

Annual Report : 2004- 2005



MANOVIKAS मनोविकास *Charitable Society*

MANOVIKAS COMPREHENSIVE REHABILITATION & RESEARCH CENTRE

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MANOVIKAS PRAYER

O God !
 You are Almighty,
 By Your Blessing,
 We can.....
 Light the Universe,
 Like a Holy Lamp,
 O God !
 Grace us,
 Strength us, Mind,
 Education & Health,
 Hence; We Can.....
 Become a,
 Excellent & Noble
 Human Being
 Thanks!

"Those with disabilities, who ironically have the greatest need of education, are the least likely to receive it. This is true of developed and developing countries alike"

Hegarty (cf. Ainscow et. al, 1995:131-146)

VISION:

“TO DEVELOP ADVANCED REHABILITATION MODELS”

So that every challenged person lives in a society with dignity, free from prejudice, stigma and discrimination.

MISSION:

Empower differently abled person, create opportunities for their personal, economic social growth so that they attain their rights of equality, justice, protection and care, and live as self-reliant & productive individuals in the society.

ACCREDITATION:

Manovikas Charitable Society is registered in India under the Societies Registration Act, XXI of 1860 (Registration No. S 36719 of 2000) and is established for the care of the mentally challenged persons, orphans, handicapped, deprived children and communities facing acute problems for a safe and reasonable living without distinction of caste, religion or nationality.

The National Trust for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities (Ministry of Social Justice and Empowerment, Govt. of India) has recognized Manovikas as a service institution under section 12 of National Trust Act, 1999; vide Registration No. 3314/AUT-CP-MR/2003.

MAJOR SUPPORTERS:

Home of Hope Inc.(HOH) a humanitarian voluntary organisation helping Manovikas Family for partial expenses of Special School, mid day nutrition of children and therapeutic services. HOH has given support to establish the Candle Making Project for the vocational training of children; they have also installed the Computer Based Speech Therapy unit in Manovikas.

The National Trust for the welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities (Ministry of Social Justice and Empowerment, Govt. of India) has supported the Respite Care project (Manovikas Independent Living Centre) under establishment of relief institution scheme since 2003. National Trust is also extending the support for Community Based Caregivers Training programme.

FROM THE DESK OF PRESIDENT



It is a pleasure to present this Annual Report, which reflects our growth as an organisation as well as presents to all of you our progress. The most agreeable aspect of the years progress is the love and affection that we have received both from our clients and the parents. What seemed previously un-surmountable and bleak colours has transformed into a dazzling rainbow... parents and those who live with us at our Independent Living Centre shine with the glow of life on their faces.

We have exceeded 5870 man-days of service in the year being reported. This figure includes the man-days of service at our Day Centre and OPD. When we compare it with the start of a few hundreds, it is indeed commendable.

We were also honoured by the fact that international organizations recognized our contribution to making the world a better place to live. Home of Hope USA has been a major benefactor and has supported and indeed, guided us in many of our ventures. Neelima S Bharwal, Anil Lal, Dolly Dham and Shilpi Manocha and their team have owned us up as a member of their extended family. Their backing and encouragement is very valuable to us all.

We were invited by the Bangladesh Pratibondhi Samiti to participate in the Regional Conference on Prevention of Childhood Disability at Dhaka. Brigham Young University, USA, invited us to their International Workshop on 'Law in the Public place – challenges and opportunities.' I was privileged to represent the organisation at both places. 'Concerned Action Now' CAN – a major organisation working on disability issues in New Delhi invited us to become a member of their Core Group that would work on spreading awareness about the benefits of Inclusive Education and work has started in right earnest. We have been invited by various other NGOs and our network is growing day by day.

An annual report is an opportunity to take stock and communicate and express thanks to all those who have reached out and touched lives with hope.

To every such hand that has touched and renewed hope and faith, a very big thank you.

Vikram Dutt
President

NISHKAM KARMA

'Bhagwat Geeta' inspire us to do 'Nishkam Karma' (Selfless Service) to attain goal of liberation. This is the strong summit of persisting our Manovikas Family. We care for the essential and elementary needs of the beneficiaries and we have faith in the cause and means and in God that's why the hot sun also become cool for us.

Manovikas is underdeveloped organisation having basic resources to meet the disaster of day-to-day life. We believe only and important thing in life is our Great Aim. This is God willing we are towards our aim and hopefully the day will come when our vision and mission will take the factual shape and Globally Manovikas Family would help may more challenged persons.

This is my pleasure to presenting you our nine '9' years of development through this Annual Report and let us says what we feel and feel what we say.

Children and members of Manovikas Family thanking you all for your kind support either voluntarily, financially, emotionally, sympathetically and professionally.....

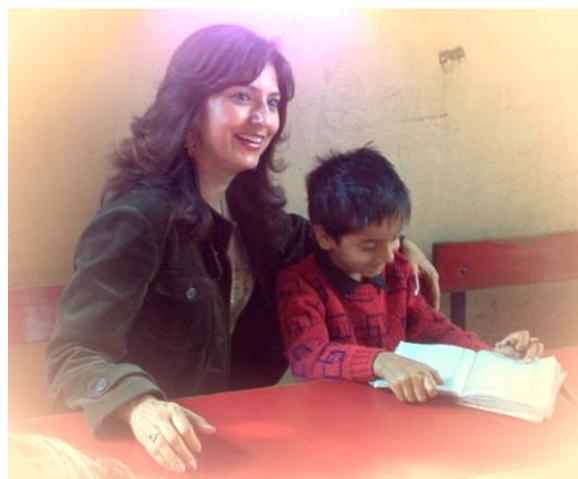
May God bless all.



Alok

v. A BRIEF ABOUT JOURNEY SO FAR

Manovikas Charitable Society was started in 1997 with a dignified vision and mission to serve the needy and challenged persons and it took the shape of Manovikas Comprehensive Rehabilitation & Research Centre. Within nine years of service we have reached and helped more than three thousands beneficiaries. Manovikas has proven a successful rehabilitation model due to its comprehensive approaches, multidisciplinary teamwork, parent-support system and wholehearted support of volunteers, donors, and well-wishers.



To facilitate all such ever increasing activities, Manovikas has also undergone a financial crisis and it was God's willing we found the supporters from Home of Hope Inc. USA, and The National Trust for the Welfare of Autism, Cerebral Palsy, Mental Retardation, Multiple Disability, Govt. of India. Their financial support is a backbone for strengthening Manovikas Family.

Every year more than 375 scholars students with special needs come from different part of slum and urban communities of Delhi and NCR for their special education, vocational training, remedial education, speech therapy, occupational therapy and medical treatment. Manovikas Independent Living Centre (Respite Care/Residential facility) accommodates maximum 20 students at a time and the students may stay from one day to a year for their training and special education.

We have got modern computer aided speech therapy unit, occupational and holistic therapy section with psychological intervention. The trained professionals facilitate all such therapies and programme. We have about 40 full time and part time expert professionals and staff to support more than 40 students everyday in special school, day and night care at independent living centre for respite care, and outreach programme at the community level. With the support of Home of Hope Inc.



we care for nutritional and hygienic care by providing mid-day milk and fruits for our children from the month of January 2005. We have started manpower development programme to train the caregivers for the community and home-based rehabilitation services from March 2005 and this course is being run under the scheme of National Trust, Govt. of India.

We have achieved a lifetime milestone to represent our country in Asian Pacific Region at Japan in 2001 for the vocational training and employment of person with disability. We have also participated in International Abillympics, Special Olympics, several National and International programme. We have strong networking and linkage with several other NGOs like Amar Jyoti, New Life Centre, Hope Foundation, Govt. Ministries and many others for the exchange of resources, cases, and facilities.



To achieve all such dreams we love to increase our family members and do hope this would be a successful instrument for our development. Our statistics and analytical reports show that every year we are providing 75% services without any charges i.e. free of cost for the needy people and poor families. All such huge expenses cannot be met out, without the support of our well-wishers and donors. We love to invite you to join this mission with your any kind of support.

At present we need the biggest support from all of you for getting the land and developing a world class rehabilitation centre, where all the equipped facilities will be provided to all the needy and challenged beneficiaries globally.

We pray together for the successful life of our each and every mentally challenged child, and the ultimate outcome would be submitted to the Almighty God.

vi. REPORT FROM MAJOR PROJECTS

A. MANOVIKAS SPECIAL SCHOOL:

Manovikas Special School was established in 1998. Main objective of the special school is to empower and undertake a proper assessment and diagnosis of each child and identify the psychological and therapeutic needs of the mentally challenged children who come from different communities. We assess the capacity of children and thereafter place them in different groups and grades. Our super specialized rehabilitation professionals and special educators manage behavioral problems and impart special skills self-help skills, and cater to the medical therapeutic needs of the mentally challenged children.



We extend and manage the educational and vocational needs and give special inputs for the improvement of the communication skills of each child through the computer based speech and communication therapy programme. Our educators and teachers are with desirable minimum qualifications prescribed and recognized by Rehabilitation Council of India, who are well attuned to the specific needs of such children.

Manovikas Special School provides special education, vocational training, different medical therapeutic services, sports, recreational and various activities. During the year 2004-2005 the following number of sessions at the rate of child days were extended for the challenged and other beneficiaries.

SERVICES	SESSIONS	SERVICES	SESSIONS
Special Education	4500	Vocational Training	1072
Speech Therapy	1215	Occupational & Holistic Therapy	941
Psycho-Therapy & Counseling	1116	Remedial Education	450
Out-Door activities	1227	In-door activities	1382
Sports & Games	1417	Music & Movement Therapy	1564

After graduating from the special school the children attain pre-vocational / skill refinement / vocational training and if the child is educable they join the National Institute of Open School programme or they are placed in the normal school in inclusive environment. During this year we have got the achievements by Inclusion of 5 children in Normal School in Inclusive / Integrated set-up, 11 transferred in pre-vocational / skill refinement / vocational training and 4 students have got admission in Open School for their academic development.

B. MANOVIKAS INDEPENDENT LIVING CENTRE (MILC)

Aiming at mentally challenged person's independent living in a community



since severe mentally challenged children and adults are so often in the custody of parents and teachers, they depend on them. Things are carried out not of their own will but attendants. They are weak in daily living skills of expressing themselves, communicating with attendants, and spending time creatively.

In view of the situation of these mentally challenged persons, Manovikas has started two major activities; i.e. independent living (IL) program and attendant care service (community based caregiver: programme) in Delhi in November 2003 and March 2005 respectively with the support of the National Trust for Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities, Ministry of Social Justice & Empowerment, Govt. of India. Manovikas belongs to the multidimensional rehabilitation professional Group which comprises the following diversified activities at MILC:

- **A residential care and respite care for mentally retarded persons and their family to experience independent living**
- A day care centre and special school for mentally challenged persons.
- A skill refinement training for the mentally challenged persons.
- Information Centre for Independent Living. The centre provides disabled persons with information they need, for example, schools, transportation and accommodation, etc.
- We are planning for a group of mentally challenged persons for mutual support. The activities include painting and running a small coffee shop etc.

Manovikas attendant care service is to assist mentally challenged persons in living independently, that is, to help with daily activities such as getting out of bed and going to bed, going to rest room and taking bath, and taking meals. Services are provided in principle from 7:00am to 11:00pm. In some instances, mentally challenged persons can get assistance to get out of bed, go to the bathroom, change clothes, have breakfast and mobility. Not only mentally challenged persons get the advantage of this programme but Independent Living Centre helps psychiatric disabled children who have difficulty in living in the family and community. The IL program is conducted for groups and individuals, to give challenged persons a chance to learn with peer tutor



C. SKILL REFINEMENT / VOCATIONAL TRAINING

Manovikas family had started the skill-refinement training programme for the development of vocational attitude and job skills for the mentally challenged persons in the year 2000. The trained vocational instructors and special educators provide training for development of eye-hand coordination, functional skills like money and time concept, work behavior, work related skills etc.



So far we have placed 71 mentally challenged persons in a particular vocation and employment. Apart from above training we provide the vocational training and on the job training in various trades- candle making, agarbatti making, paper masy, crafts making, caretaker, office boy etc.

D. EARLY INTERVENTION AND HOME BASED TRAINING PROGRAMME

Our prime objective is to serve the needy persons who don't have the means of any rehabilitation facilities. We are running the early intervention programme at our school set-up, by providing the early interventional therapies in the supervision of experts.

Our trained caregivers and rehabilitation experts, special educators provide the doorstep services. They visit the beneficiaries at their home and provide the required services. These beneficiaries do not have the economic resources as well as the transportation to visit the institutional services, thus they are unprivileged and Manovikas make them to be independent by all such services.



E. RESEARCH PROJECTS

We have done the research and developed the **special teaching aids** for the mentally challenged children. These special teaching aids are useful for the special education & occupational therapy of the children with mental retardation. The Rehabilitation Council of India had extended the support for this project. Research work on **Modular Employment** for the Mentally Challenged Persons is our ongoing project, 9 job modules adapted and 11 modules are under adaptation.

F. PUBLICATIONS

- Mental Retardation What, Who, When & How
- Special Teaching Aids for the Mentally Challenged Children [Part -1] A Manual for Trainers (project of the Rehabilitation Council of India)
- The Functional Assessment Device for Person with Severe Mental Retardation
- Checklist for the Land Mark Assessment of Children with Autism
- Job Analysis & Vocational Training methods of the 9 Jobs for the Persons with Disability
- Slides and Transparencies (Training Manuals)

G. COMMUNITY BASED CARE GIVER TRAINING PROGRAMME

We are commencing Community Based Care Giver Training Course, which is supported and recognized by The National Trust, Govt. of India. The main objective of this course is to reduce the stress and strain of family members who have persons with severe disability, in their desire to rehabilitate their disabled member within their own families.



The duration of this course is 6 months. Minimum qualification required to enrol in this course is 10th standard pass. Trainee will be given stipend of Rs 500/- per month during the training. After completion of this course caregivers will be able to increase the competencies of the disabled persons to continue to live within their own families and in their own communities.

H. 'SATH-SATH' : OUT REACH PROJECT ON INCLUSIVE EDUCATION

Manovikas is working on a project called "Sath-Sath", a project on Advocacy for inclusion of children with disabilities, in collaboration with 'Concerned Action Now' (CAN). This project is funded by 'Plan India'. For this project – inclusive education means that all students in a school, regardless of their strengths or weakness in any area, become part of the school community. They are included in the feeling of belonging among other students, teachers and support staff.

Primary objective of this project is to facilitate advocacy for inclusion of children with disabilities through education. In order to achieve this, consortium of voluntary organisations have been expanded and strengthened by building alliances and developing networks with local, block and state level government, other agencies, public sector undertaking, corporate sector, private and non-governmental organizations, professionals and persons with disabilities/other families in five states of India. This programme is divided into several phases like survey of stake holders and target groups, building the bridge between schools, society and target group, getting admission of target group in schools, follow-ups etc. Many activities are also conducted to make success this out reach programme, e.g. Survey, Identification, Awareness Campaign, Training, Counseling and Guidance, Training in Special Education, Networking, System Analysis, Providing Accessibility, Providing Aids and Appliances, Advocacy, Placement etc.



I. MEDICAL AND THERAPEUTIC SERVICES FOR HOLISTIC DEVELOPMENT

Medical Doctors and therapists are providing treatment and sessions for the children with special needs in Manovikas Special School and as well as at Manovikas Independent Living Centre. Health of inmates is regularly checked-up by Physicians in Allopathic and Homeopathic systems, apart from this psychiatrist, dentist, gynecologist, orthopedic, and pediatrician visit Manovikas on part time and call basis. The expert professional on daily basis also does regular nutrition and health monitoring of the inmates.

HOLISTIC THERAPY: It is a distinct system of healing based on its own philosophy of life and the supreme realization that there is a basic vital energy in the human body, which is responsible for the maintenance of health. Different mode of approach and integrated medicine, which includes magneto therapy, acupressure, acupuncture, electromagnetic therapy, sujok, marma therapy, pranic healing by tapping and activating the chakra which are energy centre of the body, activate body and mind. The children with delayed in milestones, cerebral palsy, autistic, muscular dystrophy and other disabilities get benefited from Holistic therapy and this is facilitated by experienced Holistic Therapist



With the support of Home of Hope Inc. we have got an equipped and computer aided **SPEECH THERAPY** unit with modern software and the qualified full time Speech Therapist provides therapy to the mentally challenged, hearing impaired, and multiple disabled children.



Equipped **OCCUPATIONAL THERAPY** unit for early intervention, Cerebral palsy, and Activity of Daily Living care facilitate therapies given to 6 months old to aged beneficiaries.

PSYCHO-THERAPY done by well trained psychologist and counsellors on regular basis. The parents, inmates, and out patients also get Counselling sessions and guidance for the rehabilitation. All kind of **TESTS AND ASSESSMENTS** are facilitated



for the psychological intervention, special education and basic rehabilitation.

MUSIC, MOVEMENT THERAPY, YOGA AND MEDITATION is done everyday. This is a regular and everyday program through the expert and audio-visual aids.

vii. ABSTRACT OF BENEFICIARIES 2004-2005

No. of Beneficiaries	Category of Display															
	OH		MR		VH		HH		LCP		Multiple Disabled		Others		Total	
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
i. At the start of the previous year	127	112	77 4	566	10	01	45	08	40	23	130	68	36	17	1,162	795
ii. Addition during the year	20	05	40 6	121	02	00	04	02	03	01	52	23	40	15	527	167
iii Dropouts	32	02	63	26	00	00	20	06	12	11	12	10	40	20	179	75
iv. Successfully completed	42	29	11 4	156	05	00	13	01	23	06	59	33	25	09	281	234
iv. At the end of the year	73	86	10 03	505	07	01	16	03	08	07	111	48	10	03	1,228	653
v. Out of (iv) above																
a. Residential	02	00	13 3	56	01	00	01	00	00	00	23	05	00	00	160	61
b. Non –residential	13	05	22 5	150	02	00	03	01	00	01	12	04	06	04	261	165

A. CLASSIFICATION OF PERIOD OF STAY WITH THE ORGANISATION:

i. Skill Development component (For Manovikas Independent Living)

No. of years stay	Category of Disability							
	OH	MR	VH	HH	LCP	Multiple Handicapped	Others	Total
Up to 1 year	01	06	00	00	03	02	00	12
1-2 year	00	04	00	00	02	03	00	09
2-3 year	00	03	00	00	01	01	00	05
More than 3 years	00	04	00	00	02	01	00	07

ii. School/training components (For Manovikas Special School)

No. of years stay	Category of Disability							
	OH	MR	VH	HH	LCP	Multiple Handicapped	Others	Total
Up to 5 year	01	26	01	01	26	05	02	62
From 5-10 years	00	08	01	01	05	00	00	15
More than 10 years	00	00	00	00	00	00	00	00

B. COMMUNITY BASED ADVANCEMENT / REHABILITATION PROGRAMME

Inputs on Coverage of the Programme

- i) No. of Slum / villages : 5
- ii) Area in sq kms : 12
- iii) No. of beneficiaries : 500

Core area of rehabilitative services

- i. Awareness Creation : 9
- ii. Education : 1
- iii. Training : 1
- iv. Rehabilitation : 2

C. ANNUAL IMPACT ASSESSMENT AT THE END OF TI

a. Total No. of Beneficiaries: 1228 (Male) + 653 (Female) = 1881

- (i) Those passed out of the Institution successfully : 515
- (ii) Promoted to next grade in the same organisation: 221

(iii) Pursuing further studies/care in other organisation : 125

(iv) No. of Dropouts 254

b. Total No. of Beneficiaries successfully trained and have left the Centre during the last 3 years :
(Vocational/skill development projects)

(i) Those who got employed and placements 36

(ii) Those who are self employed 19

D. DETAILS ON REMUNERATION FROM PLACEMENTS:

Preceding three years (e.g. entered)	Indicate the No. of Employed under each range of earnings from gainful employment/placements in Govt. or Private Sector			
	Below Rs 1000 pm	Rs 1000 – Rs 4000	Above Rs 4000	Total Beneficiaries
97-2002	10	08	01	19
2002-03	05	02	00	07
2003-04	04	06	00	10
2004-05	04	02	01	07

E. DETAILS ON REMUNERATION FROM SELF-EMPLOYMENT:

Preceding three years (e.g. entered)	Indicate the No. of Employed under each range of earnings from gainful employment/placements in Govt. or Private Sector			
	Below Rs 1000 pm	Rs 1000 – Rs 4000	Above Rs 4000	Total Beneficiaries
97-2002	03	04	02	09
2002-03	02	01	01	04
2003-04	04	02	00	06
2004-05	06	03	00	09

F. CASES ATTENDED : CATOGRYWISE

Male: 68%

Female: 32%

Urban Population: 27%

Slum Population: 56%

Rural Population: 17%

Below Poverty Line/Destitute/Orphan: 38%

Lower Income Group: 48%

Middle Income Group: 14%

Severity of Disability wise

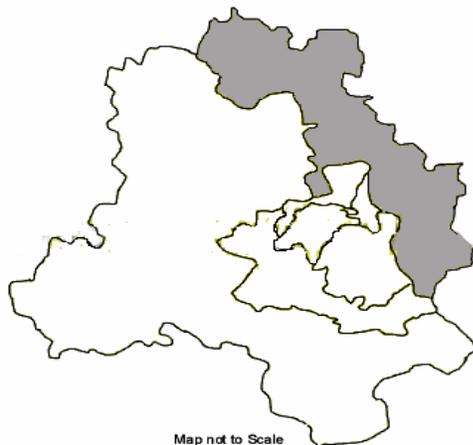
Mild Disability: 08%

Moderate Disability: 27%

Severe Disability: 56%

Profound Disability: 09%

G. MAJOR POPULATION COVERD IN DELHI



Our major beneficiaries concerned are from the Eastern part of Delhi (East Delhi) {Marked in the Map}, which covers two Districts of Delhi i.e. North East & East over all population 32,124,82 (17,63712 & 14,48,770 respectively) and the working area is covered 124 Square KM (60 + 64) and the density of population is 29,397 & 22,638 in North East and East District. The literacy rate in Delhi in general is 81.82%. We have the networking with more than 200 schools, 22 NGO's and voluntary organisations in all over India.

viii. PARTICIPATION WITH OTHER ORGANISATION

On 3RD MARCH 2004 children have participated in a **quiz competition** at INDIA HABITAT CENTRE organized by 'FOUR STEPS'. Our students Saurav, Yatin, Satvinder, Lalit had participated along with the special educator and psychologist Mrs. Indira and Ms.Vani.

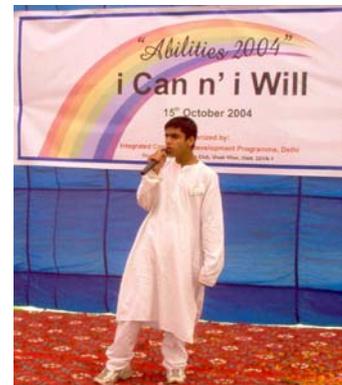
'**Abilities 2004**' was organized by 'NEW LIFE CENTER' a project of the Leprosy Mission at Lions Bhawan, Vivek Vihar, Delhi on 15th October 2004. Students Mansi, Ujwal, Gaurav, Manish, Sunny, Saurav, Priya, Kiranjeet, Kamaljeet and Neha had participated in the dance competition. Mansi received a special prize in fancy dress competition. 'She played the role of Phoolwali'. Saurav



received second prize in solo song competition. Manovikas had also received a prize for being the most punctual and active organisation. Staff members and parents had attended the programme.

Diwali Mela for the promotion of vocational skills and the sale of vocational products was organized by Amar Jyoti Charitable Trust

on 4th November 2004. Ms. Rajni, Mr. Karan, Ms. Varsha and volunteer Ms. Rachna with students exhibited the vocational products prepared at Manovikas by the adult students. Candles and agarbattis of Manovikas highly appreciated by the visitors.



ix. FREE HEALTH CHECK-UP CAMPS

On 6th June'04, 4th July'04 and 22nd August' 04, Free Mental Health camps were organized; the camp was successful as many people had attended and took the benefit of it. Special educator Ms.Geetu, speech therapists Mr.Manoj, and Mr.Anil Saxena, Orthotist Mr. Vijay Bhatia Occupational Therapists, Mr. Chandan Kumar and Dr. I. A. Niaz, Homeopathic Physician Dr. Alok Ranjan and the full-time professionals of Manovikas had attended the beneficiaries and prescribed the guidance, medical treatments,



admission guidance for special school and respite care etc. The camps started from 10 a.m. and continued till 6:00p.m. More than 2000 persons benefited from them.

x. AWARDS OF THE YEAR

This is well known to us that a mentally challenged person can be well trained through the rewards. It is a historic moment for Manovikas Family that we have started to facilitate the running trophies from this year and these running trophies had been facilitated on 20, March 2005 on Holi Utsav cum Annual Function of Manovikas. Trophies were given for the best performance and the quality to adopt specific skills of the particular students.

Sujata Maskara Memorial Running Trophy, which is sponsored by Mr. S.L. Maskara, in memory of his late daughter Sujata Maskra. She was a very pleasant lady and she has a mentally challenged son Gaurav Maskara. Gaurav has been nurtured and trained by his maternal grand parents and now he has become an independent person. This award is presented to the student who has proven to be Best Student in Academics and Functional Skills and presented to Manish by founder Executive Member Mr. M. C. Rustagi and trophy was announced by social activist Mr. Bhatnagar.



Running trophy for Best Student in Vocational Skills the Shobhanand & Deonrayan Memorial Running Trophy is courtesy by Mr. Kailash Mishra in the memory of his Late father Shobhanand Mishra and Father-in-Law Shri Deonarayn Jha who were the freedom fighters and they have a common history of participation in several social activities. Moreover Late Shobhanand Mishra had become a person with visual impairment at the age of 40 and he has achieved a great deal in helping the poor people in the remote village of Bihar. This award was presented to Kiran Jeet Nagpal by Mr. S. L. Maskra and Mr. J. P. Srivastav.

The Sai Running Trophy is sponsored by the Executive Member of Manovikas Mr. Vijay Bhatia for the Best Student in Social Skills. The award was announced by Mr. P.R. Chand Ex-Municipal Counsellor and presented by Mr. Vikram Dutt, to Manoj, who has proven the best student in social skills of Manovikas Family.



The cultural activities are more resourceful instrument for the mentally challenged persons. The Natraj Running Trophy for the Best Student in Cultural Activities which is sponsored by Mrs. Indira Alok, Special Educator of Manovikas and presented to Gaurav Dhawan. Award was announced by Mr. Dubey and presented by Mrs. Malika Dutt.

Mohammed Ali Memorial Running Trophy for Best Student in Sports Activities in the memory of late Md. Ali, who was a great writer, poet and journalist and the owner of printing press in Rangoon. He had written many novels and poems, one of his famous novel is 'Bahte Anshu' and 'Tabassum' is a famous collection of poems. This trophy is given courtesy



by Ms. Razia Hamid in the memory of her late beloved father. The trophy was presented by Dr. Alok Ranjan and Mr. Viajy Bhatia.

From the begning of Manovikas we never forget Late Indira Mathur, she was kind and lovable lady and liked by all kind of people who came across her, she was a devoted social activist for the people with disability. She was always a mentor for Manovikas and many other charitable institutions. Indira Mathur Memorial Running Trophy –Nightingale of Living Centre is being presented for Best Student in Domestic Skills. This trophy is sponsored by Mr. O.N. Mathur in memory of his late wife. Trophy was presented to Neha by Mr. Kailash Mishra and Mr. S.L. Maskra.



Valentine Running Trophy is facilitated in recognition of being Most Affectionate Student of Manovikas. This trophy is on the occasion of marriage anniversary of Alok & Indira, which falls on 11th February. This trophy was presented to Mansi by Mr. O. N. Mathur and Mr. Vikram Dutt.

Lal Advani Memorial Running Trophy for the Best Student of School is in memory of a great imminent activist in the field of disability and rehabilitation. Late Advani Ji was the founder of Blind Relief Association, Delhi. Though he was a person with visual impairment he never gave-up his inability to pursue his career. He has become so well known and remarkable personality in this field and became a pioneer in establishing the persons with disability Act 1995 and other Acts in our country. This award is a courtesy by Mr. Vikarm Dutt and presented to Saurav Aggarwal by Mrs. Rajia Hamid and Mr..... for the year 2004-2005.



xi. HOLI UTSAV



In the occasion of Holi, Manovikas Family Celebrated Holi Utsav on March 20, at Hansi Khushi Banquet Hall. Family members were welcomed by Welcome song / Hare-Ram-Hare-Krishna. The children were trained by the team of volunteers from Mothers Pride School, Anand Vihar. Welcome / Inaugural



Speech was given by the President Mr. Vikram Dutt. As our country with its great cultural diversity is very flexible and adaptable in choosing the modern system of life a dance on Vandey-Matram in modern style was presented by our students and Presentation about developments of Manovikas was given by Alok.

Other items of presentation were Piper of Hemline Play, Dance by Mansi and Karan, Facilitation of Staff, Quawali on Krishna-Sudama, Trophy Distribution, Holi Dance 'Holia mein Ure Gulal'.

Mrs. Razia Hameed gave Vote of Thanks on this occasion.



xii. AWARDS FOR THE STAFF

To accomplish and achieve the goal of our activities always, we need an open hearted support of the staff members of our family. We have been trying our best to equip our staff with all the comprehensive training and other facilities. From this year onward we have added one more chapter in our history to facilitate our staff for their best efforts extended towards the development and achievements for the challenged persons. For facilitating the



awards we have followed the professional approaches to evaluate the performances of the staff. Manovikas awarded for the Most Punctual & Prompt Staff to Mrs. Surender Kaur; Care Taker, award for the Most Responsible



Staff was given to Jitender; Cook in MILC, Ms. Rajni; Special Teacher was awarded for the Most Active Staff, for Most Affectionate and Most Dedicated Staff, award given to Ms. Vani, Counselor and Mrs. Indira, Special Educator respectively.



The entire awards were announced by our Executive and Most Dedicated Member Shri O.N. Mathur and facilitated by Smt. Malika Dutt on the occasion of Holi Utsav at Hansi-Khusi Banquet Hall on 20 March 2005.

xiii. SEMINARS AND WORKSHOPS

We were invited by the Bangladesh Pratibondhi Samiti to participate in the Regional Conference on Prevention of Childhood Disability at Dhaka. Brigham Young University, USA, invited us to their International Workshop on 'Law in the Public place – challenges and opportunities.' Our President Mr. Vikram Dutt was privileged to represent the organisation at both places.

On 19th June '04 Ms. Rajni and Ms. Vani went to National Museum with children to attend the workshop on Art & Craft. Children were taught there 'how to make a story book'. On 8th February '05. Ajay, Amrita, Saurav, Sunny of Manovikas with Ms. Vani and Mr. Karan had gone to NATIONAL MUSEUM OF NATURAL HISTORY for a workshop for Disabled children. This Workshop continued for 3 days. On final day there was a painting competition, in which Amrita got third prize.

On 8th February '05. Mr. Dharmender and the parents of Sunny and Akansha went to Hauz Khas for attending the Training Program about Disabled Children. On 26th November '04. Staff training program on mental disability was held for the staff members. Ms. Rajni, Ms. Vani, Mrs. Indira, Mr. Karan, Ms. Varsha, Mrs. Surender, Mr. Dharmender had attended it.

Parents Teachers Meeting is being held on Second Saturday of every month. Parents were informed about 'Hygienic Check-up, School Attendance and School Uniform'. Parents discussed problems related to children with respective teachers.

xiv. OTHER CULTURAL ACTIVITIES



Students celebrated Independence Day, Republic Day, and New Year at Manovikas. Cultural programme, fancy dress show, dances, plays were presented by students. At the end all the participants were given prizes.



Executive Members and Staff celebrated 'New Year Party' at Manovikas Independent Living Centre. Staff members Mrs. Indira, Ms. Rajni, Mr. Dharmender,

Mr. Karan and Ms. Vani played a 'skit'.

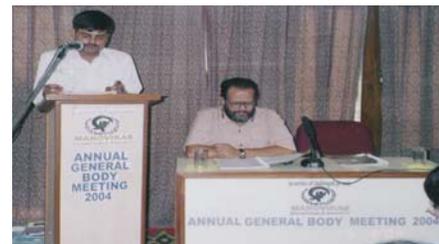
Hawan & Keertan was held on 18th April 05 on the occasion of Ram Navmi, Parents, staff and members participated.



xv. ANNUAL GENERAL BODY MEETING

General body meeting was organized on September 5, 2004 at Manovikas Independent Living Centre, A-156, Vivek Vihar-II, Delhi. All members were presented in this meeting personally and telegraphically. Members for The Executive Committee were unanimously selected. In addition Mr. S. L. Jain, Principal, Mahivir Sr. Model School, elected as the Vice-President, and Mr. O. N. Mathur, active volunteer of Manovikas family elected for the post of Executive Member. Ms. Razia Hamid and Dr. Pramod Mishra were selected as Co-opted member of the society. Meeting was presided by Col. H.C. Vyas and Mr. Vikaram Dutt. In this occasion many new member have enrolled in Manovikas Family.

Annual Report and Audit Report of the last year were presented by Managing Secretary, the action plan and budget for the next year was discussed among the members and it was unanimously passed.



xvi. SPECIAL OLYMPICS

Special Olympic Bharat, Delhi Chapter has selected Manovikas as a zonal coordination centre for the East Delhi, Trans Yamuna Zone. Manovikas has taken the responsibility of approximately 17 institutions of this zone to provide the information and resources for maximum participation of special athletes in Special Olympic. Manovikas family has participated and won the medals and prizes in the following events which have been organized by special Olympic Delhi Chapter in this year.

On 13th September'04. Regional Cricket match organized by Special Olympic held in C.B.D ground, Karkardooma. Aanchal, Aradhana, Amar jyoti, Govt. School, D.B.S, Srishti and Manovikas and other many special schools had participated in it.

Students participated in state cricket team competition for masters and senior at Jamia Millia University cricket stadium on 16th September'04. Our students had participated in this matches. Saurav, Gaurav, Yatin and Mohit from Manovikas were appreciated by medals and certificates. It continued for 17th September.



At Manovikas Special Olympic Bharat, Delhi Chapter organized a camp for the assessment of athletes for BOCCE in East Delhi Zone on 11th January 2005. Special Coaches assessed the athletes of Aanchal, Delhi Brotherhood Society, Amar Jyoti School, Srishti, Manovikas Special School etc. Shubham, Kiran, Manoj, Neha, Ajay,



Umesh, Amrita played for Manovikas. On 18th January'05 selected athletes were gone to 'Vasant Valley School' with Ms.Vani to play the final game of 'Bocce'. Many of athletes took part in 'March-Past'. 17th February'05. There was two days training camp and assessment of the children for Cricket was organized at Manovikas.

On 8th April 2005 Students attended Training Programme for Athletes with Trainees of Manovikas at Vasant Valley School. On 20th April 2005 students participated in 'MARATHON' at NOIDA stadium, which was organized by Special Olympic. Manovikas family has participated with Mrs.Indira, Ms.Vani, Mr.Karan. Our student Neha had got the third place and received a cheque of Rs.1500.

On 12th April 2005 'INSPIRE HOPE ATHELETICS MEET 2005' organized by Special Olympics at Vasant Valley School 8 Students from Manovikas have participated in this meet. Our athletes received 3rd prize in 50m Race, 4th prize in softball and 2nd prize in shot put.

xii. HOME OF HOPE GALLERY

1st March '04, Mrs. Neelam from U.S.A came here to visit MANOVIKAS. She had donated T-shirts to all students.

15th December '04, Ms. Rekha Gupta and Mr. Anil from H.O.H (U.S.A) came to visit Manovikas; they appreciated the activities that were going as in Manovikas.

31st January '05 In Manovikas Mrs. Anoop Judge had organized and sponsored a 'Birthday Party' of her son. Children enjoyed the delicious lunch altogether.

3rd FEB'05. Ms. Neelima Sabarwal came to Manovikas for Inspection; She is the member of HOME of HOPE (U.S.A). She met with the Staff members and took some snaps with children.

xviii. A FEW SUSUCCESSFUL ACHIVEMENTS



Supreet Kaur known as 'Smiley' joined Manovikas at the age of 10 yrs. She is the only child of her parents. She was crying continuously when she came for admission with her mother. She was unable to sit at one place and used to hit others due to her hyperactivities and problem behaviours. She never took interest in training activities. She used to tear papers, throw toys and hit others.

After the admission, she was diagnosed as an autistic child. Ms. Rajni, special teacher helped in managing problem behavior. After few months she started, sitting at one place for some time without any physical strain and showing interest in teaching activities. She has shown remarkable improvement.

Now she participates in-group activities. She can put on, and take off her dress for toileting, scribble, understands language and follow us. She play with ball, throw it, tuck buttons, pour water from one glass to another without spilling, recites poem.

Now she is able to adjust with children, teachers and family members.

Gaurav Sethi is 23 yrs. old special boy. He is spastic with mild mental retardation. His father is in the business of finance and mother runs a health club. He is a fair looking boy and very close to his parents. He was very stubborn.

Gaurav joined Manovikas Independent Living Centre (MILC) in April 2004, at the time of admission he came with his father and his cousin brother. His father told us about his problem behavior. He was violent, stubborn and used to beat his mother. His family members were very worried and simply didn't know what to do with the child.



After joining Manovikas his problem behavior started decreasing and he had shown interest in creative activities like Coloring, Dancing, Agarbatti making, Candle making and Spiral binding. After the management of problem behaviours, skill refinement

training, vocational training and counseling to the parents and family members he improved a lot and learned independent skills.

Within a short period he had joined back his family and started to help his brother in shop keeping.



Rizwan a boy from poor family joined Manovikas in 2002. His father is a rickshaw puller and mother does ironing to earn living. He took education in Govt. school for two years but due to his poor performance parents realized the need of Special School. At the time of admission he was shy in nature and couldn't do eye contact properly. Within two years of time he had great improvement. He learnt Addition, Subtraction, Reading - Writing English & Hindi words meaningfully. Now he has been placed in Amar Jyoti integrated School and doing very well in special section.