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Welcome Message from the President of Manovikas Charitable Society



Manovikas (literally, man ka vikas – expanding the horizons of the mind) is in the business of so doing! Thus, for our most momentous day so far, we chose the number 13 – Sunday, 13th January in the year '13 (2013). The day of our first Convocation for IGNOU certified students. The society at large used to say, 'oh these mentally retarded can do little or nothing.' Manovikas responded, "No way. They can make a mark..."

So, we launched, after much study and research, our Vocational Training Courses and applied to IGNOU for recognition as a Community College. The whole event bears re-telling. We were amongst over 175

organisations that were invited to make a presentation on why they should be recognised. Alok and I were near the bottom of the presentation list; and got our scheduled eight minute stint after six and a half hours of waiting for our turn.

The evaluators were tough – their comments so far had been exacting and challenging of the presenters. All the while, epitome of politeness. A retired Vice Chancellor and a serving full Professor. After less than two minutes of the Manovikas presentation, the former VC said, "Thank you Mr. Dutt." I was stunned, startled, aghast and possibly dismayed. 'Is this the end of the road for Manovikas?'

The learned gentleman saw, and correctly analysed my feelings. 'No, Mr. Dutt, you have got me wrong. I do not need to hear any more. This is what I have been waiting for since morning.'

And Manovikas, your community college, our joint endeavour with parents, community, sensitive faculty, corporate, government and individual supporters; and dedicated programme managers, WAS IN! A new chapter started being written.

So, with the help of academic dons from IGNOU, with encouragement from Dr. C. K. Ghosh (what a guy, and I want to publicly acknowledge him) and a leg up from my old friend and the then Pro VC of IGNOU, Prof. Ramanujam (himself a remarkable example of an excellent rehabilitated person), the exciting journey of higher education for the developmentally delayed, STARTED.

One rung higher up the ladder, is this convocation. Chosen on a date with the number 13: to combat ill-information and superstition. To showcase the achievements through sheer determination and doggedness, the possibility of both education and the associated earning from getting jobs. Economic rehabilitation, we believe, is the only habilitation of the developmentally delayed... Combating, and proving wrong, another incorrect perception of society.

Along the way, we were privileged that our efforts received wide publicity with both television and the written media talking about Manovikas and its students with great frequency. Excerpts would be available elsewhere in this publication... Ms. Babita, our Placement Officer – a volunteer, in the true spirit of volunteering – received the National Women Excellence Award from Women International

Network for 2011 for her efforts in creating awareness amongst potential employers about the merits of employing our IGNOU-certified students, and succeeding. Ms. Lin, our current VSO volunteer from Scotland, received it for 2012 her volunteering efforts with us.

Today, is the culmination of our first dream about higher education – to have the Convocation at a venue and with guests, normally associated with the best that society can offer. Thank you everyone for participating in the fulfillment of this dream.

Now, we are eyes down for our next dream. Greatly inspired by Prof. Ramanujam, we dare to dream of a University for the Developmentally Delayed. We look to civil society, to the corporate world, to the government and philanthropists to facilitate its fulfillment.

Lastly, a word about the support that we have received from our Boards. Stupendous. Amazing. Terrific. Out of this world. As is the dedication of our faculty; the participation of all the parents... I need to acknowledge some of them. Mr. Vidyarthi, the distinguished member of the Delhi Commission for Protection of Child Rights, Mr. Anil Bajpai, President of the East Delhi RWAs, Ms. Pubali Agarwal, Assistant Professor of Special Education, Ms. Radha Kumari a veteran from TISS, Col. H.C. Vyas formerly of the Army Educational Corps. Our parent representatives Mr. and Mrs. Taing – with spirit that every parent should be imbued with. Dr. Banik, my old colleague from the erstwhile Ministry of Welfare who now serves as the distinguished Director of the National Centre for Disability Studies at IGNOU and his able Deputy Director, Dr. Hemlata. Ms. Vini, the dynamic young PR chief and Mr. Bal Kishan, our designer. Our Principal, Ms. Sangeeta, the Principal of our school, Mrs. Indira Alok and the delightful Mr. Rishi, another example of remarkable rehabilitation who looks after our e-education. And so many more, especially Mr. Lalit, Mr. Kamal, Mr. Vijay Bhatia, Mr. M.C. Rustagi, who have been with us since inception. Others like Mr. Bayant Nagpal.....

Thank you all for making India realize that everyone has the potential to be a winner.

(Vikram Dutt) President

The Names of Students Awarded Certificates

Certificate in Basic Buiness Programme







Certificate in Hospitality Skills



















Saurabh Dutta

Subha Chhabra Shweta Taing





Mohit Sharma



Tushar Garg

Nitish Gaur



Abhishek Rana



Pranav Tomar





Dhruv Ahuja

Sunku Rupesh



Karan Gupta



Tanmay Aggarwal Tarun Narsani



Certificate in Retail Assistance Training Programme





Imanpreet Singh Kartik Khurana



Shantanu Roy





pj**8\$r pj8\$r ;gh r|sel**⊨ gSviuk ugha:duk ughaFkduk I rr~pyuk I rr~pyuk ;gh r|seæ gSviuk **'k¥ka**j eæ gSviuk4A

Meaning: Keep going, keep on going this is our mantra. Never stopping and never tiring, we keep steadfastly moving forward, is our motto.

Manovikas Family believes that imagination is stronger than knowledge - dreams are more powerful than facts - hope always triumphs over experience - love is stronger than death. When a new person comes to Manovikas, they surprisingly ask- how do you raise the funds for the work you do? Oh my God! They are mentally challenged, how are they able to understand?

In our society we make assumptions, ignore and interprete the silence of those with disabilities as lack of ability and weakness.

Our students with intellectual and developmental disabilities are exceptional. Yes, they need significant care and support (as we all do) but they can also study to higher education levels, can understand symbolism and respond from heart.

The philosophy of Manovikas is not to observe an objective fact of people with disabilities; we accept their subjectivity. All our students are important and potential citizens of the nation. At Manovikas, inclusion starts by accepting their choice, decision, participation, hope and love.

Since the inception of Manovikas, we had the idea of a college for our students and this is our 1st convocation. 31 students are receiving the certificate of their higher education today. They are also working in reputed companies. They lead happy and quality lives in society. This successful inclusion has been done through planned and specialized programmes at Manovikas. We dream inclusion with mainstream society. If we're in each other's dreams, we can be together all the time.

Now, the dream project is to set up university level education for our students with intellectual and developmental disabilities. We will keep going, will never stop and never get exhausted. We will keep steadfastly moving forward with your support. This is an invitation. Manovikas family welcomes you to join and contribute generously to this Disability Rights Expanding Academically Mainstream (DREAM).

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Alok

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Convocation 2013: a message from a student.



This is our Convocation, our special day. A milestone to be remembered with pride by us students, our family and friends, and all of Manovikas

staff and well wishers. Since January 2011, forty five students have successfully studied courses to learn about either the retail or hospitality trades, how to be an office attendant or about basic business skills. Yes, we are extraordinary students, we are very proud of ourselves and you should be too. We have tried, struggled, managed and been able to complete our higher education. We hope you enjoy sharing this special day with us.

Young people with intellectual and developmental disabilities are frequently denied chances to attain higher and vocational educational qualifications. Unique in India, Manovikas Charitable Society' promotes and provides opportunities for students, like us, with intellectual and developmental disabilities to study courses accredited by Indira Gandhi National Open University. The Community College where we studied is part of Manovikas' Institute of Further Education which uses the National Vocational Education Qualifications Framework and recognises prior learning through the National Institute of Open Schooling.

About a convocation.

Apart from it being our special day...what is a 'convocation'?. The word 'convocation' is derived from Latin. It means the calling together of a group of people for a special purpose.

At Manovikas Community College, this means a calling together of friends and family, college staff and important dignitaries for a formal ceremony to celebrate with us as we receive our special awards for the courses we have studied and completed.







GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI DELHI SECRETARIAT, I.P. ESTATE NEW DELHI-110113 PHONE : 23392020, 23392030 FAX : 23392111 D.O.NO.: OSO/(m1/35358)Dated : $g_7 - 12 - 20/2$



Message

I am glad to learn that the Manovikas Charitable Society is organizing First Convocation Ceremony on 13th Januaty, 2013 at New Delhi. A souvenir 'Achieve Success Believe' is also being brought out to mark this occasion.

I have been given to understand that the 'Manovikas Charitable Society' is engaged in attainment of higher and vocational courses of disabilities persons. I have been given to understand that it has been running few educational institutes and training centers at Delhi. The professional and vocational training centers have also been catering to the needs of needy persons putting up in the Capital City.

I convey my best wishes to the society for the success of its all endeavors.

Inda Detahet

(SHEILA DIKSHIT)

7



श्रीमती पूनम नटराजन ^{अध्यक्षा}

Mrs. Poonam Natarajan Chairperson राष्ट्रीय न्यास

स्वपरायणता, प्रमस्तिष्क घात, मानसिक मंदता एवं बहु-निःशक्तताग्रस्त व्यक्तियों के कल्याण हेतु

National Trust

for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities



सामाजिक न्याय और अधिकारिता मंत्रालय, भारत सरकार Ministry of Social Justice & Empowerment, Govt. of India



Message

Many congratulations for Manovikas Community College for organizing this Convocation Ceremony. This College is one of its kinds throughout India which has undertaken this unique work of providing opportunities for students with intellectual and developmental disabilities to study courses at the Indira Gandhi National Open University Community College using National Vocational Education Qualification framework.

I appreciate the efforts and steps taken by Manovikas for the empowerment of children and adults with disabilities. I extend my Best Wishes and Congratulations to the management and staff members for celebrating First Convocation ceremony.

I hope you can take this concept to all parts of the country. I know many organizations will be happy to follow your example if enough awareness is created.

I wish that Manovikas will continue to strive hard to maintain the spirit and to achieve the mission of the college.

Wish you all great energy to take this forward.

Juonem Nataryou

(Poonam Natarajan)



भारतीय कृत्रिम अंग निर्माण निगम (भारत सरकार का उपक्रम) सामाजिक न्याय एवं अधिकारिता मंत्रालय जी.टी. रोड, कानपुर – 209217

G. NARAYAN RAO B.Com, FCMA, FCS, LLB. Chairman & Managing Director

Director - National Handicapped Finance & Development Corporation

Ref. No. : CMD 2E 50



ARTIFICIAL LIMBS MANUFACTURING CORPORATION OF INDIA (A Government of India Undertaking) Ministry of Social Justice & Empowerment G. T. Road, Kanpur - 209217



Date : 17.12.12

Message

I am extremely delighted to note that MANOVIKAS CHARITABLE SOCIETY is organizing its first Convocation for 45 students with intellectual and developmental disabilities who have completed their study courses on retail, hospitality trade, office assistance and basic business skills from your Institute.

I firmly believe that every citizen of the country needs to contribute towards Empowerment of huge population of persons with Disabilities particularly people with intellectual disabilities, considered as poorest among poor, in our country.

The selfless service to people with intellectual disabilities being provided by MANOVIKAS CHARITABLE SOCIETY needs to be applauded by one and all.

On this occasion, I extend my compliments and greetings to all those who are associated with the network of MANOVIKAS CHARITABLE SOCIETY, and congratulate them for organizing this event and releasing a souvenir "Achieve Success Believe".

(G. NARAYAN RAO)



एम.बी.बी.एस., एम.एस. (ई.एन.टी.) नाक, कान व गला रोग विशेषज्ञ एवं सर्जन सदस्य, दिल्ली विधान सभा सदस्य, दिल्ली विकास प्राधिकरण सलाहकार, विश्व स्वास्थ्य संगठन पूर्व राष्ट्रीय उपाध्यक्ष, भारतीय जनता पार्टी पूर्व अध्यक्ष, भारतीय जनता पार्टी, दिल्ली प्रदेश पूर्व स्वास्थ्य, शिक्षा एवं कानून मंत्री, दिल्ली सरकार सचिव, डा. श्यामा प्रसाद मुखर्जी शोध अधिष्ठान





संदेश

यह प्रसन्नता का विषय है कि मनोविकास इग्नू सामुदायिक महाविद्यालय द्वारा मानसिक रूप से अक्षम लोगों को उच्च और वोकेशनल शिक्षा देकर उनके जीवन को एक नया आयाम दिया जा रहा है ताकि वह बेहतर जीविकोपार्जन के माध्यमों को अपना सर्के और एक सामान्य जीवन जी सर्के।

समाज में मानसिक रूप से अक्षम लोगों का जीवन अत्यंत ही संघर्षपूर्ण रिथति में है। ऐसे लोग जहाँ अपने दैनिक कार्यों को कर पाने में असहज महसूस करते हैं, वहीं उनके परिवारजन भी उनके इस कष्ट से अत्यंत परेशान रहते हैं। ऐसे लोगों के लिए मनोविकास इग्नू सामुदायिक महाविद्यालय एक नई आशा और नई किरण लेकर आया है। निःसंदेह यह एक महान कार्य है। महाविद्यालय का प्रकल्प अत्यंत ही चुनौतीपूर्ण है एवं समाजोत्थान की दिशा में अतिमहत्वपूर्ण है।

मुझे विश्वास है कि महाविद्यालय के निरंतर प्रयास से मानसिक रूप से अक्षम लोग भारी संख्या में लाभान्वित हो सकेंगे तथा अपने जीवन का निर्वहन उन्नत ढंग से कर सकेंगे। इस सात्विक प्रयास के लिए महाविद्यालय से सम्बद्ध सभी महानुभावों को बधाई एवं शुभकामनाएं देता हूँ। यह महाविद्यालय अपने इस पावन उद्देश्य में निरंतर सफलता की ओर अग्रसर रहे, इसकी ईश्वर से प्रार्थना करता हूँ।

शुभकामनाओं सहित,

Euger

(डॉ. हर्ष वर्धन)

कार्यालय एवं निवास : ई-8ए/14, कृष्ण नगर, दिल्ली-110051 दूरभाष: 22096894 वेबसाइट : www.drharshvardhan.com, ई-मेल : drhrshvardhan@gmail.com



Embassy of the United States of America

Public Affairs Office American Center 24 Kasturba Gandhi Marg New Delhi-110 001

December 10, 2012

Message

Your letter of December 1 to Ambassador Powell was forwarded to me for a response.

I wish to convey my congratulations on your organizing the first convocation for your institution. I am glad to see that so much attention is being paid to providing opportunities to youth with intellectual disabilities.

I congratulate you and your organization on your efforts to promote this in India. I wish you luck in your endeavors.

Sincerely,

n.h~

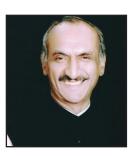
Natalia Susak Assistant Cultural Affairs Officer

JAI PRAKASH AGARWAL Member of Parliament (Lok Sabha) CHAIRMAN House Committee Lok Sabha



Off. : 141, Parliament House, New Delhi-110 001 Tel. : 23034719, 23019598 Fax : 23019598

Resi. : AB-95, Shahjahan Road, New Delhi-110 011 Tel. : 23388288, 23388188 Fax : 23388187 5th December, 2012



Message

I am happy to learn that Manovikas Charitable Society (Regd.) is going to publish a Souvenir 'Achieve Success Believe' on the occasion of Convocation day.

I wish Manovikas Charitable Society (Regd.) success in all its endeavours.

I am sending my greetings to all its members.

(J.P. Agarwal)





D.O. No. 229 BADS (VS) M88/12

राज्य मंत्री, युवा कार्यक्रम एवं खेल (स्वतंत्र प्रभार) और रक्षा राज्य मंत्री, भारत सरकार MINISTER OF STATE FOR YOUTH AFFAIRS & SPORTS (INDEPENDENT CHARGE) AND MINISTER OF STATE FOR DEFENCE GOVERNMENT OF INDIA

1. 1 : दिसम्बर 2012



Message

Thank you for your kind invitation to attend Manovikas Community College's first convocation ceremony as a distinguished guest on 13 January 2013 at 2.00 pm at the India International Centre,40 Max Muller Marg, New Delhi.

I wish the Convocation Ceremony all success.

(Jitendera Singh)

401, 'सी' विंग, शास्त्री भावन, नई दिल्ली 110 001, फोन : 91-11-2338 1185, 2338 6520, फँक्स : 91-11-2338 1898 401, 'C' Wing, Shastri Bhawan, New Delhi-110 001, Telephone : 91-11-2338 1185, 2338 6520, Fax : 91-11-2338 1898 वेबसाईट/Website : http://www.yas.nic.in, ई-मेल/E-mail : jsingh.mos@gmail.com Prof. M S Swaminathan Member of Parliament (Rajya Sabha)



503, Brahmaputra Apartments Dr. B.D. Marg New Delhi - 110 001. Tel: 011 - 2376 6897 E-mail : swami.ms@sansad.nic.in

December 12, 2012



Message

I congratulate all connected with the Manovikas Community College on the occasion of the convocation. Community colleges are the need of the hour since their major aim is to empower the community with new knowledge and skills. They also help to convert the concept of Right to Education into reality by reaching the un-reached and voicing the voiceless. I wish the Manovikas Community College continued success in the important work it has undertaken.

M.P. Rurentathan

(M.S SWAMINATHAN)

वाई.एस.के. शेषु कुमार Y.S.K. SESHU KUMAR



पूछ. ही. एस. विशेष कार्याधिकारी (3))2)) 2. मानव संसाधन विकास मंत्री भारत सरकार OFFICER ON SPECIAL DUTY TO MINISTER OF HUMAN RESOURCE DEVELOPMENT GOVERNMENT OF INDIA

7th December, 2012

Message

Please refer to your letter dated 1st December, 2012 inviting Hon'ble Minister to be the **Distinguished Guest on the occasion of first Convocation of Manovikas Community College on 13th January, 2013 at Indian India International Centre, New Delhi.**

It is regretted that Hon'ble Minister will not be able to attend the said programme due to his other important pre-occupations.

However, Hon'ble Minister conveys his best wishes for the success of the programme.

With regards,

Yours sincerely,

15

(Y. S. K. Seshu Kumar)

Shastri Bhavan, New Delhi-110 115 Phone : 91-011-23387085, 23782387, 23782698, 23385055, Fax : 91-011-23382365 Chris Sims Head of Joint Policy Advisory Group





Message

It is a great honour for me to be asked to send a message of congratulations to the students, faculty and members of the Manovikas Institute of Higher Education on this special day, and to celebrate your achievements with you.

Institutions like Manovikas are a source of great inspiration for me personally. Ensuring that everyone, no matter what their background, can access training and education, is a goal close to my heart; and the work of Manovikas is an essential part of achieving that goal. The ethos of the organisation — its belief in the potential of everyone to achieve their learning goals if they have the right support is something I wholeheartedly support.

For every one of us, learning is a journey. We may have a clear destination in mind, or we may be happy to discover the destination as we go along. The first step may come naturally and easily to us, or it may take us some time to find the path that we want to tread. But whatever the journey looks like, it is one that everyone has a right to tread, and one where every step along the way can bring us new joy and discoveries.

The journey can also be a difficult one. We may experience obstacles; we may get discouraged; there may be people who tell us we can't go the distance. That's why every stage along the road should be celebrated, because those obstacles have been overcome. Learning is a great achievement and one that deserves the heartiest of recognition.

Of course, none of us travels the journey alone: we need the support of our teachers, our peers and our family if we are to reach our learning goals. So a celebration of learning achievement should rightly be shared with them too. Some of them will be at the Convocation to share the day with you; some may not be able to. But they all deserve our thanks.

Your learning will stand you in good stead: it will open new doors to you and let you continue to even more exciting destinations. But you are not the only ones who will benefit. Through your skills and knowledge, you will have the opportunity to make a difference to other people and to support the development of India's economy; and through your successes you can inspire others to follow your lead. So this message is as much to say "thank you" as "congratulations".

Enjoy your day and I wish each and every one of you success and happiness in the future.

(Chris Sims)

DR. B.P. YADAV M.B.B.S., M.S.(ORTHO), D.P.M.R.(DENMARK)

CONSULTANT IN : PHYSICAL MEDICINE & REHABILITATION & ORTHOPAEDICS

- **RECIPIENT OF** NATIONAL AWARD For THE WELFARE OF PEOPLE WITH DISABILITIES
- PRESIDENT (P) INDIAN ASSOC. OF PHYS. MED. & REHAB.
- S.T.C. WORLD HEALTH ORGANIZATION CHAIRMAN (P)
- REHABILITATION COUNCIL OF INDIA (Ministry of Welfare, Govt. of India)
- FOUNDER CONSULTANT OF THE DEPT. OF PHYS. MED & REHABILITION OF SAFDARJUNG HOSPITAL, NEW DELHI 8

REHABILITATION & ARTIFICIAL LIMB CENTRE OF A.I.I.M.S., NEW DELHI

Message

I am highly obliged to receive your letter inviting me to attend the first 'Manovikas Community College's Convocation Ceremony'.

It is a matter of pride that through your persistent efforts, hard work and skill, you and your team have solved a most challenging problem of the country and have shown that mentally challenged population can join the mainstream of education by persistent and skillful efforts.

I pray to God to bless you and your team with more success and guide others to open more such colleges.

With best wishes.

Yours faithfully,

RTAN

(Dr. B. P. Yadav)

1/1, SARVA PRIYA VIHAR NEW DELHI - 110 016 TELE.: 26523249, 26523250 MOBILE : 9810556675

DATE 12-12-12

Towards equality and full participation





Message

At the outset I wish to congratulate you for setting up Manovikas Institute for Higher Education which is going to have its first convocation on 13th January' 2013. It certainly is a positive step towards encouraging the people with intellectual and developmental disabilities. Your institute has been doing a commendable job for the last many years. I am sure your endeavour will be a big success.

It would be an honour for me to be present at the first convocation and meet the achievers.

God bless.

Yours Sincerely,

huna mh.

(Dr. Uma Tuli)



Ratan N Tata Chairman



Message

Thank you for your letter of December 1st and for the information on Manovikas Charitable Society.

I appreciate your inviting me to be your distinguished guest at the first convocation of the Manovikas Community College to be held in New Delhi on January 13th.

Please do convey my good wishes to the students and faculty on this occasion.

With regards,

Yours sincerely,

Racan J. Inta

Ratan N. Tata

€

दिल्ली मेट्रो रेल कॉर्पोरेशन लि० DELHI METRO RAIL CORPORATION LTD.

(भारत सरकार एंव दिल्ली सरकार का एक संयुक्त उपक्रम) (A JOINT VENTURE OF GOVERNMENT OF INDIA AND GOVT. OF DELHI)

मगू सिंह प्रबंध निदेशक MANGU SINGH MANAGING DIRECTOR



Message

I find that the Manovikas Charitable Society is indeed doing a wonderful job in bringing out the latent talents in the marginalized members of the community, making them professionally competent to handle jobs which, in the normal course they were denied access to.

It is seen that the Manovikas Community College not only helps in providing professional competence to young people, but also to undergo study courses at the Indira Gandhi National Open University Community College, a very laudable objective in itself. The society, the faculty members of the college and all of you deserve accolades.

Let me take this opportunity to wish the Manovikas Charitable Society success in all their endeavours and to the young people who will get their due recognition during the Convocation ceremony.

With regards,

Yours sincerely,

2341-8310 2341-8311 (Fax)

Mangu Singh

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Anand G. Mahindra Chairman & Managing Director



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Message

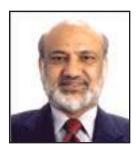
Thank you for your kind invitation to be a guest at the first convocation ceremony of the Manovikas Community College on January 13th, 2013 in New Delhi. I am honoured that you have thought of me.

Your organization is performing yeoman service to society and I would have enjoyed attending the convocation to encourage your students.

(Anand G. Mahindra)

Dr. Adarsh Kishore Chairman Axis Bank 'Badarika'

Behind Railway Officers' Colony Near Jagatpura Railway Station Jaipur-302 025 Mobile : 9799477111 Tel. : (R) : 0141-2750305



Message

Thank you very much for your letter of December 1, 2012 inviting me to attend

'Manovikas Community College's Convocation Ceremony' on January 13, 2013.While I am grateful and honoured to have received the invitation, I am afraid, I will not be able to attend on account of my other pre-occupations at that time. Much as I would have liked to be with you and students on this occasion, I am unable to do so. My blessings and good wishes are with you and the children.

(Adarsh Kishore)



CITY MONTESSORI SCHOOL, LUCKNOW

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World's largest school with over 44,000 students as per Guinness World Records and Recipient of the year 2002 UNESCO Prize for Peace Education



Message

I am thankful to you for your invitation to the convocation of your university on January 13, 2013 when degrees will be conferred on 45 students who have completed their courses on retail, hospitality, trade, office assistance and basic business skills at your institute.

The completion of these professional courses is as much an achievement of the students as it is of your university. Now these students will look forward to work in lucrative professions in the country or overseas. I agree with you that you have achieved a milestone with the completion of courses of 45 students.

I feel that your invitation is an honour for me and that too for the convocation of the above professional courses, but I will be busy with my own school programme on January 13, 2013. Therefore, I feel sorry to express my inability to participate in the convocation programme. I send you my best wishes for the success of the convocation. I also take this opportunity to reciprocate your New Year greetings, wishing you a very happy and prosperous New Year. With kind regards,

(Dr. Jagdish Gandhi)



Nominated Member from Indira Gndhi National Open University on Manovikas-IGNOU Community College Board



Message

I congratulate Manovikas Graduates on their proud Convocation !

It is a matter of pride and inspiration for Persons with Disabilities to note what the students of Manovikas have achieved through hard work,education and perseverance to empower themselves.

I wish Manovikas to continue its purposeful journey with more vigour and confidence!

Prof. P. R. Ramanujam Professor of Distance Education Former Pro Vice Chancellor INDIRA GANDHI NATIONAL OPEN UNIVERSITY



RWAS FEDERATION DELHI (EAST)[®]

REGD. OFFICE : 79, RAM VIHAR, DELHI-110092 2:011-42518379

V. N. BALI SPOKESPERSON 011-42518379 9910069699



Message

There is a leader, a genius and an innovator in everyone. With will, determination and imagination everyone can achieve his or her true potential. This is very succinctly summed up in the motto of Manovikas," Yes, I can".

The first convocation is always a watershed event for any institution of learning. It establishes a benchmark for all future hopes, aspirations and ambitions. For an institution like Manovikas, which aims to empower those with disabilities, the first convocation signifies a window into ongoing, daily achievements. As the first batch of graduates leave to start the next, new chapter of their lives, the institution's faculty, staff and students can confidently say" yes, we have ".

Going forward, it becomes important to keep striving for more partnerships and better understanding in society for those with disabilities. The country has a long road to travel towards inclusiveness and realizing equality- not just in rights and opportunities- but in dignity for those with disabilities. With education, training and understanding it is important to inculcate the idea that disability is not inability.

It is my hope that the first batch of graduates will help Manovikas take these ideas forward into the larger public discourse in Delhi, in India and beyond. The first convocation marks an important step in the larger dialogue.

While the Governing Body, faculty, staff and students of Manovikas deserve the heartiest congratulations this day, gratitude is also owed to all partners – individual, government, non- government, corporate, institutional, national and international.

With best wishes for a bright future,

(V. N. Bali)



Dr. (Mrs.) Vijaya M. Taing Governing Member Manovikas Charitable Society



Message

"Yes I Can"

To live with pride and dignity is not only the right of able but the disabled or differently able too.

To dream about creating such a platform in the mainstream with sincerest feelings and reinforcement, has been the tremendous achievement of 'Manovikas Community College'.

Disability was a feeling all along for ages that was termed as "You Can Not". It has been converted to "Yes I Can" by the Manovikas community college today.

We must salute the staff, faculty and entire team of Manovikas for this commendable effort.

(Dr. (Mrs.) Vijaya Taing)



Mrs. Nirmal Bhandari Vice President

It is appreciable that Manovikas has been working for development and, inclusion of people with developmental disablities towards their livelyhood.

I convey my best wishes for the students and Manovikas family.

None la

(Mrs. Nirmal Bhandari)

Lalit Narayan

MOT (Pead.), M.Sc. (Psycho.), B.Ed. (SPL. MR) Governing Member of Manovikas Charitable Society

I am sure that "Manovikas-IGNOU Community College and 'Manovikas Charitable Society' will continue to impart quality education of persons with intellectual disabilities. This society is excellent in ensuring the proper care and all round development of students.

I wish whole team members all success in their endeavour to celebrate the '1st convocation.

halt

(Lalit Narayan)



Manoj Kumar Nirala MBA, BHLS Sr. Speech Pathologist and Audiologist & Business Executive Programme Sector Representative Member on College Accademic Board



Message

On this joyful occasion, I extend my heartfelt congratulations and felicitations to all students who have successfully studied. I am also wishing all the best to their distinguished parents and guardians as well as for the faculty and the management of the MCC.

Convocation is indeed, a landmark event for the achieving students, I do believe that MCC has continued its endeavor to young people with intellectual and developmental disabilities, vocational educational skills of its standards.

I am aware about Manovikas since its inception. This institute has been playing an important role in imparting to attain higher and vocational educational qualifications to young students with disabilities. Recently various important steps have been initiated to strengthen further a number of measures related to study courses etc. at the institute. It has already become a renowned unique institute in the country and I am confident, over the years it will develop further into a centre of excellence of international standard.

I wish Manovikas Family all the success on this wonderful occasion.

May'Ninale

Manoj Kumar Nirala



Inclusion and Equality for All

VSO India is a not - for - profit organisation committed to engaging with issues of poverty and social exclusion. VSO India believes in the strength of the individual as an important element of change and encourages the spirit of volunteerism as a means to take forward development goals in areas of health, education, livelihood and disability. The organisation focuses on marginalised communities like Dalits, tribals, women, Muslims and people with disabilities and aims at empowering these communities to overcome issues of exclusion and access. It currently works in five states and will spread out over ten states by 2017.



If you would like to contribute, kindly send in your cheques in favour of 'VSO India Trust' to the address below.

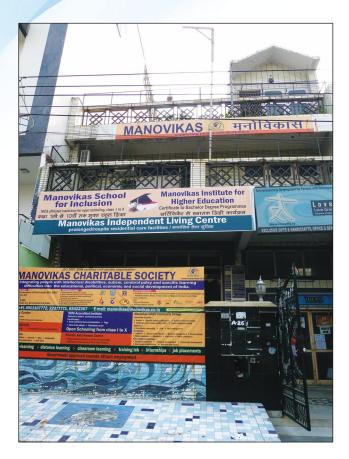
All donations are exempted under section 80G of the Income Tax Act, 1961.



VSO India

Dimple Educational & Charitable Society Building 2nd Floor, Gate 14, C-8, Vasant Kunj, New Delhi 110 070, India t: +91 (11) 4668 1501 - 08 | f: +91 (11) 2613 3157 Visit us at www.vsoindia.org | Email us at infovsoindia@vsoint.org Follow us on f www.facebook.com/vsoindia and y www.twitter.com/VSOIndia

Manovikas Charitable Society: a history





In 1997 a small school for a few young children with intellectual disabilities was set up in East Delhi along with a hostel to care for young people with intellectual disabilities: the Manovikas Charitable Society was established. By 2006 the school and hostel had outgrown its premises and the Society with its services for people with intellectual disabilities moved to its present building.

At this time philanthropist Mr. Anil Lal, from USA, visited us and was impressed; and owned us up. Followed by Home of Hope USA of which he was co-founder, making us a beneficiary. Since that time Manovikas has expanded and developed its educational services and at the beginning of 2011 was able to launch the Community College with courses in retail, hospitality, basic business and office attendance for people with intellectual disabilities and students studying professional courses. Today this college is part of the new Institute of Further Education along with an Indira Gandhi National Open University Study Centre which supports many students studying diploma and associate degrees.

All the Community College courses have accreditation with Indira Gandhi National Open University. The School for Independence has developed out of the initial school started in 1997. It continues supporting younger pupils to move into mainstream education assisting some hostel residents to become more self sufficient. Manovikas is particularly concerned to support all their students to be more independent. Manovikas Charitable Society also tries to help four poorer communities by providing education to college students in east Delhi.

A Profile of Manovikas Charitable Society

Manovikas Charitable Society is a civil society organisation focusing on supporting young people with intellectual disabilities and people with Autism and Cerebral Palsy. It provides a comprehensive rehabilitation service assuring qualitative changes in the lives of the beneficiaries.

The Society's vision

A future where each and every individual or group of people with disabilities is able and free to participate in all spheres of society based on internationally recognised human rights standards and values.

The Society's mission

Manovikas Charitable Society aims to integrate people with intellectual disabilities, Autism and Cerebral Palsy into the political, economic and social development of India by:

- Providing educational support to increase people's independence for employment and to offer encouragement to become productive members of society.
- 2. Advocating for appropriate government policies.
- 3. Supporting and encouraging society to understand disability and promote equity.



Activities and Projects

Manovikas School for Inclusion

An inclusive learning community: a caring, secure, stimulating and happy environment where everybody is valued and respected and where high standards of achievements and behaviour are sought and recognised.

Manovikas Independent Living Centre

Promotes 'living independently and as part of a community'. Provides counselling and training for family members, supports respite care, foster families and day care services.

Saath-Saath (community based rehabilitation)

Supports sustainable employment opportunities for people with disabilities in four of Delhi's slum areas.

Manovikas Institute of Higher Education

Acknowledged as a Master Trainer for teachers working with children with intellectual and other developmental disabilities and provides training programmes for manpower development in rehabilitation special education and civil society development.

Manovikas-IGNOU Community College

A college registered with Indira Gandhi National Open University where students with developmental disabilities and teachers, parents and others interested in working with people with disabilities can study noncredit courses, certificates, diplomas and associate degrees. using a flexible modular pattern of study.

Study Centre of Indira Gandhi National Open University

Provides Bachelor degree courses in social work and other diploma and certificate courses.

RCI recognised programme

Provides teacher training, early intervention and care giving courses.

A Profile of Manovikas Charitable Society...continued Accredited Institution of the National Institute of Open Schooling.

Provides certificate and diploma vocational courses, secondary education and Open Basic Education.

'Sahyogi' Manovikas Family Caregiver Service Programme:

Trains and supports people to be carers and establishes a strong service support system for the family and individual with special needs.

Research, publications and publicity:

Research undertaken by the Society fosters understanding of current approaches to rehabilitation and inclusion, while newsletters and other publicity raise awareness of the society's work amongst parents, members and



the wider community.

Funding and support:

- Home of Hope Inc. has sponsored the School for Inclusion since 2001.
- The National Trust supports the Independent Living Centre under the Samarth and Sahyogi Scheme since 2004
- The Rehabilitation Council of India gives small grants for the Continuing Rehabilitation Programme since 2007
- Voluntary Service Overseas: supports the college and livelihoods programme since 2009.
- The Hans Foundation: contributed to the 'Love Arts' shop in 2010.
- Indira Gandhi National Open University provides expertise and funds for courses at the Community College since 2010.
- Accenture: through its corporate social responsibility scheme supports the Sath Sath programme.
- Local and international philanthropists donate both financially and in kind.





Governing Boards and Members of Manovikas Family:

Members of the Board of Manovikas Charitable Society

President Mr. Vikram Dutt Vice-President Mrs. Nirmal Bhandari Vice-President Mr. Anil Bajpai Managing Secretary Dr. Alok Kumar Bhuwan Governing member Mr. M.C. Rustagi Governing member Mr. B.C. Chaudhary Governing member Col. (Retired) H.C Vyac Governing member Mr. Vijay Bhatia Governing member Dr. Lalit Narayan Governing member Mr. Kamal Nayan Vishwakarma Governing member Mr. Harish Gupta Governing member Dr. Vijaya M. Taing Governing member Mr. Bayant Nagpal

Manovikas IGNOU Community College Board

Chairperson Mr. Vikram Dutt Nominated member of IGNOU) Professor. P.R. Ramanujam Governing member Dr. Alok Kumar Bhuwan Governing member Mr. Kamal Nayan Vishwakarma Governing member Mr. Bayant Nagpal Nominated teacher Mrs. Indira ALok Nominated teacher Dr. Lalit Narayan Industry representative Mr. Harish Gupta Local community representative Mr. Anil Bajpai Local community representative Mr. M.M. Vidyarathi Local university representative Mrs. Pubali Aggarwal Principal Mrs. Sangeeta

Manovikas IGNOU Community College Academic Board

Chairperson Mr. Vikram Dutt IGNOU nominee Dr. Arun Banik Member Dr. Alok Kumar Bhuwan Industry representative Mr. Loveneesh Ahuja University representative Ms. Achint Arora Regional university representative Mrs. Rakshanda Jalil Community representative Mr. Shiv Kumar Tyagi Local administration representative Mr. Atul Shrivastava Community leader Mr. V.N. Bali Community leader Mr. R.S. Yadav Principal Mrs. Sangeeta Programme sector representative Mr. Manoj Kumar Nirala Programme sector representative Mr. Ashutosh Kumar Programme sector representative Mr. Om Prakash Programme sector representative Mrs. Geetu Dhawan

Manovikas IGNOU Community College Examination Committee

Chairperson Mr. Vikram Dutt IGNOU nominee Dr. Hemlata Member Dr. Alok Kumar Bhuwan Nominated member Mrs. Pubali Aggarwal Industry representative Mr. Ravi Garg Programme sector representative Col. H.C. Vyas Programme sector representative Mrs. Indira Alok Principal of the College Mrs. Sangeeta

Governing Boards and Members of Manovikas Family.....continued

Manovikas School for Inclusion Board Members

Chairperson Mr. Vikram Dutt Secretary Dr. Alok Kumar Bhuwan Principal Mrs. Indira Alok Educationist Dr. (Mrs.) Vijya M. Taing Senior teacher Mrs. Sangeeta Clerk Mr. Kumar Dharamjeet Singh

Manovikas Independent Living Centre Board Members

Chairperson Mr. Vikram Dutt Secretary Dr. Alok Kumar Bhuwan Governing member Mr. Kamal Nayan Vishwakarma Warden Mrs. Indira Alok Guardian representative Mr. Bayant Nagpal Guardian representative Mr. Kartar Saini Mentor from society Gr. Capt. K.K. Sharma Community representative Mr. Rajeev Ranjan Consultant member Dr. Alka Ahuja Caregiver representative Mrs. Seema Jain

Love Arts Board Members

Director Mrs. Indira Alok Governing member Mr. Harish Gupta Parents representative Mr. Subhash Taing Parents representative Mr. Mahesh Kumar Gupta Member from school Mrs. Seema Jain Beneficiary representative Mr. Manuj Jain Professional advisor Dr. Alka Ahuja Technical advisor Mr. Hitesh Dhawan Business advisor Ms. Achint Arora







The Teaching Staff at Manovikas School and College

Consultant teaching members

Rehabilitation and Disability Mr. Vikram Dutt; Dr. Alok Kumar; Ms. Arti Arora; Ms.Gauri; Ms.Geetu Dhawan; Ms. Indira Alok; Ms. Isha Verkey; Mr. Kamal Nayan V; Ms. Namrata Amar; Ms. Rajesh Trivedi; Ms. Rubi Kumari Nirala; Ms. Sangeeta; Ms. Satyanarayan Nai; Mr. Shamim Khan Social work Ms. Radha Kumari; Ms. Nirmal Chabra; Ms. Garima Kumari; Mr. Om Prakash Choudhary; Ms. Mansi Arora; Mr. Navneet Kumar; Mr. Rajeev Narayan; Ms. Maheshwari Choudhary Management Mr. Bhupendra Tiwari; Mr.Harish Gupta; Mr. Kundan Kumar; Mr. Lovneesh Ahuja; Ms. Mansi Arora; Ms. Poonam Singh; Mr. Rishi Buttan; Ms. Shunali Mahajan; Ms. Sujata Sharma Psychology Dr. Alka Nizami; Dr. Ashutosh Kumar Santosh; Dr. Deepak Gupta; Ms. Pooja Verm; Dr. T.B. Singh; Ms. Vani; Mr. Karamvir Singh Health and Human Services

Mr. Inderjeet KumarDr. Lalit Narayan; Dr. Manoj Kumar Nirala; Dr. N. Srivastava; Ms. Shalu Chauhan; Ms. Vijayta Rana; Mr. Suraj Kumar; Ms. Sheffali Sharma

Art and Culture

Mr. Manoj Pandit; Mr. Shuvrojit Banerjee; Music and Dance

Ms. Anubha Saggar; Ms. Rameshwari Ms.Indira Alok

Yoga

Dr. N.C. Shah Mr.Sunil Gautam Ms. Jyoti Panthri

Manovikas Charitable Society Staff and Volunteers

Honorary Managing Secretary, Dr. Alok Kumar College Principal, Mrs. Sangeeta School Principal, Mrs. Indira Alok Finance and Accountant in charge (part time), Mr. Bhupendra Tiwari Administration Assistant, Mr. Kumar Dharamjeet Singh I.T. Administrator, Mr. Rishi Buttan Course Instructor, Ms. Shefali Sharma Special Educator Ms. Kriti Pandey Special Educator, Ms. Shalu Sharma Special Educator, Mrs. Meenu Assistant Teacher, Ms. Sonam Community Project Manager, Mrs. Rubi Kumari Nirala Community Worker, Mr. Kallu Khan Cook, Ms. Sarita Caregiver, Ms. Rekha Driver, Mr. Kishan Special Employee, Mr. Manuj Jain Special Employee, Mr. Harish Vij Volunteer, Ms. Babita Kaw Full time Volunteer, Ms. Lin Collis Full time Volunteer, Ms. Miranda Holmes Guards and Cleaners on contract from Black Panther Company



Manovikas-IGNOU Community College: courses/programmes for students with developmental and other intellectual disabilities



open mindsopen doors

Certificated credit courses/programmes for employable knowledge and skills.



Hospitality skills: provides understanding of the fundamentals of the hospitality trade, for employment in hotels, restaurants and the tourism industry.

Retail skills: gives the fundamental knowledge, skills and understanding required to be a useful employee in the retail trade.



Basic business: gives an introduction to employment in business.

Office attendant: enables the student to work in an office environment, supporting administrative and office staff.

Essential courses to study before taking a certificate course in retail, hospitality, basic business or office management.



Soft skills: develops self esteem and independence and an understanding of the basic ethics and values required to live companionably with family and colleagues .



Computer basics: teaches essential computer skills for modern employment.

Non credit customised courses/programmes

learn about sexuality.

Personal management: the necessary foundation for independent living. Peer sexuality tutor: enables people with developmental disabilities to help others



Basic arithmetic, writing and reading skills: helps students prepare for credit courses.





Manovikas Institute for Higher Education : Professional Courses

Manovikas Institute for Higher Education is the place of choice for students wanting to work with people with developmental disabilities.

- \checkmark Recognised as an innovator and leader in developmental challenges.
- Registered with Indira Gandhi National Open University, the National institute of Open \checkmark Schooling and the Rehabilitation Council of India.
- ✓ Ample opportunities for practical experience to support academic tuition.
- \checkmark Recognises prior learning.
- ✓ Credit classes for students over eighteen years of age.
- \checkmark Non credit classes for students of at least sixteen years.

Indira Gandhi National Open University Study Centre 29009P

Bachelor degrees

- Social work
- Arts
- Commerce

Manovikas IGNOU Community College courses. Rehabilitation Council of India and IGNOU

Disability Education

Associate degrees

- Autism Spectrum Disorder
- Specific learning difficulties

Psychology

Associate degree

Guidance and counselling

Diploma

Educational counselling

Certificate

- Guidance and behaviour management
- Non credit customised programme certificates
- Development and enrichment personality
- Child behaviour management skills

Health and Human Services.

Certificates

- Occupational therapy perspective in rehabilitation for children
- Sexuality education
- Non credit customised course certificate
- Sexuality training for parents and guardians

Management

Associate degrees

- Corporate social responsibility
- Social entrepreneurship

Diplomas

- Management in non government organisations.
- Corporate social responsibility.

Certificate

Business management

Foundation courses

- Education of children with disabilities
- Learning disabilities

Certificates

- Early childhood special education enabling inclusion in Cerebral Palsy / Mental Retardation
- Care giving

National Institute of Open Schooling

- Open Basic Education levels A, B and C
- Secondary Education until class 10

Vocational Diplomas

- Care of the elderly
- Modern secretarial practice
- Early childhood care and education

Vocational Certificates

- Hindustani music
- Yoga

Prachin Kala Kendra courses.

- Classical dance (Kathak)
- Fine Art (painting)

Both courses available from elementary to Ph.D. levels (9 years)

National Trust's Sahyogi Care Giver Service course.

Training for people who are carers to maintain a strong service support system for families and individuals with special needs.

My Journey with Manovikas



I have a long and strong bonding with Manovikas. I met Dr Alok while I was in my second year of study for a Bachelor's degree in Computer Application (BCA) at the Indira Gandhi Open University (IGNOU) in 2009. At the time that I met him I was very worried about my examination because I am a slow writer. I shared my problems with Dr Alok who advocated on my behalf to get some extra time to complete the examination. And so began my association with Manovikas and my friendship with Alok sir.

I joined Manovikas as a full employee in January 2011. My many

roles and responsibilities include; the maintenance of the Manovikas website, regularly uploading articles, maintaining the e learning and updating materials and resources to the site and troubleshooting a variety of computer and technical issues for the other members of staff and students. I believe that I perform my duties very well and keep up to date with the work. I enjoy working with the Manovikas team and am always ready to help anyone at anytime.

I was born with Cerebral Palsy, a condition that involves brain and nervous system dysfunction such as voluntary movement. In my case it has affected both my movement and speech. I have problems moving around outside; for example boarding and getting off buses. My family has always been very supportive and focuses on my abilities rather than my disabilities, which has helped to maintain my confidence and self-esteem.

I completed my BCA in 2009 and then went on to do a Master's degree in Computer Application (MCA) with IGNOU in 2012. I recently obtained an award in Microsoft Office 2010 and Windows Live from Microsoft at the Community College Unit (IGNOU). My next vision is to do a PhD in, 'Rehabilitation and IT'.

I am very thankful to Dr Alok and Manovikas for the opportunities available, support and encouragement I have received to extend and improve myself.

> Rishi Buttan IT Admin

Manovikas IGNOU Community College: a college student's testimony

My name is Shikha and I spent 18 months at the Manovikas-IGNOU Community College.

I want to share my memories of this golden time with you. I'd firstly like to thank my parents for sending me to this precious and innovative college. I completed a certificate in hospitality. I opted for this programme as I enjoy interacting with and serving others.

I learned many things during my training such as inter and intrapersonal skills, confidence building, sharing with and caring for others and participated in many activities.

I got the opportunity to visit many hotels and outlets of the tourist industry. Learnt to prepare a variety of different dishes, improved my language skills and particularly enjoyed welcoming and interacting with guests in the Love Arts practical lab.

After completion of my certificate I undertook an internship at Hotel Sunshine in first the housekeeping department and then the packaging department.

I am very grateful to my college teachers and Manovikas-IGNOU who helped me to develop my skills and enhance my abilities, which have helped me fulfill my dreams, and for providing me with a wonderful experience in a healthy environment.

Manovikas IGNOU Community College: a message from the College Principle



It is a great experience for me to become a Principal of Community College. This college provides education to people with developmental disabilities and also for teachers, professional people and others. We also promote education in different fields like management, health, corporate society

It is the only college which targets and promotes those people who are marginalised from our society. We can provide the path to them. The people with developmental disabilities from different parts of the community come here for their studies. We can work on their needs and strengths and identify their inner abilities. It is a unique institution

where students can learn about themselves. In my view it is very difficult to me and my team to make parents understand about the college concept. It is a hard work for my team to make the parents understand to send their kids into college.

The college tries to develop quality education with the help of a professional team which relates to their daily life. The students are involved in different activities during their programme. They can enjoy their college life and become much more aware about society. They really enjoy the environment and interaction.

Our students are honoured with a university certificate from Indira Gandhi National Open University and get involved in job opportunities. They fulfill the dream of their parents. The college changes the mindset of society, neighbours, family members and parents.

It is a great stimulation to me when they discuss their future dreams with me and their teachers. Now my dream is to develop a university with lots of different facilities. We hope we do this as early as possible.

Best Wishes to Manovikas Family

(Sangeeta)



Manovikas IGNOU Community College: a conversation with a parent of a college student

Reena: Hello Shubha,how are you? Shubha: I am fine. What about you? Reena: So, early morning, what happened? Everything fine!

Shubha: Today I read one news article in the paper? Reena: What was it about?

Shubha: The article was based on the education of the disabled children. In East Delhi, there is India's first & only community college where isabled students can take different kinds of vocational training.

Reena: Oh! That's great news. So now you don't have to worry for Gaurav.

Gaurav can now do his studies from this college.

Shubha: Reena, do you want to join us for Manovikas Community College?

Reena: Yes! Yes! Why not?

Shubha: Okay so first let me call on this number of Manovikas.

Reena: Oh! Please tell me what information did you got. I want to share the information in the community about Manovikas Community College.

Shubha: Manovikas –IGNOU Community College along with Indra Gandhi National Open University trains the people with developmental disabilities to join the mainstream organisations. It also ensures them dignified & respectful career by offering them ability appropriate certificate of the courses. It is an innovative venture than after education by analyzing their needs, interests, strength & abilities.

It also provides the internship facility for the students. They also cater the students of outside Delhi.

Reena: Really, it's a good opportunity to fulfill the dream of Gaurav& his family.

Thank you Shubha for giving me a path to "THINK COLLEGE".



Internships

Manovikas IGNOU Community College works with a volunteer to effectively communicate with employers to coordinate internships in both the corporate and industrial sector. When a student has successfully completed the programme and has obtained a certificate from IGNOU he/she undertakes an internship. Manovikas targets employers to compliment the study.

Employers are given opportunities to become fully aware of the courses so that they completely understand the students' training and are aware of their intellectual disabilities. It is also explained that the students are still in training and require close supervision and observation during their work. The employers expect the student to have a certificate at secondary level. This training is especially skill oriented. The Employers often need support to understand the principles of education particularly education for people with intellectual disabilities.

The employers show kindness towards the students and regularly watch over them as they work. A good environment is provided in to which the students fit easily. The students feel happy in this environment. Later Manovikas follows up the internship with the employers and the student.



Professional courses at Manovikas IGNOU Community College: a student's opinion

We believe that Manovikas-IGNOU Community College in East Delhi has come up with great and innovative ways of giving opportunities to professional like ourselves to attain extra and higher qualifications and therefore further our careers. Of great importance to us is that Manovikas has a very flexible system of study such as on-line educational study materials and conduct web conferencing for those who cannot physically attend regularly. Hard copies are also provided. The college is very forward thinking, the staff knowledgeable, cooperative and helpful. They assist us to meet the deadlines for projects and assignments.

We congratulate and thank the college for doing a great job of providing opportunities for all.



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में अपने बच्चों की अच्छी देखभाल एंव शिक्षा के लिए कई वर्षों तक बिहार के अलग-अलग क्षेत्रों में घुमती रही। पर मुझे कोई ऐसी जगह नहीं मिली, जहाँ मैं अपने बच्चे का दाखिला कराऊँ फिर मैंने एक दिन अचानक अपने भाई, जो कि दिल्ली में रहते हैं, उनसे अपनी उत्कंटा व्यक्त की और बेटे के बारे में बताया । तब उन्होनें मुझे एक ऐसे स्कुल की जानकारी दीए जहाँ बच्चों का खास ध्यान रखा जाता हैं, उन्होनें मुझे बताया कि आपको बिहार से दिल्ली आकर रहना पडेगा। फिर मैनें सोचा कि अपने बच्चे के भविष्य को उज्ज्वल बनाने के लिए मैं यह कदम जरुर उठाऊंगी हमारे परिवार के सभी सदस्य ने यह बैठकर फैसला किया कि मैं अपने बच्चों के साथ दिल्ली जरुर जाऊँ । इस तरह मैं दिल्ली अपने भाई के साथ रहने लगी, फिर मैने उस स्कूल का दौरा किया जिस स्कूल के बारे में मेरे भाई ने मुझे बताया था । मैं अपने पति तथा दोनों बच्चों के साथ वहाँ गयी । जहाँ मेरे बच्चें का पूर्ण अवलोकन किया गया और रिजल्ट आने के बाद वहाँ की प्राधानाचार्या से बातचीत हुई । उनके विचार से यह बच्चा यहाँ पढ सकता है, यह जानकर मुझे काफी खुशी हुई, मुझे यह लगा की जिस कारण से मैने यह फैसला किया था वह पूरा होता हुआ नजर आ रहा हैं । आज मेरा बेटा उस स्कूल में पढ रहा है साथ ही नई – नई चीजें भी सीख रहा है । आज उसने ऐसे बहुत सी कौशल सीख लिये हैं, जिसे देखकर मैं और मेरा परिवार खुशी से झुम उठता है और जो उसके भविष्य के लिए जरुरी है । मैं उस स्कूल की बहुत आभारी हूँ, जिन्होनें मेरे बच्चे को एक नई जिन्दगी दी । यह स्कूल कोई और....नहीं !

मनोविकास स्कूल फॉर इन्क्लूजन है। एक विशेष विधालय मैं मधु, विशेष बच्चे की माँ।

एक नई शुरुआत

मैं श्रद्धा मनोविकास स्कूल में पिछले 9 महीनेां से आ रही हूँ । मैं राष्ट्रीय संस्थान मुक्त विधालय के द्वारा अपनी पढाई कर रही हूँ। मैं पाँचवी कक्षा में हूँ।

में पहले जिस स्कूल में जाती थी, वहाँ लोग मेरी सोच तथा समस्या को समझ नही पाते थे जिसके कारण मुझे पढने में कठिनाई आती थी और चाह कर भी अपनी पढाई निरंतर नहीं कर पाई और मैने विधालय छोड दिया। फिर मेरे माता – पिता ने मनोविकास स्कूल में मेरा दाखिला कराया ।

में आज आपको यह बता रहीं हूँ, मुझे अपने स्वास्थय से संबंधित कई समस्याओं का सामना करना पडता है लेकिन मनोविकास में आने के बाद यहाँ टीचर्स ने मेरी परेशानी को समझा और मेरी समझ तथा जरुरत के अनुसार उन्होनें मुझे पढाया । ऐसा करने से अब मैं काफी कुछ पढ सकती हूँ और पढाई के प्रति मुझे बहुत लगाव हो गया है। मैं रोज स्कूल जाना चाहती हूँ, मेरा स्वास्थ ठीक न होते हुए भी मैने अपनी कोई परीक्षा नहीं छोडी और हिम्मत के साथ परीक्षा भी दी। मनोविकास में रहकर मैने सारी प्रतियोगिताओं में भी भाग लिया और पुरस्कार पाया । अंत में मैं यह कहूँगी कि मनोविकास स्कूल ने मुझे एक नए तरीके से अपने भविष्य को संवारने का मौका दिया जिसे मैं कभी खोना नहीं चाहूँगी ।

विशेष शिक्षिका का विचार

मैं एक स्पेशल एजुकेटर और sign language interpreter हूँ । मैं पिछले 5 महीनों से मनोविकास के साथ काम कर रही हूँ। मेरे क्लास में Delayed Speech Hearing and Educable Group के बच्चें को हैं । कम से कम 8 बच्चे मेरी कक्षा में हैं जिन सभी की जरुरत और स्तर अलग – अलग है तथा हर बच्चे की व्यवहारिक समस्याएँ अलग–अलग है । मैं कई ऐसे व्यक्ति जिन्हें बोलने तथा सुनने की समस्या होती है, उनकी मदद करती हूँ। उनकी बातों को मनोविकास के परिवार के साथ बॉटती हूँ। उनकी बातों को मनोविकास के परिवार के साथ बॉटती हूँ। नेरी यह हार्दिक इच्छा है कि उन सभी लोगों तक पहुँच जाऊँ जिन्हें बोलने तथा सुनने की परेशानी है । आज मैने ऐसे कई रोजगार देने वाली संस्था तक डेफ एंव डम बच्चों को पहुँचाया जहाँ ये अपनी नौकरी कर रहे हैं, और परिवार की मदद कर रहे हैं। मैं ऐसे व्यक्तियों तथा संस्था के बीच संप्रेषण पुल का काम कर रही हूँ।

मेरे परिवार तथा संस्था से सभी मेरे काम को बहुत सराहते हैं । आज मैं बहुत खुश हूँइ और इस क्षेत्र में आगे बढने की बहुत तमन्ना है। **&' सिुआ' lel**Z

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हाँ, ऊपर लिखे वाक्यों के आधार पर विश्वास एंव प्यार के साथ आज मुझे अपने सपने साकार होते हुए नजर आ रहें हैं। प्रतिदिन कदम रखते ही, मैं चारों तरफ से बच्चों से घिर जाती हूँ। कभी रवि, कभी राखी, कभी रमा । मुझे बहुत मजा आता है । लेकिन जब मुझे नमस्कार करते हुएँ मेरे सामने खुशी और विराट आते हैं, तो मैं फुले नहीं समाती, मुझे लगता है कि ये दोनों मेरे अपने हैं, मुझे इनसे काफी लगाव है, क्योंकि ये अपनी कई अच्छे कौशलों, खुबियों के बावजूद कुछ समस्याओं से परेशान रहतें हैं। अगर मैं इन पर जरा सा भी ध्यान नहीं दूँ तो ये अपनी हरकतें जैसे :– दूसरे दोस्तों को परेशान करना, मारना, चिखना शुरु करतें हैं और मुझे तुरंत ही इनके साथ बैठकर बातें करनी पडती है। मुझे उनकी हर चीजों को सुनना पडता है। मैं उन्हें गणित विषय पढाती हूँ। मजे की बात तो यह है कि जब खुशी और विराट की हिन्दी विषय की क्लास चल रही होती है, तब भी ये कभी – कभी क्लास से हटकर मेरी कक्षा में आकर अपनी समस्या बतातें

हैं। मैं उन्हें हमेशा बताती हूँ कि वे अपनी कक्षा में बैठे और मुझसे बाद में बाते करें। एक विशेष आवश्यकता वाले बच्चे होने के कारण मैं हमेशा उन्हें सहायता करती हूँ। मैं इनके साथ डॉस, ड्रामा खेल कूद सभी करती हूँ। मैं हमेशा इनके लिए पढाने के नए – नए तरीके ढूँढती हूँ। आज बच्चों के साथ काम करते हुए मैं बहुत खुश हूँ, और अब मैं यह बता रही हूँ कि मैं कोई और नहीं कीर्ती पाण्डेय, मनोविकास की एक विशेष शिक्षिका।

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सहयोगी राष्ट्रीय न्यास संगठन की एक योजना है जिसे eulfodki p§jV9y Iki k; Vh संचालित करती है। सहयोगी से हमारा तात्पर्य सहायता एंव सेवा देने से है, जिसका प्रमुख उद्देश्य निःशक्त व्यक्तियों को सेवा प्रदान करना है। इस कार्यक्रम के अंतर्गत सेवा देने वाले व्यक्तियों को कुछ महीनों के प्रशिक्षण की आवश्यकता होती है और जिसके उपरान्त वे प्रायागिक सेवा के रुप में काम करना प्रारम्भ करते हैं । राष्ट्रीय न्यास प्रशिक्षणार्थियों को प्रशिक्षण पूरा करने पर प्रमाणपत्र प्रदान करता है, तथा प्रशिक्षित व्यक्ति आवश्यकतानुसार काम करना प्रारम्भ करता है । सेवा का यह कार्य व्यक्ति विशेष, स्कूल या अस्पताल में भी किया जाता है । आज राष्ट्रीय न्यास के सौजन्य से इस कार्यक्रम ने बहुत सफलता अर्जित कर आवश्यक वर्गो को एक सम्बल प्रदान किया है। मनोविकास के माध्यम से कई सहयोगी प्रशिक्षण के बाद सेवा भाव में जुट कर एक उदाहरण बन रहे हैं ।

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आज के युग में भी महिलाओं को घर में रहकर ही काम करना और बाहर न जाना, या नौकरी न करना ही शोभा देता है । यह आज के समाज की एक साच है। पर इस सोच के बावजूद भी हमारे समाज की कुछ महिलाऐं इन बंधनों को तोड़ कर आगे बढने का प्रयास करती हैं और इस कहावत पर अमल करती है कि 'जहाँ चाह है, वहाँ राह है' ।

यह कहावत मेरी रबिया की जिन्दगी से मिलती—जुलती है । मैं रबिया एक साधारण मुसलिम परिवार से हूँ, जहाँ शुरुआत से ही लडकियों को घर के कामों में ही व्यस्त रखा जाता था। पर मेरे मन में हमेशा से कुछ पढने और आगे बढने की चाह थी, लेकिन मुझे कभी कोई ऐसा अवसर नहीं मिला ।

फिर मैं एक संस्था से जुड़ी जहाँ मुझे अपने भविष्य को उज्ज्वल बनाने के लिए और अपनी आकाक्षांओ को पूरा करने की राह मिली।

उस संस्था से मुझे यह पता लगा कि मनोविकास चैरिटेबल सोसायटी जो पूर्वी दिल्ली में है, राष्ट्रीय न्यास द्वारा प्रमाणित 'सहयोगी' कार्यक्रम हर छह महीने में आयोजित करती है। 'सहयोगी' कार्यक्रम के बारे में जानकर मुझे ऐसा लगा कि मुझे भी इस कार्यक्रम में भाग लेना चाहिए और अपनी और अपने समाज की उन्नति करने के लिए कुछ करना चाहिए । इस विषय में अपने घर में बात करने के बाद मैनें इस में भाग लेकर पूरी मेहनत और लगन से इसे पूरा किया और आज मैं गर्व के साथ एक सहयोगी की भूमिका निभा रही हूँ और साथ ही साथ अपने समाज का भी एक महत्वपूर्ण हिस्सा बन गयी हूँ।

The Saath-Saath Project

Saath-Saath is a community project with the aim of working towards improving the future prospects of underprivileged people in seven areas in north east Delhi.

The project is organised by Manovikas Charitable Society and has run for the last five years. It works in: Seemapuri, Sunder Nagari, Kheda Gaon, Nand Nagari, Jwala Nagar and Kasturba Nagar. The objectives are to encourage people who become involved with the project to benefit from free vocational training leading to employment. Additionally the project provides information and advice to those people who want to start their own enterprise particularly information on securing start up loans.

Saath-Saath supports the free distribution of wheelchairs, tricycles and crutches to people with disabilities. The project also encourages and provides assistance to eligible people applying for disability certificates to allow them to receive pension benefits from the Government.

Since the beginning of the project in 2005, a total of 110 people received assistance from Saath-Saath and 80 have been able to take advantage of free vocational training.

Examples of people who have benefited from the project:

Manoj lives in Sunder Nagari and in the past used to roam the streets all day. He enrolled with Saath-Saath and was able to receive information and support to obtain a loan with which he started a small business selling groundnuts. Manoj also joined Manovikas IGNOU Community College and studied the office attendant course.



This introduced him to further knowledge and skills, such as time management, which are benefiting his livelihood.

Ravi studies a multimedia computer training course which helped him to build up his self esteem and administration skills .His family were proud of them.

Jai completed Class 10 and since then has been teaching children with disabilities in the home.

Rajeev is undertaking computer training.

It appears that the project is having many positive and beneficial effects for the people living in the target impoverished areas in East Delhi. They are now able to obtain schooling, computer training and assistive devices for people with disabilities.



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मैंने जब मनोविकास में आना शुरु किया था, तब मुझे निःशक्त बच्चों के साथ काम करने की समझ नहीं थी। मैं किसी भी प्रकार के निःशक्ता को समझ व पहचान नहीं पाती थी। मुझे ये बच्चे बहुत ही अजीब से लगते थे। मैं इनकी परेशानी को नहीं समझ पाती थी। तीन महीने बीतने के बाद इनकी परेशानी को मैं अच्छे से समझने लगी हूँ, इनके जरूरत को समझ सकती हूँ। एक सक्षम सहयोगी और परिवार की तरह काम करने का अनुभव मेरे जीवन के लिए बहुत ही महत्वपूर्ण है।

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About Manovikas Trophies

Lal Advani Memorial trophy for best overall

student - in memory of Advani Ji, an eminent activist in the field of disability and rehabilitation. The late Advani Ji was the founder of the Blind Relief Association, Delhi. Although he had a visual impairment he never allowed his disability to effect his career. Advani Ji is well known due to his remarkable personality and as a pioneer in establishing the Persons with Disability Act, 1995 along with other legislation helping people with disabilities in India. This award is sponsored by Mr. Vikram Dutt.

Tishya Raina Memorial Trophy for the best

all round student- sponsored by Mr. Subhash Taing and Dr. Vijya Taing in memory of their loving niece the late Tishya. Tishya was an all round student in her school: she was excellent in sports, arts and crafts, cultural, and innovative skills in addition to being best in her studies. Tishya loved the daughter of Mrs. and Mr. Taing, Shweta Taing very much and cared for her rehabilitation and training.

Indira Mathur Memorial Trophy for the best inmate in the Living Centre - is presented to the best student in domestic skills. It is sponsored by Mr. O. N. Mathur in memory of his late wife. Since the beginning of Manovikas till now we never forget her. She was a kind and lovable lady and was liked by all kinds of people. Mrs. Indira Mathur was a devoted social activist for people with disabilities and was always a mentor for Manovikas and many other charitable institutions.

Sujata Maskra Memorial Trophy for academics and functional skills - Is sponsored by Mr.S.L.Maskara in memory of his late daughter Sujata Maskra who had a mentally challenged son, Gaurav Maskara. Gourav has been nurtured and trained by his maternal grandparents and is now an independent person.

Shobhanand and Deonarayan Trophy for

vocational skills - is sponsored by Dr. Kailash Mishra in memory of his late father Shobhnand Mishra and his father-in-law Shri Deonarayn Jha who were freedom fighters with a common history of participation in social activities. Moreover the late Shobhanand Mishra had a visual impairment from the age of 40 yet he achieved a great deal in helping poor people in a remote village in Bihar.

Sai Trophy for social skills - for the student with best social skills. It is sponsored by Mr. Vijay Bhatia, Manovikas Governing Board member.

Natraj Trophy for cultural activities - for the best student in cultural activities. It is sponsored by Mrs. Indira Alok, special educator at Manovikas.

Mohammed Ali Memorial Trophy for sports activities- for the best student in sports activities. The trophy is in memory of the writer and poet, Mohammed Ali, who also owned a printing press in Rangoon. His novels and poems include the novel, 'Bahte Ansu 'and the collection of poetry, 'Tabassum'. The trophy is sponsored by Ms. Razia Hamid in memory of her late father.

Valentine Trophy for the most affectionate student- is awarded in recognition of being most affectionate student at Manovikas. It is sponsored by Dr. Alok in recognition of his marriage to Indira.

Best students in personal hygiene and grooming - on the basis of rating of certain parameter the students get their selection for this award.

Special employee awards - is a falicitation to the dedicated employee with disability working at Manovikas.

Sharing Experience



When I joined Manovikas as a physiotherapist I imagined my role would be exclusively that of therapist to the children and people with disabilities but I have found that my responsibilities are far wider and include all the varied needs of the students.

While therapy is an integral part I am involved with much of the planning, activity and academic content of Manovikas Community College and help the students learn and understand better.

Last, but not least I have learnt so much from the students and everyone at Manovikas that I am proud to be a member of the staff. -Shefali Sharma



मैं मीनू रस्तोगी मनोविकास इग्नु कम्युनिटि कॉलेज में पढाती हूँ । सबसे पहले मुझे यह समझने में परेशानी हुई कि क्या विशेष बच्चे भी कॉलेज में पढाई कर सकते हैं ? लेकिन हॉ आज करीब दो साल के बाद मैने यह सच होते हुए देखा । मैं और हमारे कई

अन्य साथियों ने ही इसे संच साबित किया ।

आज बच्चों ने हमारी सोच बदल दी । मैं आज बहुत खुश हूँ कि हमारे कॉलेज के प्रथम दीक्षांत समारोह में स्मारिका के उदघोषणा पर मुझे अपने विचार आप तक पहुचाने का मौका मिला । मेरे दो वर्ष के पूर्व अनुभव यह बता रहे हैं कि अगर हमलोग विशेष बच्चों की योग्यता, अच्छाइयों को जाने तथा इन्हें मौका दे तो ये अपने आप को साबित कर सकतें हैं । इन बच्चों में सीखने की क्षमता व तरीका अलग – अलग होता है और मैनें यह महसूस किया कि अगर ज्यादा से ज्यादा प्रायोगिक कौशलों के द्वारा कुछ सिखाया जाए तो जल्दी सीखतें हैं। इन सब बच्चों को पढातें हुए मुझे बहुत खुशी होती है और सीखने के नए – नए अनुभव भी मिलते हैं।

कई बार हमारे पास कुछ ऐसे बच्चें भी आते हैं, जिन्हें की शिक्षा के बारे में कुछ ज्ञान ही नहीं होता ऐसे में यह बच्चें और दूसरों बच्चों के साथ रहकर सीखतें हैं। कई बार बच्चों को सीखाते समय मैं परेशान हो जाती हूँ, लेकिन फिर बच्चों के कौशल व्यवहार को देखकर फिर से कार्य करने की प्रेरणा मिलती है, और फिर से मैं अपनी कोशिश कोशिश में जुट जाती हूँ ।

मनोविकास में मेरा कार्य करने का अनुभव बहुत अच्छा व ज्ञानवर्धक रहा है और मेरी टिचिंग क्षमता में काफी सुधार भी आया है, मैं मनोविकास की बहुत आभारी हूँ, कि मुझे यहाँ ऐसा अवसर प्रदान किया गया । –**ehung Lrickh**

Volunteering at Manovikas



Nothing in life can be achieved without proper guidance and training. Knowledge does not see any limitations and boundaries. There is a famous proverb that, 'where there is a will there is a way'. I always wanted to learn new things, so here

I have the right platform to learn about different things. I am pursuing my Corporate Social Responsibility Management from this well known institute.

Being a Volunteer in Manovikas Community College for the Convocation Ceremony was an inspiring as well as learning experience for me. I have never had that much courage and guts to handle any work confidently but here I have benefitted a lot. It has helped me to learn new skills, helped me to meet new people and has broken the barriers of mistakes and fear. The environment for the children as well as for the staff is very friendly and they all work like a family and their main aim is the welfare of the children.

It has given me great exposure by having this opportunity to be a volunteer. I feel very proud to be one of the helping hands of the Manovikas development process.

It gives me an 'extra edge' over my other peers in professional and academic opportunities. It helps me to develop my personality, particularly my soft skills to interact with people and to develop solutions to practical problems.

So lastly it has been a very wonderful time here in Manovikas and I give good wishes to all members and wish that Manovikas will touch new heights in the future. -**Shubhangi Vajpayee**

Volunteering for Convocation



While preparing for Chartered Accountancy I had the golden opportunity to be a part of Manovikas family. I want to share my experience while doing a volunteership in Manovikas. My life took a new turn when I started volunteering for Manovikas Convocation Secretariat.

It was the time when I have little sense of the computerized environment hence I chose more manual tasks like classifying letters, filing, stationary maintenance and some media management. But today I can prepare data on excel sheets, documentation and many other things.

After 45 days of volunteering, I feel a big and progressive change in myself.

I can say this convocation ceremony has acted as a light-house for me as I was technically dark. I've experienced a healthy and friendly environment at Manovikas, have attended two board meetings in the capacity as a volunteer, for the first time in my life.

I can say the volunteership at Manovikas has been the 'Pursuit of My Happiness, which I find difficult to put into words. -**Utsav Vishwendra**



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