual and Developmental Disabilities:



Mentally challenged (Intellectual Disability), Autism, Cerebral Palsy, Specific Learning Disabilities (Dyslexia, Dyscalculia, Dysgraphia etc.), Attention Deficit Hyperactivity Disorder (ADHD) etc.

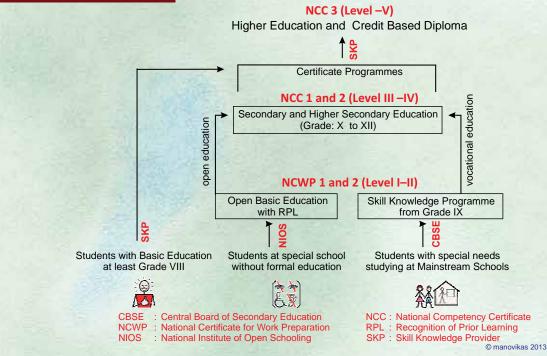
Sensory Disability: Vision impairment, Hearing impairment etc.

Physical Disability: Locomotor, loss of a limb(s), spinal injury or any other as defined by Persons with Disabilities Act & World Health Organisation classifications

impairment that damages, weakens or makes worse physical ability.

Mental Disorder: Emotional, Behavioural or any other psychosocial impairments.

#### Manovikas Model of Education



# Paradigm Shift towards Inclusion

Inclusion and Paradigm shift towards people with developmental delays are the new thrilling words of this decade. It is part of the endeavour to move faster and ever faster towards a society that is discovering the joy of equal participation in the culture that governs our civilisation!

What defines equalisation? At the end of all debates and discussions, it is the ability to earn a livelihood. Period. And that is the task that Manovikas is focussed on. A habilitation programme that is concentrated towards independent living of the developmentally delayed through gaining and achieving social skills, which combined with vocational competence enables employment and thus economic self respect.

Civil society succeeds in sustaining change through an equal partnership of government and bureaucracy; and voluntary and non-governmental organisational participation. It is thus, splendid, that the government has acknowledged this truth: and acted promptly to establish a system towards training the developmentally delayed in social, educational and technical skills. The Central Board for Secondary Education (CBSE), National Institute for Open Schooling (NIOS) and Indira Gandhi National Open University (IGNOU) have all accorded priority to this area.

It is a matter of pride that YOUR organisation – Manovikas – has been recognised by all three to take the lead towards creating such an equitable society through selection as the implementation agency on their behalf: so truly, on behalf of Civil Society.

And Civil Society is really YOU, YOU and YOU ...

Thank YOU.

This Annual Report, is rightfully therefore, a tribute to YOU!

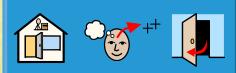
Vikram Dutt President Manovikas Charitable Society



Some of the Sucessful Students of Manovikas IGNOU Community College



Dr. Mr. Alok Kumar 'Bhuwan', Mr. Vikram Dutt and Mrs. Poonam Natrajan



### open minds ....open doors

Our students are differentially abled, but not different.

Help them achieve a glorious comeback by sharing your positive attitude

# Nothing better than **POSITIVE ATTITUDE**

We need your support to achieve inclusion

Check out the many ways you can make an impact at manovikas.co.in

# What are these?

Call them advocacy tools. Read and hand them to family, to friends or co-workers to spread the word about the process of inclusion at Manovikas Family. We believe in changing lives.

#### **Governing Board Members**

President Mr. Vikram Dutt Vice-President Mrs. Nirmal Bhandari Vice-President Mr. Anil Bajpai Managing Secretary Dr. Alok Kumar "Bhuwan" Governing member Mr. M.C. Rustagi Governing member Mr. B.C. Chaudhary Governing member Col. (Retired) H.C Vyac Governing member Mr. Vijay Bhatia Governing member Mr. Fazalur Rahman Governing member Dr. Lalit Narayan Governing member Mr. Kamal Nayan Vishwakarma Governing member Mr. Harish Gupta Governing member Dr. Vijaya M. Taing Governing member Mr. Bayant Nagpal Governing member Mr. Mohinder Singh Sabarwal Principle Mrs. Indira Alok

#### **Special Thanks:**

Ms. Anupama Jindal, Dubai For Donation to print this Annual Report **Design:** Mr. Bal Kishan, Designsens.in **Photography:** Mr. Rajeev Narayan © 2013 **Cover Photo:** Ankur Khanna, Student and Kirti Pandey, Special Educator



Celebration of success and joyful moment of inclusion towards empoweremnt

# Thank You for bringing us the joy Calling together

# This is not the ordinary student celebrating success. It's an extraordinary effort to achieve higher education in believing amateur lives with hope. It is an assignment to develop the skills and knowledge and bring the meaningful livelihood support in their lives.

Because of your support in 2013, we've been able to celebrate the abilities, awarding the special minds, hold hands and restore hearts – more so and in more ways than we ever have before. But amid the great triumphs of the previous year, we look towards the countless challenges of the next.

Manovikas Family invites you to help us conquer once again. To help us break through. To push us further than we've ever been.

We invite you to take the next step and join our **Skill and Knowledge Programme** to give the livelihood support to our students. Your effort provides a 'life with dignity'.

Sincerely,

Dr. Alok Kumar "Bhuwan" Managing Secretary

Your first task as CHAMPION: Act for Advocacy Well HELLO There,

Dear .....

At this moment, Manovikas Family is changing lives from inside out. Day after day, Manovikas Family reintroduces students with differential abilities to inclusion and mainstream society and renew their faith in goodness of others....

Read their stories at: manovikas.co.in/change

Your name here

# Thank you for Giving Confidence and Hope



#### Sheila Dixit, Chief Minister, Govt. of NCT of Delhi

I have been given to understand that the 'Manovikas Charitable Society' is engaged in attainment of higher and vocational courses of disabilities persons. The professional and vocational training centers have also been catering to the needs of needy persons putting up in the Capital City. I convey my best wishes to the society for the success of its all endeavors.



#### Prof. M. S. Swaminathan, Member of Parliament, Rajya Sabha, India

Community colleges are the need of the hour since their major aim is to empower the community with new knowledge and skills. They also help to convert the concept of Right to Education into reality by reaching the un-reached and voicing the voiceless. I wish the Manovikas Community College continued success in the important work it has undertaken.



#### Prof. P. R. Ramanujam, Professor of Distance Education, Former Pro Vice Chancellor, Indira Gandhi National Open University

It is a matter of pride and inspiration for Persons with Disabilities to note what the students of Manovikas have achieved through hard work, education and perseverance to empower themselves. A small Success, but a giant Stride in the Journey of Manovikas.



#### Chris Sims, Head of Joint Policy Advisory Group, City and Guilds, Manipalglobal

Institutions like Manovikas are a source of great inspiration for me personally. Ensuring that everyone, no matter what their background, can access training and education is a goal close to my heart; and the work of Manovikas is an essential part of achieving that goal.

A true honour to be invited to share this Important Day with you. Many Congratulations and Thank you.



#### Mangat Ram Sharma, Former Minister, Gandhi Nagar, Jammu & Kashmir

I was very much Impressed. The society is doing appreciable work for the needy children. My Grand Daughter is herewith at present. She is interested to join the school. I have in my mind that she will successful in her Job. I have very appreciable comment for the people who are engaged in the betterment of such children.



#### Stuti Narayan Kacker, Secretary, Department of Disability Affairs, Ministry of Social Justice and Empowerment, Govt. of India

Great Achievement. My best wishes & Congratulation. Keep it up.



#### Dr. Uma Tuli, Founder Managing Secretary Amar Jyoti Charitable Trust, Delhi

It certainly is a positive step towards encouraging the people with intellectual and developmental disabilities. Your institute has been doing a commendable job for the last many years. What a great achievement. My Salutations to the Manovikas Team led by Mr. Vikram Dutt for such innovative efforts for Persons with Disabilities. God bless.



#### G. Narayan Rao, Chairman & Managing Director, Artificial Limbs Manufacturing Corporation of India

The selfless service to people with intellectual disabilities being provided by Manovikas Charitable Society needs to be applauded by one and all.

The Job done by Manovikas – IGNOU Community College is amazing. I congratulate the entire team for hard work done with person with Disabilities.

#### Dr. Jagdish Gandhi, Head, City Montessori School, Lucknow

It is a matter of pride and inspiration for Persons with Disabilities to note what the students of Manovikas have achieved through hard work, education and perseverance to empower themselves.



# Ratan N. Tata, Former Chairman, TATA Group

Please do convey my good wishes to the students and faculty of Manovikas.



#### Anand G. Mahindra, Chairman & Managing Director, Mahindra & Mahindra Ltd.

Your organization is performing yeoman service to society and I would have enjoyed attending the convocation to encourage your students.



#### Mangu Singh, Managing Director, Delhi Metro Rail Corporation Ltd.

I find that the Manovikas Charitable Society is indeed doing a wonderful job in bringing out the latent talents in the marginalized members of the community, making them professionally competent to handle jobs which, in the normal course they were denied access to.



#### Dr. Adarsh Kishore, Chairman, Axis Bank

I would have liked to be with you and students on the occasion of 1st Convocation of Manovikas. My blessings and good wishes are with you and the children.

#### M.M. Vidyarthi, Member,

#### Delhi Commission for Protection of Child Rights

Congratulations, It is worth replicating such model of training as well as Convocation.



#### V. N. Bali, Spokesperson, RWAs Federation Delhi (East)

There is a leader, a genius and an innovator in everyone. With will, determination and imagination everyone can achieve his or her true potential. This is very Succinctly summed up in the motto of Manovikas," Yes, I can".

#### Natalia Susak, Assistant Cultural Affairs Officer, Embassy of the United States of America

I am glad to see that so much attention is being paid to providing opportunities to youth with intellectual disabilities.

I congratulate you and your organization on your efforts to promote this in India. I wish you luck in your endeavors.

#### Dr. B.P. Yadav, Former Chairman, Rehabilitation Council of India

It is a matter of pride that through your persistent efforts, hard work and skill, you and your team have solved a most challenging problem of the country and have shown that mentally challenged population can join the mainstream of education by persistent and skilful efforts.

I pray to God to bless you and your team with more success and guide others to open more such colleges.

#### A.C Padhi, CMD, NSFD,

#### Ministry of Social Justice & Empowerment, Govt.. of India

Excellent, Sincere work towards the goal of rehabilitation in society. Indeed, I am moved with the efforts being carried out at Manovikas.

#### Dr. Alka Neizamie, Deepshikha, Ranchi, Jharkhand

I was able to visit Manovikas Family. I am very happy to see the progressive approach and a very enabling environment. Wish many more Centres collaborate and learn to make lives better for our special children.

#### Dr. (Mrs.) Vijaya Taing, Governing Member, Manovikas Charitable Society and Parent

To live with pride and dignity is not only the right of able but the disabled or differently able too. To dream about creating such a platform in the mainstream with sincerest feelings and reinforcement, has been the tremendous achievement of 'Manovikas Community College'.

# Dr. B.L. Jain, Senior Cardiologist and Director, Delhi Heart Hospital

Manovikas and its entire team are doing a noble task for someone, whom no one else is there. Hats off! Manovikas

# Your Donations are a big support in changing Lives, Living with pride and

Manovikas Charitable Society always counts on your donation to implement its programmes towards education and livelihood support for people with disabilities. The programme from class-I to Senior Secondary and until Diploma i.e. NCC-3 in Higher Education level helps to build their skills and knowledge. Our Vocational Education and Training (VET) is based on National Vocational Education Qualification Framework (NVEQF) and focus on skill development towards the learner and their needs.

Your Donations and support has helped us in partnering with prime Government institutions for their Certification of Skills.

Manovikas is one of the recognised institution of the Central Board for Secondary Education (CBSE), National Institute of Open School (NIOS) and Indira Gandhi National Open University (IGNOU) for VET to provide appropriate theory and practical training, access to real work exposures, job skills and job placement for students with special needs including learners with disabilities.

In the year 2013, Manovikas team has performed about 3,05,000 hours of service for 3,245 beneficiaries including people with disabilities, their families, professionals and community at large. The signified development.

- 79 people with disabilities from the urban slum areas are securing livelihood after the training and employment placement.
- 45 students with disabilities received the Certificates in Hospitality, Retail, Basic Business, Office Attendant, from IGNOU.
- 39 people with intellectual and developmental disabilities are working in meaningful employment.
- 12 have received the Open Basic Education and got the Class III to VIII certificates from NIOS.
- About 500 teachers and professionals have been sensitized and trained in disability sector.
- A large number of people in community are able to change their attitude towards disabilities through the activities of Manovikas.

#### Please donat e now to reach minimum 5000 needy students

There are about 5494 students with special needs registered in CBSE for IX to XII.

For the year 2014, we at Manovikas aim to reach 5000 beneficiaries, specifically out of which about

- 1000 students with disabilities are studying in CBSE affiliated schools and need vocational education from class IX to XII in Delhi, NCR Region.
- 500 people from slum areas of Delhi need support towards enhancing their quality to life.
- 150 students with intellectual and developmental disabilities dream for their vocational education and job placements
- 100 adults with disabilities desire to achive education qualification.
- 500 mainstream teachers are keen to learn about disability and help students in different schools.
- 150 Govt. officials have agreed to sensitized themselves on disability issues and.
- Community at large awaits for your support.



Sharing joy

# towards Economic Empowerment



Bringing smile



Going to school

SI.	Source of Income	Income 2013	Budget 2014
1	Foreign Contributions	23.2	40
2	Govt. Contribution	1.5	10
3	IGNOU	1.6	5
4	Love Arts Sale	9.7	10
5	Fees	16	20
6	Donations	48.5	65
	Total INR	100.5	150

Amounts in Lakhs

Budget

147.5

2.5



Amounts in Lakhs



# You all are Great people, responsible corporate

#### **PROGRAMME SPONSORS**

You are responsible for the amazing things happening at Manovikas Family and we will be forever grateful for your support during Convocation at India International Center on January 13, 2013

#### **PLACEMENT PARTNERS**

Alumni of Manovikas Community College are getting jobs at reputed companies and organisation. Our students are also receiving internships and on-the-job training at major industries.

Thank you partners for exploring the opportunities





#### LOVE ARTS PARTNER

#### "Love Grows by Giving'

'Love Arts' is a training lab where the students with differential abilities learn to earn and earn to lead as an entrepreneur.

The Hans Foundation's supported in establish Love Arts Training Lab cum Gifts, Handicrafts and Stationery Shop

Please book your order for **Greetings cards, Gifts** and **Stationary** for your use.

Visit www.lovearts.in







ALUE INFR

A holy moment of convocation.



Dr. Nilima Sabarwal, Founder of President of Home of Hope Inc. celebrating the sucess of independence with Gaurav



Retail Assistant Training in Progress

# and helpful Organisations - Big Thanks

#### DONORS OF THE YEAR

M/s. Adsaubtech Engineers Pvt. Ltd. • Mr. Ajay Dhar • ALIMCO • Ms. Anupama Jindal • Ms. Anupma Adhlaka • Mr. Ashish Jain • Ms. Babita Kaw
Bansuri Charitable Society • Mr. Bijay Sen Gupta • Ms. Geet Khurana • Mr. Harish • Indian Spinal Injuries Centre • Mr. Jaykishan Sethi
Mr. Jyotindra Kumar Sharan • Mr. Kulyash Singh Kalsi • Mr. Kundan Kumar • Ms. Kusum Harish • Mr. Lalit Prasad • Mr. M.L. Bhagat • Mr. Manohar Lal
Ms. Megha Sahdev • Mr. Michal J. Rosenkrantz • Mr. Nakul Malik • Mr. Naveen • Mr. Navneet Nayyar • Mr. Pankaj Jain • Mr. Parul Jain • Philpino Volunteers
Mr. Preeti Jain • Mr. R. J. Yadav • Mr. R. S. Yadav • Ms. Rachna Pandey • Ms. Radha Kumari • Mr. Rajeev Narayan • Mr. Rajendra Kaw
Mr. Rajesh Kumar Jain • Mr. Rakesh Kansal • Mr. Ramesh Bandoola • Mr. Ritesh Uppal • M/s. S.K. Lottiya & Associate • Mr. S.K. Tyagi • Mr. Sachin Sahdev
Ms. Shalini Jain • Mr. Sourabh Dhameja • M/s. Systeopic Lab Pvt. Ltd. • Mr. Tushar Devnath • M/s. Value Infra India Pvt. Ltd. • Ms. Veenita Sahni
Ms. Vikas Kumar Sinha • Mr. Vikram Dutt • Mr. Vipin.

We are deeply grateful to all the donors. We regret that our space is too limited to list everyone. If your name has been misspelled, displayed incorrectly or inadvertently excluded, please accept our apologies.

#### Legal Advisor :

Mr. S. K. Tyagi Advocate Supreme Court of India

#### Media Consultant:

Ms. Vini Aggarwal Public Relation Professional facebook.com/vini.agg

#### Auditor :

Mr. Bikash. C. Choudhary Partner B. C. Choudhary and Co. Chartered Accountants

#### **Banking Partners:**

- Punjab National Bank
- Axis Bank Ltd.
- ICICI Bank

# New Training Lab at:



MANVIK B-98, Pushpanjali Enclave, Outer Ring Road, Delhi-110034

#### Thank you Dr. Kamal Kumar, Director

LBIIHM for providing the support and Madam Stuti Kacker, IAS, Department of Disability Division, Ministry of Social Justice and Empowerment, Govt. of India for kindly facilitating it.

# Going to **SChOOl** with your support

Picture of 12 years-old Radha, who has intellectual limitation and couldn't go to mainstream school. Eight-year-old Shom, who threw tantrums like there was no tomorrow. And 15 year old Anup, who can't walk properly but, sings a song very well.

Keep in mind their history of exclusion and having long term physical, mental, intellectual or sensory impairments which is in interaction with various barriers may hinder their full and effective participation in mainstream school on an equal basis.

Consider the deep emotional ignorance.

Now awaken to the fact that all three are students.

They study at Manovikas School for Inclusion attending class III, V, VIII with the special support, modified curriculum and open basic education system.

Because of your commitment to Manovikas Family, we were able to provide an education for independence, school like environment - where Radha, Shom, Anup and other 50 students thrived amid Right to Education, loving care and patience they received.

More than 25 other students have since been trained and left us to studying further in mainstream schools.



### A bright start

You support of Rs.12,00,000 will develop and deliver services for inclusive education and support children with disabilities, from advice and information to special education and working directly within communities.



National Institute of Open Schooling Open Basic Education levels A, B and C and Secondary Education until class 10.

HOME OF HOPE

**Thank you Home of Hope Inc.** for supporting school programme since year 2000

# Securing Secondary and Senior Secondary Education



Komal goes to mainstream school in class XI and is also learning the skills of health and beauty occupation. Manoj don't like the academic subjects of class IX. The opportunities for vocational education are now being provided to the with special need students in mainstream schools under the skills and knowledge of CBSE, through Manovikas there are about 5494 students special needs are register in CBSE for X and XII. The largest numbers of students about 1844 are from Delhi state. The disability wise data indicates that the lack of students with intellectual and developmental disabilities are enrolled in CBSE.

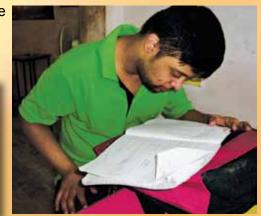
Nature of Disability	Stud	ents
NS R DO	Class-X	Class-XII
Locomotor disabilities:	1523	1419
Visual impairments/Blindness	393	32
Hearing Impairments	225	106
Cerebral Palsy	208	150
Dyslexic	658	484

Manovikas as a Skill Knowledge Provider have been targeting 1000 students with disabilities to provide the in vocational education from class IX, during the year 2013-14.

It is about conscientiously and with responsibility, to provide the equal opportunities and right to education and studies that impact and have bearing on the lives of children, who are in mainstream schools affiliated to CBSE.

### A chance to learn

You donate Rs.15,00,000 to develop and deliver a new skill knowledge programme of services to support 1000 students with disabilities vocational training and education.



Email:programme.officercbse@gmail.com



#### **CENTRAL BOARD OF SECONDARY EDUCATION**

(An Autonomous Organization under the Ministry of Human Resource Development, Govt. of India) "Shiksha Kendra", 2, Community Centre, Preet Vihar, New Delhi-110092

CBSE/Voc/SKP/2013

Date: 12th August 2013

The President, MANOVIKAS CHARITABLE SOCIETY A-267, Surajmal Vihar, Delhi - 110092 Phone : 011-2237771

Dear Sir,

#### Subject : "IMPANELMENT OF SKILL KNOWLEDGE PROVIDERS (SKPs)" FOR CBSE AFFILIATED SCHOOLS TO IMPART SKILL COMPETENCIES BASED VOCATIONAL COURSES" - reg

I am to inform you that the Board is pleased to empanel, your organization to impact the following Vocational Courses, to Special Children (Differently Abled), of the affiliated schools of the CBSE, in Delhi region.

- 1. Retail
- 2. IT
- 3. Hospitality & Tourism and
- 4. Health & Beauty.

Your sincerely

Laward B

(Dr. Biswajit Saha) Programme Officer (Vocational)

# **Professionals'** training porogrammes for **Occupational** competency

#### Indira Gandhi National Open University Study Centre 29009P

Bachelor in Social Work (BSW)

#### **Rehabilitation Council of India (RCI) Accredited Courses**

 Diploma in Education Special Education (Mental Retardation (D.Ed.S.E.(M.R.))

#### Certificate in

- Care giving
- Early childhood special education enabling Inclusion in Cerebral Palsy / Mental Retardation

#### Foundation courses in

 Education of children with disabilities/ Learning disabilities

#### National Institute of Open Schooling (NIOS) Accredited Vocational Institution

#### Diplomas

- Care of the elderly
- Modern secretarial practice
- Early childhood care and education

#### **Vocational Certificates**

- Hindustani music
- Yoga

## 361 Learners have been trained and graduated, 712 are enrolled presently







#### Certificate in

#### Prachin Kala Kendra courses

- Classical dance (Kathak)
- Fine Art (p\Painting)

Both courses available from elementary to Ph.D. levels (9 years)



- Autism Spectrum Disorder
- Specific learning difficulties

#### Associate degree in Psychology

Guidance and counselling

#### **Diploma** in

Educational counselling

#### **Certificate in**

- Guidance and behaviour management
- Non credit customised programme certificates
- Development and enrichment personality
- Child behaviour management skills

#### **Certificates in Health and Human Services**

- Occupational therapy perspective in rehabilitation for children
- Sexuality education •
- Non credit customised course certificate
- Sexuality training for parents and guardians

#### Associate degrees in Management

- Corporate social responsibility
- Social entrepreneurship

#### **Diploma** in

- Management in non government organisations.
- Corporate social responsibility.
- **Business management**



manovikas.co.in/course



Learning Office Attendent Skill



NUMBER         NUMBER TO:         NUMBER TO:<					terrorene van de la company de						
Applie         Number of the second seco			-			-	-	arri .	and and		
Priority         Distribution         Q         A         A         A         A         B	attaine pages	WILLIA COMPANY AND A	1			-	-	-	12	=	1
Bitterie         Distance of the state	100	Annual statements Annual statements	1					-			Г
All the second s	Marine Segue	And Address of the Rest of Street, Str			•		4	1		-	-
		All the rest of the local division of the lo									

Mrs. Stuti Kackar, IAS, Secretary, Disability Division, presenting Dr. Reeta Peshawaria Memorial Award to Shweta Taing

"This College is one of its kind throughout India which has undertaken this unique work of providing opportunities for students with intellectual and developmental disabilities to study courses at the Indira Gandhi National Open University Community College using National Vocational Education Qualification Framework. I appreciate the efforts and steps taken by Manovikas for the empowerment of children and adults with disabilities.

I hope you can take this concept to all parts of the country. I know many organizations will be happy to follow your example if enough awareness is created. I wish that Manovikas will continue to strive hard to maintain the spirit and to achieve the mission of the college."



Poonam Natarajan, *Chairperson* National Trust, Govt. of India

### **Certificate and Diploma Programme in**

#### **Gamma Hospitality Training**

provides understanding of the fundamentals of the hospitality trade, for employment in hotels, restaurants and the tourism industry.

#### **Retail Training**

**Vocational** Credits for **Employable** Knowledge and Skills.

gives the fundamental knowledge, skills and understanding required to be a useful employee in the retail trade.

#### **Basic Business**

gives an introduction to employment in business.

#### Solution Office Attendant

enables the student to work in an office environment, supporting Administrative and office staff.

#### Essential Courses

to study before taking a certificate course in retail, hospitality, basic business or office management.

#### Soft skills

develops self esteem and independence and an understanding of the basic ethics and values required to live companionably with family and colleagues.

#### **Computer Basics**

teaches essential computer skills for modern employment. Non credit customised courses/programmes

#### Personal Management

the necessary foundation for independent living.

#### Ser Sexuality Tutor

enables people with developmental disabilities to help others learn about sexuality.

#### Functional Skills

Basic arithmetic, writing and reading skills: helps students prepare for credit courses.

# **Respite and Residential care towards Independent living**

**Support** residents and share a joy of living lively you please donate for their foods, living and maintenance medical, caregivers allowances, recreation, cloths etc.



Mr. Harish Vij, resident of Manovikas undergone to Hospitality Assistant Training Programme.

### An independent living

We need Rs.15,00,000 (cost per resident per month Rs. 4200) for prolonged and respite care of needy and underprivileged people with disabilities and make change their quality of life, when their family has abandoned or society has exclude them.



A respite care

It wasn't going to end well. Anu relied on Mothers - the old parent in unfit condition, suffering from dire health issues that kept them from maternal responsibilities. To make matters worse, Anu didn't have the fallback of a supportive family. They had nothing at all. The situation was horrific but clear: No was to take care in the family. Manovikas Independent Living Centre was expected to provide prolonged and respite care.

We were receiving only 10% governmental support from the National Trust, we didn't hesitate, not one bit, because of the support we receive from you. There are 30 people living in Manovikas Independent Living Centre and they regain their health and introduce their life to a pleasant new beginning. Thanks to the National Trust for partially supporting till March 2013



# Together to Stop barriers of deprivation and negligence

Cheerful smiles of Roshan display willingness to work but he is freeze out how I can walk. Due to deprivation and negligence of family he lives in a slum area and creep for begging. Sath-Sath Community based rehabilitation project staff helped him to ride the tricycle and developed a rehabilitation plan for his livelihood. Roshan got training in Retail Assistant Training Programme and now he earns and leading independent life. The project aimed at ensuring livelihood opportunities through imparting skill based training to people with disabilities (PWDs).

There is a considerable change in the attitudes and higher motivation levels among persons with disability as they started earning their livelihoods and have been contributing to family income. Urban slum comprising People with Disabilities from the East Delhi Municipal Corporation area of National Capital Territory (NCT) of Delhi was categorically chosen. The total project area is 161 sq km, with a population density of 29992 persons per sq km. There are 87 slums in total in this municipal area.

There are nearly 1500 People with disabilities identified in these areas. Your donation for thousands of poor people will change the lives of the unreached people.

### A secure future

Your donation Rs.18,00,000 will increase the community support in the slum and rural areas we are able to provide the livelihood support to individuals with disability and their families, when they are planning for the future of about 1500 underprivileged persons.



Yes I can and I am an entreprene



Feeling pride and empoewered with Saath-Saath project



Students with Disabilites are being trained towards securing livelihood



109 people with disabilities identified out of which, 79 are meaningfully engaged into various skilled jobs.

More than 14 disabled and 6 non- disabled volunteers mobilised from community actively worked on the project.





Thank you for Project support

# Workshops **develops** Self Esteem





### Make my choice workshops Supports people with intellectual

#### and developmental disabilities

Make my choice workshops basically helps to :



improve domestic and social skills



increase quality of life and positive behaviours



develop self confidence and self esteem

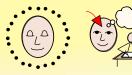


make decisions in our everyday lives.



enables one towards independent living





# Feel safe workshop





Promoting self protection for young people.





M₽Ň

Children should receive positive message about

sexuality sexual development and Understanding and safety.



The workshops are based on effective programme module of International Technical **Guidance on Sexuality Education** commissioned by United Nations Educational, Scientific and Cultural Organisation (UNESCO).



If you know someone who might be interested. tell them about it. Help us spread the word about these workshops...



You can join Workshops booking through a Phone call: 9911107772 or apply online at www.manovikas.co.in



If these workshop is for you, please tell us we will organise it in vour school or locality.

### A strong voice

We will create change by campaigning on real issues. We will run national and local campaigns to develop self advocacy and choices for self development. Total cost of this project is Rs.5,00,000 please support us.

### An opportunity to work

We will forge relationships with employers to create 200 more job opportunities for people with an intellectual and developmental disability. Donate Rs. 2,00,000.

# Winners You Support for their Extraordinary Efforts



Mr. Vikram Dutt, Dr. Sanjay Kumar, Dr. Arun Banik and Ms. Poonam Natrajan presenting Tishya Memorial Trophy to Riya Saini



Mr. Anil Bajpayee, Ms. Mallika Dutt and Prof. P.R. Ramanujam presenting Shobhanand and Deonarayan Trophy to Rajeev Duggal



Ms. Nalini Paul, Ms. Asha Gupta and Mr. V.N. Bali presenting Natraj Trophy to Riya Singh



Mr. G. L. Taneja, Ms. Nirmal Bhandari and Ms. Preeti Mehra presenting Trophy to Sona Parveen



Mr. Fazalur Bhai, Dr. Reeta Malhotra, and Mr. Rabbi Malakar presenting Indira Mathur Memorial Trophy to Harish Vij



Mr. Vikram Dutt, Mr. R. P. Jain & Mr. Bhandoola and Mr. Mangat Ram Sharma presenting Sujata Maskra Memorial Trophy to Soham Deb



Col. H.C. Vyas, Dr. Neelam Sinha and Mr. Kailash Mishra presenting Sai Trophy to Gaurav Bansal



Rajeev Narayan and Adam giving Valentine Trophy to Tushar Jain

Lal Adwani Memorial trophy for best overall student to Ankur Khanna: A well behaved and polite school pupil who is good both academically and in co- curricular activities. Ankur is enthusiastic and likes to take part in all activities and performs in them all well.

**Tishya Memorial Trophy for the best all round student to Riya Saini:** A polite and obedient young girl who works hard at school and her work is constantly ahead of the class. Riya enjoys is always ready to help new students in finding their own way and to be a friend to them.

Indira Mathur Memorial Trophy for the best inmate in the Living Centre to Harish Vij: He has good domestic and vocational skills and is always around to give a helping hand others his peers, staff and visitors.

Sujata Maskra Memorial Trophy for academics and functional skills to Soham Deb: A good natured, kind hearted boy with a polite manner and excellent understanding, sensitivity and interacting skills. Soham has an analytical mind, his academic performance is good likewise his art and craft skills.

Shobhanand and Deonarayan Trophy for vocational skills to Rajeev Duggal: A resident of Manovikas Independent Living Centre is a very soft natured and religious person. He is equally good in both vocational and domestic skills.

Sai Trophy for social skills to Gaurav Bansal: A very likeable and polite young man who lives at Manovikas but has studied at the college and is having an independent life and is working with a good wage.

Natraj Trophy for cultural activities to Riya Singh: A charming young girl a pupil at the school who continually wants to learn new and innovative things. She likes to participate in all cultural activities and sports organised in the school.

Mohammed Ali Memorial Trophy for sports activities to Abhishek

**Chadha:** A nice young man with a very jolly nature and a good smile. He is well behaved and always wants to interact with everyone and build relationships. Abhishek's main interest is sport and he has won many medals for his efforts.

Valentine Trophy for the most affectionate student to Tushar Jain: A boy who always wants to chatter and communicate with everyone. Tushar has very good interpersonal and social skills which is why he is so much loved by all Manovikas School members.

## Events to Broaden the Awareness, Knowledge and Celebration of Skills



Celebrating success

The first Convocation of Manovikas IGNOU Community College, the first of its kind institution

for persons with intellectual and developmental disabilities in India that provides mainstream higher education using National Vocational Education Qualification Framework. Diploma, Certificate and Non-credit customized programme offered by institute is designed to support the students with disabilities to continue college education towards gainful employment.

The Chief Guest of Convocation was Mr. Arvinder Singh Lovely, Revenue Minister, Delhi Govt.; The Guest of Honour was Mrs. Stuti Kacker, IAS, Secretary, Disability Division, Govt.. of India. The Special Guest, Mrs. Poonam Natrajan, Chairperson, National Trust has blessed the occassion. The Convocation was sponsored by the National Trust for the welfare of Persons with Autism, Cerebral Palsy, Mental Retardation, and Multiple Disabilities, Ministry of Social Justice and Empowerment, Govt. of India and VSO.





Mr. Arvinder Singh Lovely, Revenue Minister, Delhi Govt. The Chief Guest of Convocation

Team for Desining and developing choices for students

#### Innerscape Lucknow

Students of Manovikas enjoy, food, dance and skills competition every year. They love to travel by train and visit Lucknow city. We thank City Montessori School for hosting such a wonderful International event for students with Disibilities. This year a team of 20 students and staff participated in this event.



#### Parents Workshop from Special School to College was organised on August 11, 2012 at Malviya Smriti Bhawan, New Delhi

Workshop emphasised on moving ahead from the concept of ABC( A-agarbati, B-broom, C- Candle), and giving opportunity to person with developmental disabilities to work in mainstream. Mrs. Poonam Natrajan, Chairperson of National Trust, GOI, Dr. Arun Banik, Director, National Center for Disability Studies, IGNOU, Mr. M.M. Vidyarthi, Member, Delhi Commission for Protection of Child Rights, were the prime guests of the workshop. Workshop was an eye-opener for the parents and it was presided over by Mr. Vikram Dutt, Senior Rehabilitation Expert and Chairman, Manovikas Community College.



Parents working





Continuing Rehabilitation Education Programme





Mothers' day celebration

#### Make My Choice

Krishna wants to enjoy the movies this weekend. Roma love to eat ice-cream. Rohan express the interest to learn computer.

Make my Choice workshop help the students to take everyday decisions and develop their self-esteem for self.

Step-1, 'Listen to Me' workshop has helped about 30 students to speak their choice and understand the options of what.



### **Get Involved**

You have the power to make a difference in the lives of people with disabilities. We can't do this alone - join us!

From volunteering to mentoring, there are many ways to support Manovikas.

#### Take part in an event

Whether you take part in a Manovikas event or decide to organise your own, there are lots of ways to get involved and get fundraising! Whether you are looking for a corporate social responsibility, strategic partnership, such as integrated business involvement or employee engagement through fundraising and events, we can find an opportunity to meet your needs.

#### An opportunity to work

3 out of 10 disabled adults of working age live in poverty. This is more than double the rate of people without a disability.

Our aspiration is to help more people with intellectual and developmental disability to find a job. Your valuable partnerships with local and national employers and, in doing this, create 1,000 additional employment opportunities for people with a intellectual and developmental disability over two years

#### **Raise money for Manovikas**

Find out how you can make a difference by raising money for Manovikas. Become a patron of Manovikas:

- · Change the lives of people with disability
- Meet other patrons in your area to discuss your experiences and views
- Meet the Manovikas President and share thoughts on our work and direction
- · Receive personal updates on the impact your donation is having
- Join us at our regular and annual events

#### Become a friend of Manovikas

- Receive regular updates on project progress
- Meet key staff at Manovikas to understand more about the work we do.

### Donate

#### We rely on partners like you!

By making a tax-exempted donation Manovikas Charitable Society, you can help ensure that every individual with disabilities has the power to hope, to learn and to succeed!

Here is where your money will make a difference:

#### A bright start

We will develop and deliver services for inclusive education and support children with disabilities, from advice and information to special education and working directly within communities. Total Cost Rs.12,00,000,

Per child per month Rs.2000

#### A chance to learn

We will develop and deliver a new skill knowledge programme of services to support young and adult people with disability from class I to XII to vocational training and education. Total Cost Rs.15,00,000,

People per month Rs.1500

#### A secure future

We will increase the community support in the slum and rural areas we are able to provide the livelihood support to individuals with disability and their families, when they are planning for the future. Total Cost Rs.18,00,000,

Per child per month Rs.1200

#### An independent living

We will take residential and respite care of needy and underprivileged people with disabilities and make change their quality of life, when their family has abandoned or society has exclude them. Total Cost Rs.15,00,000,

Per person per month Rs.4200

#### An opportunity to work

We will forge relationships with employers to create 200 more job opportunities for people with an intellectual and developmental disability. Total Cost Rs. 2,00,000, Per adult per month Rs.2000

#### A strong voice

We will create change by campaigning on real issues. We will run national and local campaigns to develop self advocacy and choices for self development. Total Cost Rs.5,00,000,

Per child per month Rs.1000

# Your contribution to Manovikas reaches to Mass for their Awareness



health and beauty studies, and hosp

tality and tourism.

About 400 media coverage in Local, National and International. newspapers, television, online media, radio, magazines, etc.

We thank you media for your specially to: AIR FM, Aaj Tak, Amar Ujala, Curriculum, Daily Bhaskar, Dainik Jagran, Delhi Age, Delhi Asian Age, Education Times, Educationcampus. com, Hindustan times, HT Live, Jagran City plus, Malaya Manorama, Millennium Post, National Duniva, NBT-Hello Delhi. News4Education. Pioneer, Punjab Kesari, Sahara TV, Shah Times, Study World, The Asian age. The Hindu, The Human Factor, The Tribune, Times of India, etc.













#### **MANOVIKAS INSTITUTE FOR HIGHER EDUCATION (MIHE)**

Under aegis of Manovikas Charitable Society

A-267, Surajmal Vihar, Delhi-110092 | Post Box: 9540, Delhi- 110095 Tel: 011- 2237 7771, 65422367 | Mobile: 9911107772 E-mail: mcs@manovikas.co.in | Web: www.manovikas.co.in



/manovikas.family

/ManovikasCC